



# Catarraqui Canoe Club News

May 2012

**COMMODORE'S NOTE – BOARD NEWS  
BY MIKE FISHER**

We are just emerging from an odd Winter and Spring. There has been little “run off” and the rivers dried up quite quickly leading to trip cancellations. However, it seems that summer is upon us and we hope for better times. Ed Jezak has organized our new schedule at the “Schedule Party” hosted by Dugald; Thank you to all involved and, of course, to the trip leaders.

The “Open House” was successful - we have a number of new members and the “Silent Auction” of three canoes and a kayak aroused quite a lot of interest. One canoe was unsold but the others received adequate bids to everyone’s satisfaction.

“The City” requested permission to drill pilot holes through the boathouse floor to collect core samples; this is associated with investigations to determine the level of toxic contamination residual from previous land use in the area. Hopefully, the results will not be too disturbing. Possibly, this is connected to plans to extend the shoreline walkway beyond the Canoe Club with a ‘yet to be determined’ route.

The Board has thanked Harry Burgstaller who has relinquished the Treasurer’s position but will stay as a Board member; Ed Jezak will undertake duties of Treasure in the meantime. I think it fair to say that during Harry’s tenure the Club’s finances could not have been in safer hands.

There has been lively discussion around a number of issues: Steve Manders is constantly bringing proposals to improve the boathouse to our attention and any visitor to the boathouse can see the results of Steve’s energies. It has been proposed that we join “Facebook” and that has prompted an ongoing debate. There was a suggestion of a name change for the club but there was little enthusiasm in that direction.

My thanks to the Board Members for undertaking the many tasks that allow a club to run smoothly and for provoking with fresh new ideas.



US

# Cataraqui Canoe Club

PO Box 1882 Kingston ON K7L 5J7

Boathouse located on Orchard Street near the Woolen Mill

For an update on current schedule check our website [www.cataraquicanoe.on.ca](http://www.cataraquicanoe.on.ca)

For other information contact a board member by phone or use the club email:  
[cataraqui\\_canoe\\_club@hotmail.com](mailto:cataraqui_canoe_club@hotmail.com)

<b>Executive and Board of Directors 2011-2012</b>		
Commodore	Mike Fisher	613 547-5386
Vice Commodore	Jim Lorimer	613 373-2847
Past Commodore (non elected position)	Ed Jezak	613 389-4459
Secretary	Gonny Moncur	613 549-5538
Treasurer	Ed Jezak	613 389-4459
Board of Directors	Mary Buchanan Harry Burgstaller Steve Manders Debbie Twiddy Linda Whitfield	613 536-5486 613 549-4832 613 542-1054 613 374-1704 613 546-1359

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Newsletter Editor	Jo-Anne Beckett	613 548-7905
Boathouse Manager	Steve Manders	613 542-1054
Instruction	Mary Buchanan	613 536-5486
Membership Secretary	Debbie Twiddy	613 375-1704
Publicity & Special Events	Linda Whitfield	613 546-1359
Volunteer Coordinator	Jim Lorimer	613 373-2847
Webmaster	Ed Jezak	613 389-4459

### ***Newsletter Contributions Welcome!***

Members of the Cataraqui Canoe Club are invited to submit write-ups of their favourite CCC outings, outdoor adventure, or just about anything that would be of general interest to our members. If you have one or two pictures to accompany the article, even better. Email the articles and pics to the Newsletter Editor at [jebeckett@gmail.com](mailto:jebeckett@gmail.com)

## CATARAQUI TRAIL BIKE & HIKE

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form  
from our new website:  
[www.cataraquitrail.ca](http://www.cataraquitrail.ca)

## PADDLE THE ARCH

The tours are premium, non-profit  
fundraisers for the  
Frontenac Arch Paddling Trails initiative.  
[http://www.explorethearch.ca/paddle-  
the-arch](http://www.explorethearch.ca/paddle-the-arch)

