



Cataraqi Canoe Club

News

January 2002

Commodore's Note

By Margaret Wild

It is my pleasure to serve as Cataraqi Canoe Club's second female commodore – having previously held the post from 1994-6. This is definitely not the result of paddling skill (I "learnt to canoe" in 1990), but stems from the enjoyment I have found in learning with other members. Sharing the camaraderie, beneficence and sheer fun that have allowed me to progress from zero outdoor skills to a passing grade within a short space of time. So much so, that it has become difficult to understand how vast numbers of the population could be ignorant of such enrichment to their mental, physical and spiritual health – the world needs more canoe clubs!

At our first board meeting we shared visions for the future. Each year a significant number of people join CCC but do not participate. Were they reticent, too busy, or did we fail to interest them? We want to ensure there are activities for every age and skill level, dispel myths that an athletic background is prerequisite, and design events specifically for these new members.

Past community support has enabled us to build a boathouse and own a fleet of boats. Particularly now that the racing fleet has been bequeathed to Sydenham Lake, we want to engage in more functions to benefit the community in general, and young people in particular. We feel it is

timely to review the constitution, ensuring it reflects our current focus.

Member's comments and suggestions are welcomed on this or any other topic. The constitution can be found in web archives www.cataraquicanoe.on.ca, or requested from the secretary. Please feel free to telephone, or e-mail margaretwild@ihorizons.net

News from the Board

It's a new year, with some changed roles for



A CCC Moment

CCC's hardworking volunteers. Many thanks are due to Linda Tucker, David Forkes, and Gary Birrell, who have regrettably resigned as board members and past commo-

dore respectively. Wendy Lloyd, John Bett and Ray Wilson are welcomed to the new board.

We are delighted to report that Don Harris has added another hat as newsletter editor, and Dukke van der Werf is organizing the recreation schedule. They look forward to receiving your ideas and contributions.

(Continued on page 3)

Cataraqui Canoe Club

P.O. Box 1882
Kingston, Ontario, K7L 5J7

Boathouse located at the foot of Cataraqui Street near the Woolen Mill
Call 544-8375, or check www.cataraquicanoe.on.ca
for current listing of events and information.

Executive and Board of Directors 2001-2002

Commodore	Margaret Wild	542-9626
Vice Commodore	Ken Pearce	384-5842
Secretary	Alan Nicholls	547-3781
Treasurer	Ed Jezak	389-4459
Past Commodore	Barry Irish	389-6334
Board of Directors	John Bett	544-2298
	Peter Kopp	546-9216
	Wendy Lloyd	544-4278
	Dukke van der Werf	384-6054
	Ray Wilson	382-7189

Committee Appointments

Newsletter Editor/Assistant	Don Harris (546-0842) / Ray Wilson
Recreational Scheduling	Dukke van der Werf
Courses & Clinics	Barry Irish / Wendy Lloyd
Whitewater Programme	Dugald Carmichael (542-8628) Ed Jezak / Mark Hughes (634-6562)
Publicity/Open House	Peter Kopp/Barry Irish/Wendy Lloyd
Boathouse Equipment & Activities	Don Harris (546-0842)
Boathouse Manager/Assistant	Robert Tolley (542-9626) / Mark Hughes (634-6562)
Webmaster	Alan Nicholls/Ed Jezak
Telephone Listings	Judy Skeggs (374-3420)

Newsletter Contributions Welcome!

Members are invited to submit writeups of their outdoor adventures (can be quite brief!), or other material of interest to CCC. If you have pictures to accompany the article, good care will be taken to return them. Stories can be mailed to the club, passed to any member of the executive or newsletter editor. Material may also be e-mailed to the editor: donharr@attcanada.ca

Has Your Address Changed?

Has your address (telephone no.) changed, or do you have an e-mail address? We want to stay in touch and make sure that you receive the newsletter. Please forward any change in address/email/phone number to the club secretary at 547-3781; to the club address listed above; or to nicholls@canada.com

(Continued from page 1)

Ed Jezak is to be congratulated on his retirement from RMC, where he has been gracious host to the Board for many years – thank you Ed. He is now mastering the web, and Dugald Carmichael conquers white water. Barry and Wendy are responsible for courses and clinics. See full details previous page..



