



## Open House!

(and t-shirt sales/pickup)  
May 1-3, 6 - 8 p.m.

**Cataraqui Canoe Club Boathouse**

**1 Cataraqui Street (by the Woolen Mill)**

Our open house this year is not only a way to introduce our friends and neighbours to the Canoe Club, but also when our members can pick up their brand new Canoe Club t-shirts! We will also have a few extras for sale if you missed the sign-up.

## April 2018

### Notes from the Commodore

Greetings! I'm hoping that by the time you read this, spring will have arrived! Though as I write this, it seems like winter just won't quit! But as I recall, this happens every year!

There have been a number of great outings this winter, and thanks to those leaders who got us outside for some exercise and camaraderie! Looking ahead I see a terrific selection of paddling trips coming over the next few months. I'd like to thank those leaders who are giving up their time to continue to provide us with excellent outings. May I remind all Club members that successful outings depend on you too! We all have a role to play. Some guidelines on how to be a positive contributing participant will soon be available on the website.

Speaking of leaders, we did have our leaders get-together in March. It was a good meeting intended as a "thank you" as well as a working session to discuss ways to enhance the experience of tripping with our Club. A number of good suggestions were made and you will hopefully see some of those materializing in the coming weeks.

I would also like to thank Debbie Twiddy for her many years serving as Membership Secretary. She has recently resigned this role, but thankfully will continue to participate as a board member. Karen Alexander has assumed the Membership Secretary role for the remainder of this term of office.

Happy paddling!  
Peter

### The Canoe Club is pitching in!

The Cataraqui Canoe Club is joining [Pitch In Kingston](#), an annual community cleanup, April 15-22!

Why this year? In 2018, Pitch In and Sustainable Kingston have a particular focus on water. The Canoe Club is volunteering to help with this effort to work with Sustainable Kingston, in turn collaborating with the [Great Canadian Shoreline Clean-up](#) to encourage participants to clean up waterways as part of their efforts.

We'll be receiving further information about helping with the cleanup in areas neighbouring our boathouse. Participants will weigh and to collect data about the waste that they pick up. We're happy to be part of this initiative, and gratified to see so many of our members stepping up to help. If you'd like to get involved, contact Ed Jezak.

## Membership renewals are now due.

We have a new option! You may now complete the membership form online and pay via e-transfer. Go to the "Join the Canoe Club" section [on the website](#) to find the online form -- PDFs are also still available to print on and post with a cheque as well.



## Let's talk turtles!

**Wednesday May 2 (rain date May 3)**

**6:30 p.m. at the CCC open house**

The turtle group is part of the Friends of the Kingston Inner Harbour who have come together to protect the turtles in the area. They advocate for habitat measures, increase public awareness, save nests and work with citizens to implement monitoring programs.

The inner harbour is an important area for at least 3 turtle species. but two of these are species at risk. Threats to the turtles are increasing through shoreline developments and road proposals, in addition to the existing threats of predation, pollution, boat strikes, road deaths, and other human activities.

This talk will help our members become more aware of the turtles, and their importance and become allies in their protection. Canoeists and kayakers are out on the water and the shoreline regularly and see the shore and water from a different perspective, enjoying the more natural surroundings that this area offers. The project will include an educational talk by turtle naturalists. Official turtle identification materials will be distributed at these events and available through the club at other times as well.



CATARAQUI CANOE CLUB  
Box 1882, Kingston ON K7L 5J7  
Boathouse: 1 Cataraqui St.  
(North of the Woolen Mill)  
[info@cataraquicanoe.ca](mailto:info@cataraquicanoe.ca)  
[www.cataraquicanoe.ca](http://www.cataraquicanoe.ca)

### Board of Directors:

Commodore — Peter Bedoukian  
Vice-Commodore — Jim MacLachlan  
Past Commodore — Steve Manders  
Secretary — Ed Jezak  
Treasurer — Paul Jepson  
Karen Alexander  
Mary Buchanan  
Clive Hansen  
Debbie Twiddy  
Margaret Wild