Sunday May 20 – Seeley's Bay  
Saturday June 2 – Gananoque River  
Saturday June 16 – Admiralty Islands  
Saturday September 8 – Rideau Canal  
Saturday September 15 – Navy Islands  
Saturday September 29 – Frontenac Park  
Saturday October 16 – Charleston Lake

Contact **1000 Islands Kayaking**  
<http://www.1000ikc.com/>

For information on all dates except for  
September 29 (Frontenac Outfitters)



**Get familiar with your safety equipment**

Albert Angenent Cartoon (submitted by Dugald Carmichael)

## THE AMACO CADIZ

BY STEVE MANDERS

The Amaco Cadiz was a huge oil tanker whose engines failed off the coast of France in a violent storm blowing it onto the rocks, polluting hundreds of miles of beaches. The Amaco Cadiz is also a red and white, white water kayak that I built in the winter of 1968 specifically to run the Middle Fork of the Salmon River in Idaho and the Selway River near by. It was 14 feet long, huge by today's standards, it consisted of a single chamber, no foot rests and was made of fibreglass. It was big, it was heavy, very stable, not too manoeuvrable, but built for heavy water and to run aground on rocks. To date, it has never spilled any oil.

Back then, you could not buy a commercial kayak in North America. You joined a kayak club and borrowed a mould and made a kayak in a weekend. There were some one man operations turning out a few kayaks in their garages to sell. In theory, it was a 3 man, 2 day job. The person wanting a boat, was the assistant for someone else's boat, then built their own boat, then was the expert on the third. Many people quit after getting their own boat, and some experts kept helping others. In my case, I borrowed the mould for a 14 foot kayak in the possession of Mike Easton who made the Daron Canoes at the Kingston Airport. I still have one of his red canoes. A decade or so later, Keith Cummings made fibreglass kayaks in Camden East, and I regularly use a green kayak made by him. I was a member of the Ontario Voyageurs Kayak Club (OVKC) which had moulds for 12 foot kayaks. They were kept in Toronto where most of the members lived. Thus, I ended up with a 14 foot kayak. I later learned that it was a Swiss design, called the Zimmerman. I have never at any time seen any other copies of it on the rivers. It is unique, it is antique.

The technique to build the boat was quite simple. Once you have the moulds, you spray in some mould release agent, or wax it with a good floor wax to keep the polyester resin from sticking. Next, you applied the gel coat, or the outside paint of the kayak, to the inside of the mould, which consisted of the top, bottom and a seat. Once it gelled, you applied a layer of fibreglass

Once it gelled, you applied a layer of fibreglass cloth, extra layers along the bottom at the bow and stern, three layers for the bottom, and 2 for the top deck. Different weaves and weights of cloth were also used. The cloth had more polyester resin rolled into it, and it was allowed to harden over night. The second day, the rough edges were trimmed, the top and bottom moulds were brought together, with the two pieces of the kayak still in it, then the seam was joined with a 3 inch wide strip of fibre glass down the inside seam. Once the resin was set, you pulled the mould off the kayak. Sometimes the outside seam was fibreglassed, but it was hard to do a tidy job of it there. Finally, the seat was glued in and it was set to go the next day after the resin set. It cost about \$50 to \$ 75 to build a boat back then.

In the spring of 1969 I paddled like crazy to gain experience with white water. In mid June, I set out from Kingston, with one other kayaker. We were within sight of the Rocky Mountains in 48 hours total elapsed time from leaving Kingston, arriving at the home of our host Walter Blackadar. Walt was the town's only doctor, a legend, and one of the first conservationists there. He was our tour guide on the Middle Fork, Selway, Stillwater and Gallatin River near Yellowstone National Park. A book was written about Walter Blackadar called "Never Turn Back" which mentions the trip from 1969.

On the Middle Fork, we had 2 large rafts carrying our supplies, along with some professional guides who supplied all the food for about 22 paddlers. Half were from Ontario, half from all over the USA. We started at Dagger Falls where we watched salmon leaping a 15 foot falls. I was spell bound. We saw one or two other groups over the next week along the river. There was a 1200 foot vertical drop along the Middle Fork in about 100 miles. I swam twice, once at the Water Wheel (that was just a name), and once at Rubber Rapids.

