



Annual General Meeting

Tuesday, October 16, 7 p.m.

Snacks, drinks and socializing at 6:30.

Special guest: Gray Merriam, speaking on the importance of headwaters and the Salmon River.

Ongwanada Resource Centre, 191 Portsmouth Avenue, Kingston

September 2018

Notes from the Commodore

Well the paddling season is splashing down, and a good one it was!

I can't express enough how grateful we are to our many volunteers who continue to make this club work. Through them all members benefit, for without them there would be no club! Thanks again, and I hope to see all our volunteers at our volunteer appreciation dinner.

From time to time, in those eyes-wide-open pre-dawn hours, I can't help but wonder what we could be doing better, differently, more often or less often. We would really appreciate your comments and suggestions. Please let us know your thoughts. You can

contact any board member, send an email to info@cataraquicanoe.ca, or do so anonymously by [following this link](#). We would especially like to hear from our members who joined this year.

We are about to elect a new board. Thank you to our 2018 board, it has been a good year. In preparing a slate of potential board members for 2019, we find ourselves one short. If you would consider contributing in this way, please contact Mary, Jim, Karen or myself asap.

Soon we'll be hiking, and then snowshoeing and skiing. Egad.

- Peter, Commodore

We have a new book and map library at the boat house now. It is on an unsupervised borrow a book, leave a book basis. There are now about 20 books on wilderness survival, enjoying some exotic rivers, paddling techniques, wilderness foods and more. There are 4 large scale maps of the French River Provincial Park, Killarney Provincial Park, the Madawaska and Opeongo Rivers and Haida Gwaii. For those of you that haven't visited the boat house recently, there are many more maps posted in our rear hall. They feature full size marine charts for the Rideau Canal, the Thousand Islands, Loughborough Lake, topographical maps and many more. We have an awesome hinterland to enjoy, good maps helps you get the most out of it.

- Steve Manders

October 2018 - January 2019

SATURDAY, OCTOBER 6TH – CIRCUMNAVIGATE BOSTWICK ISLAND

Bostwick is one of many islands in the heart of the St Lawrence in the Gananoque area. We will start from Gray's Beach and go west toward Gananoque. In addition to the circumnavigation of Bostwick, we tour other area islands. With luck, we may be able to enjoy the amazing fall colour of the St Lawrence.

This is a full day trip with total distance of approximately 18 km. No shuttle. Potential strong winds, big waves, and strong current – experienced paddlers only. Email (preferred) Sam: samcheng3@gmail.com or call 613-770-4873.

SUNDAY, OCTOBER 7TH – HIKE BLUE MOUNTAIN

Blue Mountain is a traditional Thanksgiving destination for Gananoque residents. And no wonder, the 'mountain's' bedrock summit soars up to 100 m higher than surrounding countryside providing a stunning 360 degree panorama enhanced by fall colour.

The 4 km trail up to the summit is naturally steep but not overly long. Call Bob at 613-384-4482 or email robert.clooney@sympatico.ca to join in.

SATURDAY, OCT 13TH – NAPANEE RIVER & RETURN

Join Sam for a relaxing paddle on the scenic Napanee River. We will put-in and take-out at a park just upstream from the waterfall at Centre Rd and Water St. We go upstream for approximately 6-7 km toward the Strathcona Paper Mill and return for a total of 12-14 km. Optional lunch at the Waterfront Pub Restaurant by the River. Or bring your own lunch; there is a lovely park across from the Restaurant with picnic tables available.

This paddle is suitable for members at all levels. No shuttle. Contact Sam at samcheng3@gmail.com (preferred) or 613-770-4873



Laid back on Loughborough Lake. Photo: Mieke Van Geest

SUNDAY OCTOBER 14TH PADDLE SEELEYS BAY TO JONES FALLS.

