



## CCC Open House

**May 1-3 (Tuesday through Thursday)**

**6 - 8 p.m.**

**Cataraqui Canoe Club Boathouse  
1 Cataraqui Street (by the Woolen Mill)**

Invite your friends, neighbours, and colleagues! They may be surprised to learn that Kingston not only has a vibrant canoe/kayak club with a fleet available to members, but also an active outdoor programme that runs throughout the year.

# January 2018

## Commodore's Message

I hope you are all enjoying the arrival of the next season, and will partake in all that it has to offer. So, we have had 2 board meetings since the AGM, and we have a bit of news to share.

The draft minutes of the AGM can be found on the website under Home>Resources and Forms>Club Information>Agendas and Minutes. You can find the composition of the 2017-2018 board there.

In addition to the elected officers (Treasurer Paul Jepson, and Secretary Ed Jezak), various roles needed for the smooth functioning of the club have been filled, as follows:

Membership: Debbie Twiddy  
Boathouse: Steve Manders  
Communications: Clive Hansen  
Website, newsletters: Matt Shepherd  
Volunteer Liaison: Karen Alexander  
New Member Liaison: Mary Buchanan  
Schedule Co-ordinator: Margaret Wild  
Leaders Liaison: Margaret Wild  
Instruction: Jim MacLachlan

Previously there have been some references to an effort to find ways to improve the (paddling) trip experience for both organizers and participants. We have made some strides in this direction, with the board having approved the following initiatives:

We have established a Leaders Liaison position on the board (Margaret Wild). The intent here is to provide a single point of contact between the board and the trip organizers. She has already built the schedule for February to May, and will be planning a trip organizers 'round table' in the spring. This will hopefully create a forum for trip organizers to discuss whatever issues they may have and to get everyone onto the same page (more or less!), and to provide guidance to the board for other improvements.

We also launched a mini project to examine ways to use more current technology to streamline various processes within the club. This group has met once and suggested a few ideas to the board. You will see more on this topic in the coming months.

I wish you all a great season on the snow!

Peter Bedoukian  
Commodore

# Winter-Spring 2018 Events

Note: all scheduled events are subject to changes due to weather or other considerations. Any changes will be posted on our website. If you need to update an event, contact [Matt Shepherd](#).

## February

### **SATURDAY, FEBRUARY 3RD – SKI AT MURPHY’S POINT**

Murphy’s Point is sufficiently north to frequently boast excellent conditions when less than ideal locally. There is a choice of groomed trails, skate skiing, and a scenic back country route, together with warm-up huts.

In fact, when it’s good, it’s very, very good, and when it’s bad we take a hike! There is a park fee per car. Call Don before 7 p.m. at 613-384-4346

### **SATURDAY, FEBRUARY 10TH – FRONTENAC PARK SWAMP HOP**

This is backyard territory for Janice and Eric who expertly weave their way across frozen swamps to find the most favourable scenic route. Starting from the trail centre, this may be a hike, ski or snowshoe depending on conditions. Park fees apply. Call Janice for latest indications: 613-542-9948

### **SATURDAY, FEBRUARY 17TH – AMHERST ISLAND OWL WOODS**

Steve will be our informed guide: ‘The Owl Woods on Amherst Island are world famous for owls in winter. You may see: Snowy, Barred, Northern Saw Whet, Boreal, Long Eared, Short Eared, and the occasional Great Horned Owl. Chickadees and Nut Hatches will eat from your hand. Woodpeckers and Northern Harriers are common. Viewings are erratic depending on feeding conditions - it is a good hike regardless. Bring binoculars, cameras, and suitable footwear for the km hike in. Where possible we will carpool from our rendezvous point – there is a fee for the ferry’. Call Steve: 613-542-1054

### **SATURDAY, FEBRUARY 24TH – CATARAQUI TRAIL OUTING & SOCIAL GATHERING**

A few hours of skiing/snowshoeing /hiking (depending on weather and inclination) on the Cat Trail starting from a member’s home at the north east end of Sydenham Lake. Bring your lunch to enjoy early afternoon on the trail or later on, when hot beverages will be provided to sip on in front of the fireplace. Contact Ingrid for details at 613-376-6787 (before 9 p.m.).