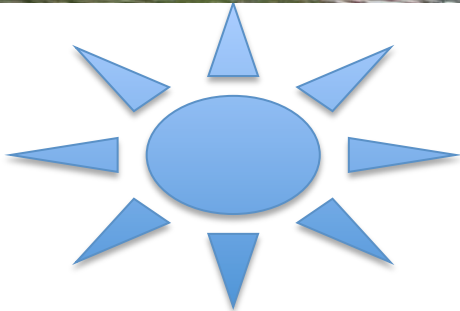
As soon as I saw Rubber Rapids, I knew that there was no possible way for me to get through it upright, and I could not roll. It was 200 yards of 4 to 8 foot irregular waves, foam, spray and chaos followed by a good pool. So with cameras on the ready, and an 8 mm camera rolling, I headed into the maelstrom twirling my paddle over my head until I finally went over.

On the Selway River, we had 2 guides, and assistant, 4 horses, and 6 mules carrying our supplies and food along a trail that more or less paralleled the river through mile high mountains. There was one stretch on the Selway River which dropped 450 feet in 10 miles and we did all of it in one afternoon without a portage. There were numerous swims that day. It was a 4 day trip in total.

Since then, the Amaco Cadiz has run the Upper and Lower Madawaska Rivers numerous times, the Rouge River in Quebec near Hawksberry, the Opeongo River and all the local rivers. In 2010, I paddled it with the Cataraqui Canoe Club from Kingston to Ottawa. It was 41 years old at the time. In 2008 I entered the Moira River race sponsored by the Belleville Kayak Club. I paddled Chisholmes Mills to Latta in 28 min. 17 seconds. In 2010, I did the same stretch in 36 min. 12 seconds. My kayak had taken on water - I had to stop to bail, then ran aground. The fibreglass seems to be weakening now, the spray skirt keeps popping off. It has never been pampered. It has put on some weight in it's old age, with lots of patching. (The picture is of Steve setting out from Kingston to Ottawa in June 2010, in the Amaco Cadiz.)



It has been decades now since I have seen another boat of that vintage on the rivers. It has raised some curiosity, a bit of contempt, ( why don't you get a new boat?) but it is an old friend, a very important part of who I am, and a piece of history. I have 4 other boats, but the Amaco Cadiz holds a special place with me. How do you let such a thing go?



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# Cataraqui Canoe Club

## *Official Schedule for the 2012 Summer Season*

Change in activity may be necessary due to weather or water conditions. Check with the trip leader. Changes with enough lead time will be posted on the website version of the schedule: <http://www.cataraquicanoe.on.ca/events.html>

IS THIS ACTIVITY RIGHT FOR ME? Is it within my limits of fitness and skill? Do I have the right clothing, footwear and equipment? What water, food and protectants should be included in my pack? What are the potential risks, and do I accept them? Is there a health problem that could affect my participation? Am I aware of strategies to minimize impact on the environment?

Your leader can help with these and other questions when you call, and describe the plan for the activity. Also, at the designated meeting place you will be required to read an outline of the activity and the anticipated risks, before signing a waiver. Good preparation and safety awareness on the part of each participant make a trip less risky and more enjoyable for all.

### **Saturday, May 19: Crooked Creek Paddle**

Putting in from Salmon Lake Road, we shall paddle about 5 km via Otter Lake, Rothwell Lake and Holleford Lake, have lunch atop Crooked Creek Overlook, and then return. Call Dugald at 613 542-8628.

### **Saturday, May 26: Loughborough Lake - Shorter trip**

This has become one of our favorite paddles. It is a 15 minute drive from Kingston - there are no portages or shuttles. We will paddle between many granite islands, with interesting cottages nestled between majestic pines. The waters are fairly well sheltered, 7 islands are posted as Crown Land for the public to picnic or camp on. We launch in Battersea at the public ramp and limit the distance paddles for slower boats, and beginners. This is your chance to learn one of the best short trips. See July 7 for a longer trip. Call Steve at 613 542-1054.