Barry – Roasting Turkey

WINTER CAMPING – BON ECHO

By Sue Thomas

Arrived on Sunday afternoon. It was a cold and windy day. In the middle of setting up the tent it began to snow and hail. Some of us went for a hike while Barry cooked the turkey over the fire. We all met back at camp dressed in winter jackets and toques for a delicious gathering. Later we huddled around the fire sitting on our chairs with our feet as close to the fire as possible, roasted marshmallows were passed around. Most of us were just trying to stay warm and not looking forward to a cold night in our tents. Without mentioning any names there were two among us who were blessed with a propane heated trailer and were very toasty indeed. The best I could hope for was a hot rock in my sleeping bag. We survived the night and enjoyed a hearty breakfast. Thanksgiving Monday was a sunny warm day and was perfect for canoeing and hiking. For some of us this was our first outing with the club and despite the cold everyone enjoyed the awesome turkey dinner and great company.

Notes from the Editor

It has been a difficult year in a lot of ways. Since Sept 11, nothing has been the same. Now, President Bush has declared 2002 as a “war year.” For most of us, we will carry on with our lives, and hopefully, participate, and enjoy the benefits of the club, and the wonderful opportunities to be outdoors in our great waterways and parks.

As a newly appointed editor, junior, in experience at least, I will endeavour to keep the bulletin up-to-date, and, hopefully, within the high standards, and professional quality of the previous editor, Rick Kirk. I know you are likely to spot both errors and omissions. Please feel free to comment, offer suggestions, and criticize whenever you feel it will help. The resident “love goddess” Eunice, claims, “he will probably ignore it anyhow.” I will strive for improvement, regard-



Fun, Fun, Fun at Palmer Rapids

CCC PUNishment

1st cannibal to mate. No matter how I try to cook this meat, it still comes out tough. I’ve tried boiling it, roasting it. Everything. Mate, where did you get it? Well, you know those people down by the river with the long brown cloaks with hoods, and wearing sandals? I used one of them. Mate, No wonder, they’re Friars..

Schooner Lake- Fall 2001

By Beth Orr

Fall camping was at its best on the last weekend of September. We left Saturday morning with the weather looking doubtful, but by the time we stopped in Ardoch, picked up our homemade butter tarts and then went on to the put in,, the weather was perfect. After a leisurely paddle, *with no portages*, we arrived at the most perfect camping spot that you can imagine. It was huge, with room for many tents, had 2 sandy beaches and a thunder box with a privacy curtain. How much more perfect can you get than that?

Mark then led us on a bushwhacking trek up a mountain that gave us a view of this wonderful area that offered many new vistas to explore.

We returned to the campsite for a swim and then enjoyed appetizers and cocktails on a



sandy beach as we watched the sunset. The next morning was ethereal. We woke to a thick fog covering the lake that slowly swirled and lifted to bright sunshine.

We then paddled to the other side of the lake to explore another hilltop. The view was spectacular and as we were hiking a bald ea-

gle flew below us!!

This is an amazing area of crown land that offers many opportunities to enjoy and explore, hopefully Mark will take us back there again next year.



Where would you find a view like this?? And, its free, Crown land. Only in **Ontario**.



FRONTENAC
Outfitters est. 1984

Natural Environment Canoe & Kayak Centre

18th Annual Massive Spring Sale

Friday May 3rd to Sunday May 5th

Canada's Best Prices & Selection

½ hr. North of Kingston, on the water at the entrance to Frontenac Provincial Park

(613) 376-6220

www.frontenac-outfitters.com

HUNDREDS TO CHOOSE FROM

Official Winter 2002 Schedule of the Cataraqui Canoe Club

There is a \$5 non-member fee on paddling and overnight trips. This fee can be applied towards future membership. Guests remain welcome with no fee on non-paddling day trips.

FEB. 3, Sun. MASSASSAUGA CREEK AREA SNOWSHOE. Many of us have had an opportunity to look around and admire the extensive property of Janice and Eric on the Massassauga Road. We can expect interesting trails, beautiful vistas, some bushwhacking and possibly the opportunity to cook a hot lunch at the old farmhouse. Snowshoes can be rented at Trailhead. For details: call Janice at 542-9958.

FEB.9, Sat. SNOWSHOE AT BELLROCK. Debbie knows excellent trails and scenery in this (her) area for an enjoyable day of snowshoeing. It may be a hike if there is not enough snow. Bring a lunch. Debbie will provide hot drinks at her home at the end of the trip. Snowshoes can be rented at Trailhead. Please call: 374-1704.