## March

### **SATURDAY, MARCH 3RD – HIKE OR SKI FROM CLEAR LAKE ROAD**

Hike or ski from Clear Lake Road into the eastern boundary of Frontenac Park where we can hike the Hemlock Loop or head towards Mink Lake Lookout. The latter is longer and more demanding, it will depend on weather and the group’s wishes. Distance between 12-18 km. Details from Ed at 613-389-4459 or [ejezak@bell.net](mailto:ejezak@bell.net)

### **SATURDAY, MARCH 10TH – LITTLE CATARAQUI CREEK CONSERVATION AREA**

Snowshoe, hike or x-country ski the “Little Cat”. A 10 Km, easy trip on groomed trails, with time to meditate, deliberate or converse with fellow participants. With all the snows forecast, we will keep an eye open for the welcome harbingers of spring. We will be starting at the outdoor centre and ending there (where you can share your repast with the trip leader). The official CCC trip ends here, and you will be free to explore further trails of your choice if you wish. Park fees apply. Call Dave: 613-376-6883 or email [djlinton72@hotmail.com](mailto:djlinton72@hotmail.com)

## **SATURDAY, MARCH 17TH – BLUE MOUNTAIN HIKE (SKI/SNOWSHOE)**

Jim usually leads this event earlier when it is more likely to be a ski/snowshoe, but given the forecast for a snowy winter, we should wait and see: 'This trip is a combination of trail and off-trail hiking at Blue Mountain on the south side of Charleston Lake. The hiking trails leading to and from Blue Mountain are great for skiing, and there are opportunities to stray from the trail to take in other points of interest. The ascent to the top of Blue Mountain is challenging and the view from the top wonderful. Depending on conditions we may ski down or scramble on foot if hiking'. Call Jim for an update: 613-382-8682.

## **SATURDAY, MARCH 24TH – POTLUCK & SCHEDULE MAKING PARTY**

Once again Karen has volunteered to be our congenial host at a time of year when a party is most welcome and anticipation of summer is at its height. Come to enjoy good fellowship, good food and fun as we plan the best summer paddling ever. New members are especially welcome, knowledge of canoe routes is not a prerequisite! Call Karen at 613-547-2691

(If you have an idea for a trip but can't make it to the party email Margaret: wildmargaret@yahoo.ca Bonus: you are more likely to have your choice of date!)

## **SATURDAY, MARCH 31ST - NAPANEE RIVER WHITEWATER**

The 8km stretch between Yarker and Camden East is an excellent introduction to whitewater for beginners. Near the put-in and take-out are two 500m Class 1 rapids. If you are a competent flat water paddler and ready for a taste of whitewater, perhaps you could tandem with a CCC veteran in a fully fitted club whitewater canoe. *Remember this is early season at peak levels, and adequate cold water protection is essential (e.g., wetsuit).* Call Mark on his cell: 613-328-6854

## April

### **SATURDAY, APRIL 7TH – LOWER SALMON RIVER WHITEWATER**

Twelve km of mostly flatwater and Class 1-2 whitewater in a scenic cedar fringed glen, usually with good surfing waves. Two short portages around weirs. Afternoon highlights will be Buttermilk Falls and the Weeping Wall. Sounds idyllic but some whitewater experience plus cold water clothing (e.g. wetsuit) and suitable equipment are essential. Contact Ed: 613-389-4459 or [ejezak@bell.net](mailto:ejezak@bell.net)

### **SATURDAY, APRIL 14TH – MOIRA RIVER WHITEWATER PADDLE**

If you are an experienced whitewater paddler, paddle the Moira River from Lost Channel near Tweed to Latta with a short shuttle in the middle. More challenging than the Napanee or Salmon Rivers, but still Class 2 rapids with the occasional touch of Class 3 if water levels are high. Club boats may be rented to members. *Cold water protection (e.g., wetsuit) must be worn – see cautions above.* Call Mark on his cell: 613-328-6854

### **SATURDAY, APRIL 21ST – MASSASSAUGA CREEK PADDLE**

The club's first flat water paddle of the season, and another CCC classic orchestrated by Janice and Eric. There may be snow on the banks but it's intoxicating to be afloat again. There are invariably beaver dam lift-overs which may be better handled by canoe. A short bush whacking hike will be arranged around the lunch stop. The creek is sheltered but water and air temperatures remain low. Contact Janice for details: 613-542-9958

### **SATURDAY, APRIL 28TH – HARDWOOD CREEK, VERONA TO PETWORTH**

When raised by spring runoff, Hardwood Creek and the Napanee River provide a secluded 18km paddle with a 19km shuttle. Mostly flatwater and gentle current but includes about 300 m of swifts with bouncy waves at Petworth. There is an option to shorten the trip to 13km by taking out 1km north of Petworth. Call Bob at 613-384-4482

## May

### **CATARAQUI CANOE CLUB OPEN HOUSE**

#### **MAY 1st, 2nd, 3rd (TUE/WED/THU) 6-8 p.m.**

Cataraqui Canoe Club Open House held at the boathouse from 6-8 p.m: Invite your friends, neighbours, colleagues! They may be surprised to learn that Kingston not only has a vibrant canoe/kayak club with a fleet available to members, but also an active outdoor programme that runs throughout the year.

