

Cataraqui Canoe Club

News

May 2006

COMMODORE'S NOTE – NEWS FROM THE BOARD

By Ed Jezak

We seem to be jinxed. Another member resigned from the board so we decided to bring the board back to strength. The Board invited Mike Fisher, a past commodore, with many years experience in the CCC, to join us. He accepted.

The roof of our canoe club boathouse needed repairs. As the repair area overlapped ours and the rowing club's domain, we agreed together, to fix the situation. The restoration was arranged in November, and completed just recently. We have not yet paid for the remedy, but our share (one-third) should not exceed \$1,400.00.

A member of the club asked us to partially defray the costs of an advanced first aid course she planned to take. We thought that it would benefit the club to have someone with that training, and voted to support some of her course costs. Another member asked for support in taking an ORCA canoe course that would qualify him to offer ORCA courses for the club. Again we voted to support him. In both cases the partial subsidy will be paid after the courses are successfully completed. We have not, yet, decided on a formal policy on such support, but we are not likely to approve any more such requests for this current year of endeavors.

For the past several years the club has sponsored ca-

noe trips that stop at Rock Dunder. As you have learned from our last newsletter, that property was

for sale and a local land trust raised funds to buy it. We thought it appropriate for the club to offer some support for the venture. We voted to donate \$300.00 to the Rideau Waterway Land Trust, and specifically toward the purchase of Rock Dunder.

Hope to see all of you at the Open House.



Collins Creek in the Springtime – Photo by Sharon Ferguson

SPECIAL THANKS

Sharon Walker

The Rideau Waterway Land Trust closed the \$170,000 deal on March 29, which means Rock Dunder will continue to be preserved and available to the public for low impact recreational activities. The loss of this wonderful property was almost a reality. The

SPECIAL THANKS...(Continued on page 4)

CATARAQUI CANOE CLUB OPEN HOUSE

At the Club Boathouse, 1 Cataraqui Street

Tues, Wed, Thurs, May2-4, 2006, 6 to 8 pm

We welcome members and potential members to this annual event. The Open House allows us to meet others, enjoy refreshments, see demos by local outfitters and plan great paddling trips. Examine our canoes and kayaks and sign up for learn-to-canoe and kayak courses or paddling clinics. Call Jo Matyas at 634-9280 for more information.

Cataraqui Canoe Club

**PO Box 1882
Kingston, Ontario K7L 5J7**

Boathouse located on Orchard street near the Woolen Mill

Call 544-8375, or view www.cataraquicanoe.on.ca, for a current listing of up-coming trips and events

Executive and Board of Directors 2005 – 2006

Commodore	Ed Jezak	389-4459
Vice Commodore	Carolyn Bonta Johnson	531-4578
Secretary	Charles Hannan	536-1610
Treasurer	Michael Johnson	531-4578
Past Commodore	Dukke van der Werf	384-6054
Board of Directors	Dugald Carmichael	542-8628
	Mike Fisher	547-5386
	Jane Knibbs	634-6859
	Josephine Matyas	634-9280
	Margaret Wild	542-9626

Program Appointments

Newsletter Editor	Sharon Ferguson – 384-3044 – ccc.editor@sympatico.ca
Scheduling	Dugald Carmichael – 542-8628
Activities at the Boathouse	Don Harris – 546-0842
Boathouse Manager/Assistant	Dave Ferguson 384-3044/ Mark Hughes – 372-5989
Courses and Clinics	Carolyn Bonta – 531-4578
Hiking	Gary Birrell 389-5254/ Beth Orr 389-6362
Skiing	Ed Jezak – 389-4459
Whitewater Program	Dugald Carmichael – 542-8628/ Mark Hughes – 372-5989
Membership Secretary	Dukke van der Werf – 384-6054
Publicity	Josephine Matyas – 634-9280
Volunteer Coordinator	Carolyn Bonta – 531-4578
Telephone Listings	Judy Skeggs – 374-3420
Webmaster/Assistant Webmaster	Alan Nicholls – 547-3781/Ray Wilson – 382-7189 cccwebmaster@ca.inter.net

Newsletter Contributions Welcome!