No Snow Days!

Check with the Trip Leader for Alternate Plan

FEB. 10, Sun. SANDBANKS. Barry Irish has led some very pleasant trips in this area. This one will be on skis (there may be lots of snow). A good opportunity for beginners and to bring the family. Barry can be reached for details at 389-6334.

FEB. 16-17, Sat./Sun. WEEKEND CAMPING AT THE COTTAGE. Gaetan believes that the proximity of their cottage with (some) of the comforts of civilization will be a good way to ease beginners into the excitement of battling the winter elements in a tent! With enough snow (keep our fingers crossed!), count on a 1 km ski/snowshoe trek to get to the cottage. What a way to celebrate the beginning of Gaetan's retirement!

Call 549-8856 for details.

FEB. 17, Sun. FRONTENAC PARK SWAMP HOP. Last year Eric and Janice guided us through ever changing scenery and terrain across a series of beaver ponds and lakes. They are willing to lead this trip again. Some adventurous spirits may consider combining this trip with Gaetan's Weekend Camping. Details: 542-9958.

FEB. 23, Sat. LOCAL EVENING SNOWSHOE OR SKI with Don Workman. Come out and enjoy the outdoors under the moon and stars. This should be a relaxing trip with a touch of nighttime magic. Snowshoes can be rented at Trailhead. Call Don for details and choice of activity at 384-4346.

FEB. 24, Sun. XCOUNTRY SKIING AT TRIANGLE SKI CLUB, BROCKVILLE. This trip has been canceled over the past years due to lack of snow. Maybe Linda Tucker will have more success this February and we will finally have a chance to enjoy the challenging and well-groomed trails. Details: 634-0497.

MARCH 2-3, Sat. & Sun. GATINEAU XCOUNTRY with Ed Jezak. The snow condi-

**For Trip Schedule Updates . . .
www.cataraquicanoe.on.ca or 544-8375**

tions should still be excellent. Ed will want to leave early on Saturday enabling one-dayers to return to Kingston the same day. Others may want to stay overnight and extend the fun. Gatineau Park has a well-deserved reputation for snow, trails and warm-up huts. Trails can be chosen to match participants' levels of expertise. Further information: 389-4459.

MARCH 9-10, Sat./Sun. SILENT LAKE & KAWARTHAS. We stay opposite Silent Lake in Schnitzel House where the food is excellent,

though accommodation somewhat basic. This allows u to ski straight into the park. Next day, a short journey to the extensive Kawarthas network with beautifully groomed trails. The trip is dependent on snow; a local activity will be planned for Sunday if needed. Phone Margaret or Bob at 542-9626.

MARCH 16, Sat. 8-10 p.m. KAYAK ROLL CLINIC in Artillery Park Pool. We have experienced kayakers to assist with instruction, possibly on a one-to-one basis, taking full advantage of pool time. Young members in particular might roll in one session! \$10 fee for members, \$20 for non-members. A few club boats are available. Coordinator is Kevin Orr: 389-6362.

MARCH 17, Sun. SKYCROFT. There are still many trails to be found and explored in this area where the snow often lingers well after it has disappeared from areas closer to Kingston. The (lack of) trail markers make Skycroft a delight for former boy scouts. Check with Dukke at 384-6054.

MARCH 23, Sat. LOCAL AFTERNOON HIKE . (Could it still be a ski?) with Bob or Margaret to build an appetite for that hearty CCC pot luck supper. Details from 542-9626.

MARCH 23, Sat. POT LUCK & SCHEDULE MAKING PARTY. Come share summer fantasies with the Commodore as we plan to paddle/bike/hike till we drop! Call Margaret at 542-9626 to take part. New members are always especially welcome. (Please contact Dukke with ideas if unable to attend: 384-6054).

MARCH 30, Sat. MYSTERY OUTING. John Bett will organize a suitable outing for this very early Easter weekend. Maybe we'll spot the Easter Bunny! Call John for details at 544-2298.

APRIL 6, Sat. SURPRISE US. Possibly too late for skiing, possibly too early for canoeing? Never mind, Gary Birrell will lead us on an exciting voyage in scenic surroundings. Call 389-5154 for details.