Come to renew acquaintances, make new ones, see what's happening over the summer and sign up for clinics. Enjoy refreshments and demos from local outfitters. (If you have not already done so, a chance to renew your membership.)

### **SATURDAY, MAY 5TH – LOWER SALMON RIVER WHITEWATER**

Dugald is an incorrigible WW paddler, when conditions are right he paddles almost every day! Here Dugald leads another paddle on the Lower Salmon River.

See details and cautions for April 7th. Dugald can be reached at 613-542-8628 or [dcarmichael1@cogeco.ca](mailto:dcarmichael1@cogeco.ca)



## **SUNDAY, MAY 13TH NAPANEE RIVER MOTHER'S DAY PADDLE**

No whitewater this time, just a gentle current on one of the prettiest stretches of Napanee River upstream from Petworth. Trees will be starting to leaf, spring flowers to bloom and perhaps fiddleheads ready to pick. Distance, pace and time will be adjusted to the ability of the paddlers, but is usually about 2-3 hours round trip with a break for lunch. Bring your Mom, children, grand-children! Details from Debbie at 613-374-1704



Dugald & Dukka, Moira River. Photo: Steve Manders

## **SATURDAY, MAY 19TH – GOULD LAKE PADDLE**

A local gem! Dugald invites us to 'enjoy a leisurely exploration of Gould Lake, with its 18km of mainly undeveloped shoreline and its dozen picturesque islands. We shall paddle about 12km and hike about 400m along Ridgewalk Trail for lunch atop a granite look-off 35m above the lake.' This is a 12km paddle which could be suitable for beginners. Call Dugald 613-542-8628 or email [dcarmicheal1@cogeco.ca](mailto:dcarmicheal1@cogeco.ca)

## **SATURDAY, MAY 26TH – DESERT LAKE PADDLE**

No car shuttle, no portages, just 20-22km of paddling pleasure from Desert Lake through Mitchell Creek into Birch Lake. Don can adjust the distance according to participant's wishes and the 'shield' landscape is lovely. Call Don at 613-374-1101 or email [ward524@bell.net](mailto:ward524@bell.net)



*The Canoe Club welcomes paddlers of all sorts! Let your intrepid friends know about our weekend adventures -- and the water-curious about our amazing open paddles in the warmer months.*





# Where next?

**That's up to you! Come to our  
potluck on March 24 and propose a  
trip! Details on Page 3.**

Photo by Valentin  
from Pexels [https://  
www.pexels.com/  
photo/person-holding-  
compass-691637/](https://www.pexels.com/photo/person-holding-compass-691637/)

# Manders in the Morning!

Past Commodore Steve Manders took to the airwaves in December to promote his book [The First Spike](#) on CKWS with host Bill Welychka. You can search for Steve Manders on Facebook, or use the following link to watch the interview: <https://www.facebook.com/steven.manders1/videos/10215309934971599/>



As Steve explains, "The book is about more than just railways, it is also about history of the many of the roads we drive, and the rails to trails such as the K&P and Cataraqui Trails. There are 110 pages devoted to the Kingston & Pembroke Railway with hundreds of colour photos with explanations. The Cataraqui Trail started out as the Bay of Quinte Railway in 1881, it became part of the Canadian Northern Railway in 1913, then CN before becoming a public trail. Historic logging and native canoe routes are also examined. If you are an explorer or historian at heart, you will enjoy this book. It is hard covered, glossy quality paper with 232 pages and 450 colour photos."



**CATARAQUI CANOE CLUB**  
Box 1882, Kingston ON K7L 5J7  
Boathouse: 1 Cataraqui St.  
(North of the Woolen Mill)  
[info@cataraquicanoe.on.ca](mailto:info@cataraquicanoe.on.ca)  
[www.cataraquicanoe.on.ca](http://www.cataraquicanoe.on.ca)

## **Board of Directors:**

**Commodore** — Peter Bedoukian  
**Vice-Commodore** — Jim MacLachlan  
**Past Commodore** — Steve Manders  
**Secretary** — Ed Jezak  
**Treasurer** — Paul Jepson  
Mary Buchanan  
Clive Hansen  
Debbie Twiddy  
Margaret Wild  
Karen Alexander

## **Program Appointments:**

**Boathouse Manager:** Steve Manders  
**Communications:** Clive Hansen  
**Website/Newsletter:** Matt Shepherd  
**Instruction:** Jim MacLachlan  
**Membership Secretary:** Debbie Twiddy  
**Volunteer Coordinator:** Karen Alexander  
**New Member Liaison:** Mary Buchanan

*Share your thoughts, comments and contributions for this newsletter by emailing [info@cataraquicanoe.on.ca](mailto:info@cataraquicanoe.on.ca)*