### **Saturday, June 2 – Sunday, June 3: Hart Lake Camping**

A 6 km paddle and one short portage will bring us to a secluded and rustic (no amenities) campsite with visiting whippoorwills. Great opportunities for paddling and exploring nearby lakes and creeks. Call Dukke van der Werf at 613 384-6054.

### **Saturday, June 9: Morton to Lyndhurst Paddle**

From Morton follow Morton Creek to Beverly Lake, and then Lyndhurst Creek to Lyndhurst. A scenic route, and a good ice cream stop at the end. Contact Robert Tolley at 613 542-9626.

### **Sunday, June 10: Canoe Clinic at Frontenac Provincial Park:**

Beginner and intermediate paddlers are invited to beautiful Frontenac Park to learn new paddling strokes or refresh existing skills. This clinic runs from 10 am to 3:30 pm, and will be held outdoors as much as possible while also covering equipment selection, safety manoeuvres and trip planning. Cost is \$20/person plus park entry fee. Register through Frontenac Park: 613 376-3489. Club members can rent a canoe for the usual \$12.00.

For more information, or to arrange a boat rental, contact Carolyn Bonta at 613 531-4578

**Monday, June 11 - Friday, June 22: Paddle the Rideau Canal to Ottawa**

For details contact Jim Lorimer at 613 373-2847, or by e-mail at [lorimerjd@yahoo.ca](mailto:lorimerjd@yahoo.ca).

**Saturday, June 16: Navy Islands**

For kayakers and experienced canoeists. We shall paddle among part of the Thousand Islands, and after, we are invited to a potluck barbeque at Suzanne Flaro's house. Burgers will be provided by the hostess. We launch from Suzanne's back yard, 3 km east of the casino in Gananoque. Contact Suzanne at 613 382-5235 or email (Monday to Friday) [Suzanne.flaro@usdsb.on.ca](mailto:Suzanne.flaro@usdsb.on.ca). John Schepers will lead us on the water.

**Saturday, June 23: Buck Lake**

Paddle a canoe or a kayak along a big loop of the south and east side of this lake, with times for swimming, lunch at a big sandstone rock, and conversation. For details about meeting contact John at Telgmann 613 531-5156.

**Saturday, June 30: Dog Lake Paddle and Potluck at Penny's Cottage**

Come and paddle from my home and stay for a potluck, after, if you wish. The winds on the lake can be capricious so come prepared! Contact Penny Paterson at 613 353-6687. In case of bad weather this will be postponed to Sunday, July 1.

**Saturday, June 30 – Sunday, July 1: Palmer Rapids Weekend**

An annual event not to be missed. The perfect spot to practice your white water skills, or to learn new ones. Mix with paddlers of all skill levels; watch, learn and, above all, have fun. Call Mike Fisher at 613 547-5386.

**Saturday, July 7: Loughborough Lake**

This has become one of our favorite paddles. It is a 15 minute drive from Kingston, there are no portages or shuttles, it is one of the most scenic lakes around. We will paddle between up to 60 granite islands and tall cliffs, covered with majestic pines to the north end which is mostly wilderness. The waters are fairly well sheltered, 7 islands are posted as Crown Land for the public to picnic or camp on. We launch in Battersea at the public ramp for a 22 km paddle, so slower boats are not advised. Call Steve at 613 542-1054.

**Saturday, July 14: Adolphustown Reach Paddle**

12km paddle. Jim invites everyone to paddle from his place on Adolphus Reach to Glenora Ferry. A 2 km hike brings us to *The Lake of the Mountain* where we will have lunch. Return to Jim's for a BBQ. In case of rain trip will be delayed one day to Sunday, July 15. Contact Jim Lorimer at 613 373-2847.