Experience peak fall colours on the scenic Rideau Canal. This is an easy 8 km paddle each way, or you can car shuttle to make it shorter for beginners. Enjoy your picnic lunch at the beautiful locks. Leaves will be off the trees in a few more weeks, don't miss this last chance for a perfect day.

Generally an easy paddle, however wind and wave action can occasionally be challenging. Modifications are possible. Call Steve at 613-542-1054 for detail.



Lunch & swim on Mellon Lake, July 2018. Photo: Steve Manders

SATURDAY, OCTOBER 20TH – PADDLE NORTH CHARLESTON LAKE

John will start in Charleston at the north end of the lake, which stands at 9 miles long and 4 miles wide. The lake itself is full of islands, coves, reefs and the some of the clearest water you will see in Ontario. We then turn north, have lunch and return.

Charleston Lake can be subject to strong winds making tough going for canoes. Email John for details at johntelgmann@aol.com or call 613-531-5156.

SUNDAY, OCTOBER 27TH – HALLOWEEN HIKE TO GHOST TOWN

Just in time for Halloween, come out for a 15km hike that includes exploring a Ghost Town and enjoying your picnic overlooking Big Rideau Lake. Hike follows the Rideau Trail section that Robert maintains, starting at Narrows Lock.

Email Robert at retolley@hotmail.com or call 613-484-4295 for details.

SATURDAY, NOVEMBER 3RD – PADDLE & POTLUCK AT NANCY'S COTTAGE

An event we look forward to each year: the traditional late season paddle (sometimes needing to break through ice!) followed by a potluck at Nancy's cottage on Eel Lake.

Call Dugald 613- 542-8628 and dress warmly for the paddle. Contact Nancy for the potluck: 613-549-8856 (Participation limited to 18 - no limit for the paddle.)

SATURDAY, NOVEMBER 10TH – GANANOQUE RIVER PADDLE

Ed also favours a late season paddle. We start in Gananoque and paddle up river towards the dam at Marble Rock, have lunch and return. The distance to the dam is 10km, but we may not go that far depending on conditions. Ed reserves the right to substitute a hike if weather is too chilly.

Contact Ed at ejesak@bell.com or 613-389-4459 for final details.



*Not quite seven swans a'swimming, but close enough.
Photo: Karen Alexander*

SATURDAY, NOVEMBER 17TH HIKE EAST SIDE FRONTENAC PARK

Bob's plan is to hike to the Lynch Lake Loop where we can lunch at Campsite # 12. We take the service road into the eastern part of Frontenac Park, and continue hiking along until we come to the trail that takes us to the Lynch Lake Loop. The distance from the starting point to Lynch Lake Loop and back would be about 12.8 km. The terrain is not too steep, and the hiking trails are easy to walk on.

Call Bob: 613-384-4482 or email robert.clooney064@sympatico.ca to take part.

SAT or SUN NOVEMBER 25/26 – OPEN

SUNDAY, DECEMBER 2ND – CHRISTMAS POTLUCK SCHEDULE PARTY

Join Margaret and Robert in their home for CCC Christmas potluck and schedule making party. The perfect time to exchange seasonal greetings and use the inspiration to dream exciting trips for the New Year. Everyone is welcome, we will roast a turkey and potluck the rest.

Email Margaret wildmargaret@yahoo.ca or call 613-542-9626 to take part.

Also contact Margaret if you have an idea for a trip but can't make the party. Bonus: you are more likely to secure your chosen date!

SUNDAY, DECEMBER 9TH – HIKE PARROTT'S BAY

Parrott's Bay has 289 acres of woods and wetlands with beautiful waterfront views. Six km of trails cross woodland, wetland and field areas to provide opportunities for wildlife viewing and nature appreciation. Beth invites you to hike and afterwards enjoy a delicious bowl of chili with her and Dave.

Email Beth (preferred) chickonwater@gmail.com or call 613-389-6362.