### Program Appointments:

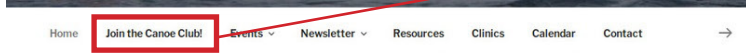
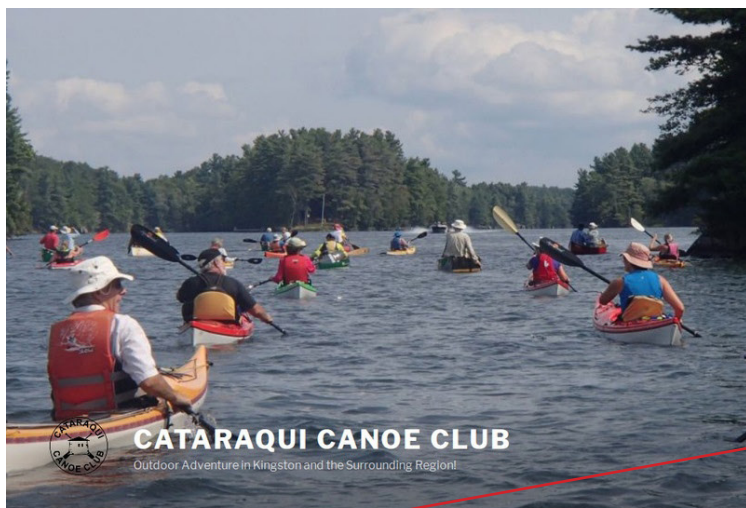
Boathouse Manager: Steve Manders  
Communications: Clive Hansen  
Website/Newsletter: Matt Shepherd  
Instruction: Jim MacLachlan  
Membership Secretary: Karen Alexander  
Volunteer Coordinator: Karen Alexander  
New Member Liaison: Mary Buchanan

# New website!

As our members know, we've redesigned our website, now available at [cataraquicanoe.ca](http://cataraquicanoe.ca).

There's a number of features on the site that members might find of interest...

An electronic membership and renewal form, with e-payment available now and Paypal coming soon.



## HOME

Canoe, kayak, hike and ski: we do it all!

The Cataraqui Canoe Club is a non-profit club that supports canoeing, kayaking and outdoor activity in and around Kingston.

### Members:

Can join us for open paddle nights, 6-8 p.m. from the boathouse in downtown Kingston;

- Wednesdays in May and September
- Tuesdays and Thursdays in June, July and August

Are invited to exclusive Club weekend paddling and hiking events;

Can rent berths in the Club boathouse (when space is available);

Can sign up for our lessons;

Receive our newsletter by post and/or email;

Vote at our Annual General Meeting and can participate on our Board of Directors.

## Renting and borrowing watercraft

Members can borrow Club canoes and kayaks for open paddle nights. When going on club events, members can rent a Club canoe or kayak if they can arrange pick-up and drop-off with a member who has a boathouse key. The Club does **not** rent watercraft other than for member use during open paddle nights or sanctioned events.

## Berths in the boathouse

The boathouse is currently **full**. For information about boat storage, contact our Boathouse Manager.

### IMPORTANT NOTICES

March 31 trip cancelled -- see Events page for details.

Search...



Government of Canada  
**EASTERN LAKE ONTARIO  
MARINE FORECAST**

◀ Previous Next ▶

March 2018													
M	T	W	T	F	S	S							
26	27	28	1	2	3	4							
5	6	7	8	9	10	11							
12	13	14	15	16	17	18							
19	20	21	22	23	24	25							
26	27	28	29	30	31	1							

**March 17, 2018** - Saturday, March 17th - Blue Mountain Hike (ski/snowshoe)

**March 24, 2018** - Saturday, March 24th - Potluck Schedule Making Party

**March 31, 2018** - (CANCELLED) Saturday, March 31st - Napanee River Whitewater

**April 7, 2018** - Saturday, April 7th - Lower Salmon River Whitewater

**April 14, 2018** - Saturday, April 14th - Moira River Whitewater Paddle

Last-minute announcements of trip cancellations, urgent news, and more

Local weather and a link to marine forecasts for Lake Ontario (the closest reporting post to the boathouse)

Interactive calendar that shows upcoming events, with a list of upcoming events displayed underneath.