**Saturday, July 21: Lyndhurst to Killingbeck Lake**

A vigorous 21 km paddle on five scenic lakes, three connected by Lyndhurst Creek. Two portages, 480 and 370 metres, with a car shuttle of 11 km. Call Bob Clooney at 613 384-4482.

**Saturday, July 28: Paddle and Pot Luck at Nancy's Cottage**

Starting at the culvert on North Otter Lake we shall paddle that lake, through another culvert into Rockwell Lake, into a short stretch of a bog into Hollefort Lake; carry over Dessert Lake Road into Dessert Lake, then Mitchell Creek, Birch Lake, and through the Narrows into Kingsford Lake, to Kingsford Dam. From there it is a short drive to Nancy Young's cottage on Eel Lake. Contact Ed Jezak at 613 389-4459 for the paddling; and Nancy, at 613 549-8856 for the pot luck.

**Sunday, August 5: K-Town Triathlon/Duathlon**

Club members who kayak are asked to assist in providing part of the safety patrol for the swimmers. Those who have their own boats, and are willing to help, please contact Runner's Choice at 613 542-2410. Those wishing to use Club boats, please contact Ed Jezak At 613 389-4459.

**Saturday, August 11: Six Lakes and Six Portages in Frontenac Provincial Park**

Big Salmon Lake to Little Salmon Lake, to Little Clear Lake, to Black Lake, to Big Clear Lake, to Labelle Lake, and back to Big Salmon Lake. A bit of a challenge, but not as bad as it seems; eighty year olds have done it. Each boat must have a park pass. Contact Mike Fisher at 613 547-5386.

**Saturday, August 18: Third and Fourth Depot Lakes**

Starting at 3rd Depot lake we paddle into and around 4th Depot Lake and return. Contact John Schepers at 613 354-1524.

**Sunday, August 19: Scheduling Party Pot Luck**

Our hostess will be Jo-Anne Beckett. Phone Jo-Anne at 613 548-7905 or email [jebeckett@gmail.com](mailto:jebeckett@gmail.com) if you wish to attend. If you have an event that you wish to coordinate, but will not attend the party, contact Ed Jezak at 613 389-4459.

**Saturday, August 25: Rockport To Ivy Lea**

18 km paddle. Heart of the 1000 Islands. Paddle from Rockport to Ivy Lea via Smuggler's Cove and Lost Channel. After lunch return via Fiddlers Elbow. Magnificent scenery. We usually linger at the local pub after the takeout. Contact Jim at 613 373-2947.

**Saturday, September 8 – Sunday, September 9: Schooner Lake camping**

This is simply the most beautiful lake and campsite around. Access is by municipal toll road which keeps the traffic down. The lake is noted for it's spectacular cliff along the north end and secluded sandy beaches at most camp sites. It is a 45 minute paddle from the cars, with no shuttling or portages to the camp, so you can load your boats safely. We can hike and canoe out from the camp depending on the weather and interest. We will book the camp site for 3 days, you can join us for any or all of them. It is a 3 hour drive and reservations are needed. Call Steve at 613 542-1054.

**Saturday, September 15: Frontenac Challenge Slide Lake Loop Hike**

Be prepared for rugged hiking and rough terrain. A demanding but rewarding day in Frontenac Park, accessed by boat. Contact Margaret Wild at 613 542-9626. In case of bad weather this will be postponed to Sunday, September 16.

**Saturday, September 22: Gananoque River**

Paddle from Gananoque to the dam at Marble Rock and back. There is little current on the Gananoque River at this time. Contact Ed Jezak at 613 389-4459.

**Saturday, September 29: Charleston Lake**

Enjoy the fall colours on Charleston Lake and paddle along a cliff as spectacular as the one at Bon Echo. The waters are sheltered by many islands covered by tall pine and maples. We launch at the north end of the lake and often get a tail wind on the way back. No shuttles or portages. This is a longer trip and the route may vary depending on circumstances. Call Steve at 613 542-1054.