

Cataraqui Canoe Club

P.O. Box 1882, Kingston, Ontario. K7L 5J7 Page 1 of 2.

Activity Title: _____ Date: _____

Trip organizer: _____ Phone # _____

Departure location: _____ Time: _____

Destination of activity: _____ Return time: _____

Level of difficulty: Beginner _____, Intermediate _____, Experienced _____,

Level of endurance required: Average _____ High _____

Description of activity: Paddling _____, Hiking _____, Camping _____,

Portaging boats _____, Skiing, snowshoeing _____, Commuting to activity _____,

Risks involved: Slips and falls on hard, wet or steep surfaces. Insect bites and toxic plants. Cold, wet or windy weather exposure. Cold water exposure. Injuries or death from boats capsizing. Delays due to navigational errors, or emergencies or inexperience of others.

Equipment required: Personal floatation devices. (PFD) – these are to be worn by all participants while on the water. The law requires a 50 ft. rope and bailing equipment in each boat. Suitable cold water protection. Suitable foot wear, cold or wet weather protection. Sun and insect protection. Emergency food and water. Navigational aids for unfamiliar areas. Other emergency communication and first aid equipment is always advised.

Note: The trip organizers are not necessarily certified guides, they may not have any first aid training, CPR, or other rescue training. They may not have specialized rescue, first aid or radio communication equipment. You may be in an area without cell phone communication for assistance. I wish to participate in the stated club activity with this knowledge.

Revised June 2016

This page one of a two page waiver:

Cataraqui Canoe Club of Kingston

Waiver of Liability. Page 2 of 2

I have read and understood the description of the risks involved in the club activities such as paddling, hiking, skiing and camping, and such as specified on page 1. There may be other unspecified risks involved. I wish to participate in the activities of the Cataraqui Canoe Club with this knowledge.

I hereby release and forever discharge the Cataraqui Canoe Club of Kingston, its directors, officers, agents, volunteers, and other participants, as well as their successors, for any injury, loss of life, property damage while partaking in this course or activity.

Name	Signature	Member Yes/no	Emergency phone #	Date. day/mo./year
1. _____	_____	_____	_____	_____
2. _____	_____	_____	_____	_____
3. _____	_____	_____	_____	_____
4. _____	_____	_____	_____	_____
5. _____	_____	_____	_____	_____
6. _____	_____	_____	_____	_____
7. _____	_____	_____	_____	_____
8. _____	_____	_____	_____	_____
9. _____	_____	_____	_____	_____
10. _____	_____	_____	_____	_____
11. _____	_____	_____	_____	_____
12. _____	_____	_____	_____	_____
13. _____	_____	_____	_____	_____
14. _____	_____	_____	_____	_____
15. _____	_____	_____	_____	_____