The site has been designed and implemented entirely by volunteers -- if you have ideas or notes, please share them with Matt Shepherd ([matt@shep.ca](mailto:matt@shep.ca)). Photos are also welcome!

### IN KINGSTON, ONTARIO:

Cataraqui Canoe Club  
Box 1882, Kingston ON  
K7L 5J7



### QUESTIONS? COMMENTS?

Write us at [info@cataraquicanoe.ca](mailto:info@cataraquicanoe.ca).

Search...





# EVENTS: SUMMER 2018

## **SATURDAY, MAY 26TH – DESERT LAKE PADDLE**

No car shuttle, no portages, just 20-22km of paddling pleasure from Desert Lake through Mitchell Creek into Birch Lake. Don can adjust the distance according to participant's wishes and the 'shield' landscape is lovely.

*20-22km full day, 5 hours paddling. Intermediate level. Call Don 613-374-1101 or email: ward524@bell.net*

## **SUNDAY, MAY 27TH- NAPANEE RIVER PADDLE**

A relaxing paddle on the scenic Napanee River. We will put in and take out at the Waterfront River Restaurant. We go downstream for approximately 6km and return for a total of 12km. Lunch at the Waterfront River Restaurant, or bring your own, there is space to sit on the dock. Suitable for members at all levels.

*12km. Full day approx. 4 hours paddling, beginner plus level. Email Sam (preferred): samcheng3@gmail.com or call 613-770-4873*

## **SATURDAY, JUNE 2ND - GOULD LAKE SCAVENGER HUNT**

Join us for a fun Photo Scavenger Hunt. Use your ingenuity, creativity and humour. We will explore Gould Lake using phones or cameras to find the items on the Scavenger Hunt List. This is a family friendly trip suitable for beginner and other levels with your choice of water craft. We will be on the water approximately two hours with a debriefing afterwards to look at pics of your finds.

*Afternoon trip, beginner level. There is a fee for cars entering Gould Lake. Participants are invited to a pot luck at Dave & Jennifer's home in Sydenham following the paddle. Email Beth (preferred): chickonwater@gmail.com or call 613-389-6362*



## **THURSDAY JUNE 7TH TO SUNDAY JUNE 10TH - FOUR DAY RIDEAU PADDLE: KINGSTON TO SMITHS FALLS**

An exciting four day paddle from CCC Boathouse to Smiths Falls paddling on our local UNESCO World Heritage site, the historic Rideau Canal. The trip will be fully open to day trippers or one night stands. Steve is planning a fixed schedule so that day trippers can track the group down. Kayakers may choose to shuttle camping gear each day to avoid stowing it. Otherwise there will be five hours of paddling for approximately 25km daily, with no commuting time. Current plans include the following:

### **THURSDAY JUNE 7**

Depart CCC Boathouse at 1000 a.m., lunch at Kingston Mills, camping at Upper Brewers Lock.

### **FRIDAY JUNE 8**

Paddle Upper Brewers to Jones Falls – optional lunch at Hotel Kenney. Continue paddling to camp at Chaffey's Lock. Enjoy 'happy hour' at Opinicon Lodge.

### **SATURDAY JUNE 9**

Chaffey's Lock to a campsite on the waterfront, Murphy's Point Provincial Park.

### **SUNDAY JUNE 10**

Murphy's Point to Smiths Falls!