SUNDAY, DECEMBER 16 – HIKE (OR SKI) LEMOINE POINT

Another local gem: highly accessible and deservedly popular, Lemoine Point includes woodland and meadow trails with sweeping vistas of the ever changing St. Lawrence. Dukke offers a hike (or ski) of approx. 10 km as respite from frantic holiday preparations.

Call Dukke at 613-384-6054 to get details.

SATURDAY.JANUARY 5TH – SKI/SKATE/HIKE LITTLE CATARAQUI CONSERVATION

We are fortunate to have this special place to get outside and enjoy nature on our doorstep. There are areas of marsh, field and forest for all to enjoy along 14 km of looped trail network with an attractive Outdoor Centre. Likely too early for skiing but Gary will select a suitable activity to neutralize holiday calories.

Email Gary (preferred): gbirrell@cogeco.ca or call 613-389-5154 to join in. There is a park fee per participant.

SATURDAY, JANUARY 12TH – MASSASSAUGA HIKE/SKI/SNOWSHOE

Each year Janice and Eric generously invite members to enjoy their unspoiled property on Massassauga Road where they have developed beautiful trails with some not unimpressive feats of engineering. Janice will recommend a hike, ski or snowshoe depending on conditions.

Call Janice for latest indications at 613-542-9948 or email Janice.ley@cogeco.ca

SATURDAY, JANUARY 19TH – SKI MURPHY'S POINT

Murphy's Point is sufficiently north to frequently boast excellent conditions when less than ideal locally. There is a variety of groomed trails for classic and skate skiing, plus a scenic back country route, together with warm-up huts.

When it's good, we often take advantage to make more than one trip, and when it's bad we take a hike!

There is a park fee per car. Email Robert at retolley@hotmail.com or call 613-484-4295 for details.

SUNDAY, JANUARY 27TH – HIKE OR SKI CHARLESTON LAKE PARK

Charleston Lake Park hugs the west, east and south shores of Charleston Lake. The scenery is rocky, rugged and full of forest as the landscape is an extension of the Canadian Shield. A selection of great hiking trails gives ample choice for Don's chosen activity.

Call Don: 613-384-4346 (before 7 pm) for details. There is a park fee per vehicle.



Snowshoeing at Janice and Eric's, Jan. 20 2018. Photo: Beth Orr

Creativity and Fun at Photo Scavenger Hunt

On June 2nd members participated in a Photo scavenger hunt at Gould lake.

Using ingenuity, creativity and humour teams of 2 or more explored Gould lake using phones or cameras to find the items on the Scavenger hunt list. A post trip potluck dinner was enjoyed where we were able to view pictures from the day and see how everyone interpreted the items on the list.

Can you tell from the pics what the clues would have been?

- Beth Orr



Sam & Mieke's Wildlife Corner

"Attached are some photos that I took this year. Maybe you want to have a Wildlife Corner;)" -- Sam Cheng

"That's a great idea, actually" -- The Editors

Sam Cheng:



Mieke Van Geest:





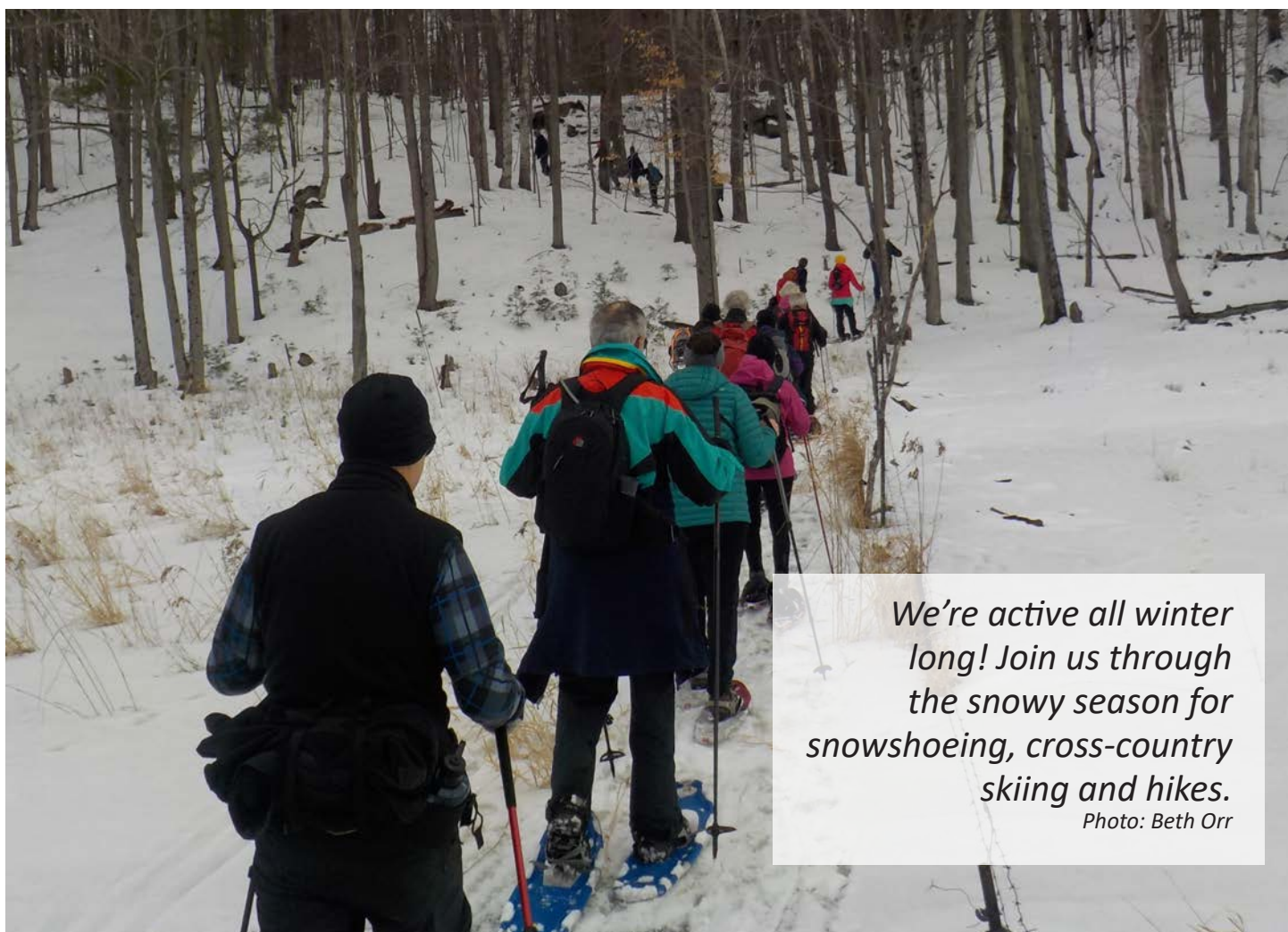
CATARAQUI CANOE CLUB
Box 1882, Kingston ON K7L 5J7
Boathouse: 1 Cataraqui St.
(North of the Woolen Mill)
info@cataraquicanoe.ca
www.cataraquicanoe.ca

Board of Directors:

Commodore — Peter Bedoukian
Vice-Commodore — Jim MacLachlan
Past Commodore — Steve Manders
Secretary — Ed Jezak
Treasurer — Paul Jepson
Karen Alexander
Mary Buchanan
Clive Hansen
Debbie Twiddy
Margaret Wild

Program Appointments:

Boathouse Manager: Steve Manders
Communications: Clive Hansen
Website/Newsletter: Matt Shepherd
Instruction: Jim MacLachlan
Membership Secretary: Karen Alexander
Volunteer Coordinator: Karen Alexander
New Member Liaison: Mary Buchanan



We're active all winter long! Join us through the snowy season for snowshoeing, cross-country skiing and hikes.

Photo: Beth Orr