APRIL 6, Sat. SURPRISE US. Possibly too late for skiing, possibly too early for canoeing? Never mind, Gary Birrell will lead us on an exciting voyage in scenic surroundings. Call 389-5154 for details.

APRIL 7, Sun. MOIRA RIVER WHITEWATER. If we have a lot of snow this winter and if it melts according to schedule in the spring, Alan promises you a day of thrills and joy. If the water level is not right, the date may have to be changed. Intermediate skills and wetsuits are required for the trip. Call Alan Nichols at 547-3781.

APRIL 13, Sat. MASSASSAUGA CREEK. A trip for meandering and enjoying the first sights, sounds and smells of spring and the last remnants of winter. Young paddlers would enjoy this trip. An interesting dam may offer a nice lunch spot. Is that where Ed came across and got stuck in



Georgian Bay will never be the same, after these two lovelies. Guess who???

APRIL 14, Sun. LOWER SALMON WHITEWATER. The Lower Salmon River runs through a very scenic area. It may be warm enough to run the trip for beginners without wetsuits. Experienced paddlers will be needed to assist. Check conditions with Ed Jezak at 389-4459.

APRIL 20, Sat. MYSTERY OUTING, but count on Beth Orr to find us lots of fun and ex-

itement while hiking or paddling through, in, and/or over gorgeous woods, lakes, swamps, boulders, cliffs etc. Details: 389-6362.

APRIL 21, Sun. NAPANEE RIVER WHIT-WATER. The section from Yarker to Camden East is an excellent introduction to whitewater for beginners. Alan Nicholls will need experienced paddlers to assist. Please call him at 547-3781.

APRIL 27, Sat. SLIDE LAKE LOOP. No heat, no insects, but wide vistas on this very challenging hike in Frontenac Park. Jane Dorland will lead us in, but questions her own ability to lead us out again (I don't!). Call her at 547-5792.

APRIL 27, Sat. KAYAK ROLL CLINIC in Artillery Park Pool. Still some energy left? We have experienced kayakers to assist with instruction, possibly on a one-to-one basis, taking full advantage of pool time. Young members in particular might roll in one session! \$10 fee for members, \$20 for non-members. A few club boats are available. Coordinator is Kevin Orr: 389-6362.

APRIL 28, Sun. UPPER SALMON WHITE-WATER. Dugald Carmichael guarantees hair-raising moments and adrenaline rushes on this at times quite challenging stretch of beautiful river. Wetsuits and intermediate white water skills are required. Call 542-8628 for further details.

MAY 4, Sat. MADAWASKA WHITE WATER. It's a long way to Madawaska! Be prepared for a long day, but the river will make it all worthwhile. Depending on the weather wetsuits may be required. Intermediate skills certainly are. For more information: Dugald Carmichael at 542-8628.

MAY 5, Sun. CYCLE TO BREAKFAST IN BATH. Rediscover that old bike and join Bob and Margaret for an exhilarating ride along the shore to breakfast in Bath. Total 40 km, or return can be extended to burn more calories. Call 542-

9626 to join in.

CATARAQUI CANOE CLUB'S OPEN HOUSE TUESDAY, WEDNESDAY & THURSDAY EVENINGS, MAY 7 TO 9 at our boathouse, foot of Cataraqui Street, near the Woolen Mill. This is your opportunity to meet old members and new, exchange yarns and register for courses in **Learn to Canoe, Skills Improvement** and **Kayak Touring**. Details in our next newsletter and on the web: cataraquicanoe.on.ca

MAY 12, Sun. MOTHER'S DAY FAMILY PADDLE on the Lower Salmon, South of Croyden. Debbie and Derek know the best places to find fiddleheads and wild leeks. Unique opportunity for gourmets! Details: 374-1704.

MAY 19, Sun. LOCAL LEISURE PADDLE. Tessa Clarke and Ken Feigelman own lakeshore property in Kingston Mills. They promise us a relaxing and enjoyable paddle only a short drive from Kingston. Anybody for a swim? Call: 542-7531.

MAY 26, Sun. RED HORSE TO GANANOQUI LAKE. No rapids and no portages! Just go with the flow! For details call Ray Wilson at 382-7189.



BUCK LAKE, 1999

CATARAQUI CANOE CLUB

KINGSTON'S FINEST



The Lone Kayaker