*Total 104km, or approx. 25 km for 5 hours paddling each day. Shuttles to be arranged independently. Modest fees at lock campsites and Murphy's Point.*

*Intermediate level (sections of open water can become challenging).*

*To learn more call Steven 613-542-1054 or email: [manderssteve@yahoo.com](mailto:manderssteve@yahoo.com)*

## **SATURDAY JUNE 16TH – THIRD AND FOURTH DEPOT LAKES**

Third and Fourth Depot Lakes are Dam created lakes. The Canadian Pacific Railway crosses the channel between them. The lakes make a most enjoyable short paddle with no portaging and no shuttle.

*Approx. 10km, 4 hours , full day paddling. All levels. Phone Bob: 613-384-4482*

## **THURSDAY JUNE 21ST – SUMMER SOLSTICE EVENING PADDLE**

Enjoy an easy, romantic evening paddle on the longest day of the year. It's hard to believe a lake as beautiful as Loughborough could be so close to Kingston.

*John has been kind enough to take over leading this paddle, contact him for final details at 613-531-5156 or email: [johntelgmann@aol.com](mailto:johntelgmann@aol.com)*

## **SATURDAY JUNE 23RD – DEVIL LAKE PADDLE**

Devil Lake as one of our largest comes with 36 miles of shoreline, making it rewarding to explore the many scenic islands and bays. With luck you will come across loons, ospreys and possibly sight a bald eagle.

*15km paddle, moderate level. Participant limit 20. High wind & waves possible. Email Marlene (preferred): [mrothenbury@gmail.com](mailto:mrothenbury@gmail.com) or call 613-389-5890*

## **SATURDAY JUNE 30TH TO MONDAY JULY 1ST – PALMER RAPIDS WHITEWATER**

Palmer Rapids has been a club white water holiday weekend for many years. The perfect spot to practice whitewater skills, learn new ones, or just enjoy camping, body surfing, and watching from the shore.

*To learn latest status contact Beth by email (preferred): [chickonwater@gmail.com](mailto:chickonwater@gmail.com) or call 613-389-6362*

## **SATURDAY JUNE 30TH – RIDEAU PADDLE FROM SEELEY'S BAY**

Robert offers a flatwater alternative on a lovely section of Rideau River from Seeley's Bay. Put-in and take-out at Centennial Park, paddling north to Jones Falls and return. If there is enough water to take the route through Dean's Pond, there will be lift overs. If there are significant waves, a shorter trip from Morton may be arranged for canoes.

*18km full day paddle, Intermediate level. Occasional high wind and waves. Call Robert 613-542-9626 or email: [retolley@hotmail.com](mailto:retolley@hotmail.com)*

## **SATURDAY, JULY 7TH – MELLON-LAKE PADDLE**

A 1-km paddle up Mellon Creek brings us to a deep secluded lake, 4km long with only 15 cottages. Most of the shoreline is crown land. Scenic granite ridges beside the lake are home to the five-lined skink, Ontario's only lizard. Weather permitting, we shall paddle the full length of the shoreline. Leisurely paddlers can keep pace with the fleet by shortcutting across narrow bays and/or taking a siesta after lunch.

*Distance: 10-15km. Full day paddle, all levels. No shuttle; no portages; no zebra-mussels. Call Dugald 613-542-8628*

## **SATURDAY JULY 14TH – LAKES & TRAILS FESTIVAL SYDENHAM**

Again this year Dave will lead a CCC flotilla on Sydenham Lake to 'sail past' The Point before joining Sydenham Lakes and Trails festivities. Everyone is welcome to enjoy the live music, historic walks, dragon boat instruction, lawn games and many other attractions, culminating in a free community BBQ, with ice cream, and prizes!

*Full day activity with a 12-15km family friendly paddle suitable for all levels. Since there is open water, Dave will finalize the route depending on conditions. Call Dave 613-376-6863 or email: [djlinton72@hotmail.com](mailto:djlinton72@hotmail.com)*

## **SUNDAY, JULY 22ND – MORTON TO LYNTHURST THRU BEVERLEY LAKE**

This full day trip includes river, lake and creek paddling with only a 7km shuttle between. Examine little known pictographs enroute. There is time to lunch and swim on the beach at Delta, or purchase food from the camp snack bar. Post paddle ice cream in Lynthurst never tasted better.

*18km, 6 hour, full day trip. Intermediate level. 7km shuttle from put-in. Call Robert 613-542-9626 or email: [retolley@hotmail.com](mailto:retolley@hotmail.com)*

## **SATURDAY JULY 28TH – KAYAK PADDLE FROM ROCKPORT**

Kayakers are invited to paddle the St. Lawrence River from Rockport to Ivy Lea via Smugglers Cove. After lunch on Ash Island we will return via the International Rift (between Wellesley and Hill Islands). We'll be paddling in the heart of the Thousand Islands among spectacular scenery and magnificent mansions. Refreshments when done!

*18km. Full day. Intermediate level: Wave action and seaway traffic can be challenging. Call Jim 613-305-2849 or email: [lorimerjd@gmail.com](mailto:lorimerjd@gmail.com)*

## **SATURDAY AUGUST 4TH – EASY SHORT PADDLE FROM THE BOATHOUSE**

Some people hesitate to join us on a scheduled paddle, fearing that it might be too demanding. This is intended to be an easy paddle. In calm conditions we can paddle along the shore to the Causeway (0.9km),



Macdonald Park (3km), Tett Centre (4.2km), Olympic Harbour (5.5km) to Ontario Park (6.7km). We could stop at any of the previous points mentioned. If there is wind of over 10km/hr then we do not want to be in the open water of the harbour. So we would head in the opposite direction along the Cataraqui River, bridge at Hwy 401 (5km) and to Kingston Mills (7km). Either way we would stop for lunch at the end, and return.

*14km all levels, 4 hours paddling. Call Ed 613-389-4459 or email: [ejezak@bell.net](mailto:ejezak@bell.net)*

## **SATURDAY AUGUST 11TH – PUZZLE LAKE PADDLE**

Come explore the rugged shorelines of two or three pristine lakes nestled among red granite ridges up to 30m high, marred by only 6 waterfront mansions. For a change, we shall skip Loyst Lake and paddle all the way around Puzzle Lake. Leisurely paddlers can keep pace with the fleet by shortcutting across any of several narrow bays. To ease congestion at the Gull-to-Puzzle portage, experienced paddlers will be urged not to wait until everybody has launched at the Gull-Creek put-in. Early portagers can explore the south bay of Puzzle Lake before we convene the whole fleet near the mouth of this bay.

*Distance: 10-17km full day paddle. Intermediate Level. Portage: 300m round-trip, steep near the middle and both ends. No shuttle; no zebra-mussels. Call Dugald 613-542-8628.*

## **SATURDAY AUGUST 18TH - LYNTHURST TO GANANOQUE LAKE**

This is without a doubt one of the most scenic stretches of water in our area along the James Auld Waterway. We have only done it a few times due to the 20km length, but the pace will be kept moderate. Participants should be comfortable doing that distance. No portaging, but there will be a car shuttle.

*20km full day paddle. Intermediate level. Shuttle distance TBD. Call Steven 613-542-1054 or email: [manderssteve@yahoo.com](mailto:manderssteve@yahoo.com)*

## **SUNDAY AUGUST 19TH – SCHEDULE PLANNING POT LUCK**

CCC pot lucks are THE best – and this one has to be the most important as we seek to prolong summer activity into the fall. Beth has noticed a decline in attendance, let's surprise her with our enthusiasm to keep the party rolling!

*Email Beth (preferred) [chickonwater@gmail.com](mailto:chickonwater@gmail.com) or call 613-389-6362 . (*

*If you have a trip suggestion but can't make the party, email Margaret: [wildmargaret@yahoo.ca](mailto:wildmargaret@yahoo.ca) Bonus: you are more likely to have your chosen date.)*

## **SATURDAY AUGUST 25TH – EAGLE LAKE-CANOE PARTNER WANTED!!**

(Eagle Lake is one of CCC newer destinations where Larry has generously offered to lead a trip. But there is a snag - Larry needs a reliable canoe partner. If you are able to fill this role please contact him well in advance so that Larry can be confident the trip will proceed.)

Eagle Lake enjoys sheltered waters with large bays and islands yet to explore, and has the perfect swim spot on a beautiful granite island. Put in from a sandy beach at the public launch site with lots of available parking. No shuttle or portages.

*Approx. 12km, 3 hours paddling, full day trip. All levels. Call Larry 613-372-0858. Or email: [larrys@kos.net](mailto:larrys@kos.net)*

## **SATURDAY SEPTEMBER 1ST – FRONTENAC CHALLENGE SLIDE LAKE LOOP HIKE**

Each year Frontenac Provincial Park challenges hikers to complete 160km of trails in the park during September and October. Slide Lake Loop at 23km is the longest, most rugged section, requiring an extra walk-in to the trail head. To circumvent the walk we paddle in from Buck Lake. Traditional turkey dinner at Smitty's following. (Rain date Sunday, Sept.2nd)

*12km paddling, 23km+ hiking. Be prepared for a long day 10+ hours. Call Margaret 613-542-9626 or email: [wildmargaret@yahoo.ca](mailto:wildmargaret@yahoo.ca)*

## **SATURDAY SEPTEMBER 8TH – PADDLE FROM GRAYS BEACH**

Join Sam for a paddle on St Lawrence River going east from Gray's Beach for approx. 8km, lunch at a National Park situated between Potato and Downie Islands. (Participants will be required to pay a fee for park use - amount to be confirmed close to trip date). Islands touring again after lunch to total approx. 18-20km. No shuttle.

*Full day trip 18-20 km. Potential strong waves and current – experienced paddlers only. Email (preferred) Sam: samcheng3@gmail.com or call 613-770-4873*

## **FRI-MON SEPTEMBER 21-24 - FRONTENAC PARK CAMPING**

We have reserved sites at Camp #8 on the east end of Birch Lake. It is a delightful setting among tall pines on a point of land. Space for camping is restricted and must be reserved with the park in advance. Club members are invited to join us for any of our two full days or three nights. Some campers will be participating in the Frontenac Challenge and use the site as base camp. It is about a one hour paddle from Kingsford Lake or the Desert Lake campgrounds. The short distance is ideal for canoes with a load of camping gear. Kayakers may be able to find help with their gear. You may select Friday, Saturday, Sunday, or all three nights. Returning Monday.

*Approx. 5km or one hour to camp. 1-3 days optional paddling and/or hiking trips. All levels. Call Steven 613-542-1054 or email: manderssteve@yahoo.com*

## **SATURDAY SEPTEMBER 22ND – LONG LAKE**

Long Lake is about 6km long, situated on the Long Lake Road between Parham and Mountain Grove, once popular with American anglers for its prolific walleye. Bob invites you to join him on this lovely back country lake on an easy fall paddle suitable for all levels, with no shuttle or portages.


*12-15km, full day paddle, approx. 4 hours. All levels. Call Bob 613-384-4482*

## **SAT/SUN SEPT. 29/30 – OPEN**

## **SATURDAY, OCT 6TH – DESERT LAKE TO KINGSFORD DAM & RETURN**

Join Sam for a paddle from Desert Lake to Kingsford Dam and return. If we are lucky we may see some exotic plants on the way to Kingsford Dam. Approximately 20k in total, no portages or shuttle.

*20km Intermediate level. Email Sam (preferred) samcheng3@gmail.com or call 613-770-4873*



*The Canoe Club welcomes paddlers of all sorts! Let your intrepid friends know about our weekend adventures -- and the water-curious about our amazing open paddles in the warmer months.*

Photo: Michael Niessl, Unsplash