Members of CCC are invited to submit write-ups of their favorite CCC outings, outdoor adventure, or just about anything that would be of general interest to our members. email the newsletter editor at ccc.editor@sympatico.ca. Mail them to the club or pass them on to any member of the board or executive, or bring them to the schedule making pot-luck. If you have one or two pictures to accompany the article even better.

Has Your Address Changed?

Has your mailing or e-mail address changed? We want to stay in touch and make sure that you receive the newsletter. Please forward any change in mailing/email/phone number to the membership secretary at 384-6054; or to the club address above.

EDITOR'S NOTEBOOK

Walk toward the 401, and there at the edge of Kingston, Ontario's busiest thoroughfare, our geologist guide, Dugald Carmichael, revealed another age to the Cataraqui Canoe Club hikers, and persuaded us of another reality permanently etched in the limestone rock.

Fossil clam shell markings, trails of worm activity and wave patterns embedded in the thin, calcium carbonate, limestone layers, formerly the silt or mud bottom of the Ordovician Sea tells of another age 460 million years ago, a sea covered landscape, now fossilized for today's viewing.

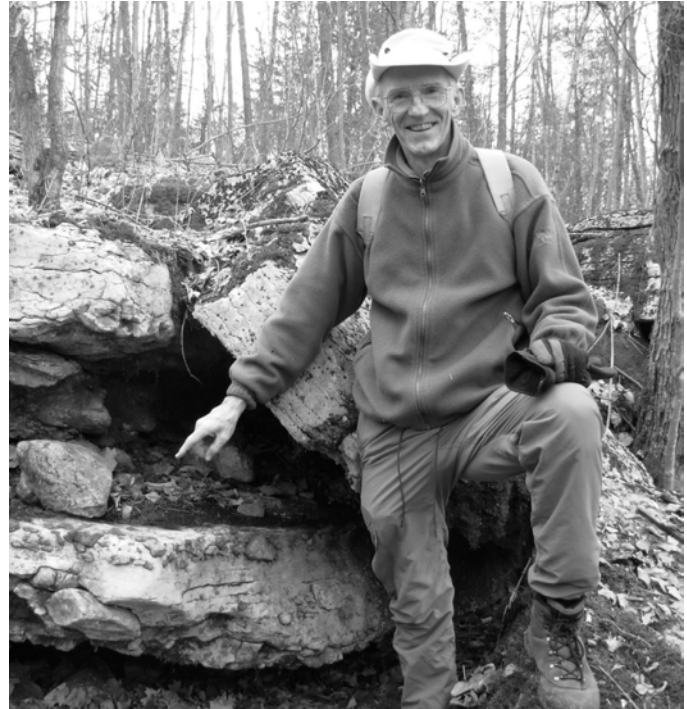


Wave Pattern on Limestone – Photo by Sharon Ferguson

Hiking away from the highway, through meadows, alongside homesteads we stopped at a hillside incline where striated limestone rock showed typical evidence of glacier movement in a southwest direction. These scratches on the limestone are 11,000 years old, of a significantly younger age than what the highway site revealed. Some rock streaks in a westerly direction signify movement of a different age. Continental glaciers take 100,000 years to grow and to melt away.

Across the Rideau Trail and into the forest we stood before recessed holes and obvious limestone layered strata sticking out of the small hillside. Our instructor talked about Precambrian quartzite rock, an industrial mineral used for making glass. It lay on the limestone layers and indeed some quartzite pebbles lay embedded in the limestone lip.

The forest and rock topography was once a shallow sea. We looked behind us to a quartzite ridge which was the island rising out of the sea. Island pebbles and rock fell onto the shoreline beach. Wave action moved the drifting stone, and embedded pebbles in the limy



*Geology Instructor/ Hike Leader Shows Quartzite in Limestone
– Photo Maureen Beamish*

mud, which later hardened into limestone.

The group headed to the Ordovician “island” ridge rising out of the trees and clambered up the southwest side and hiked across the relatively flat surface. Our leader said we would see limestone and he challenged the group to identify the rock when we arrived. Walking down the ridge in an easterly direction, we scrambled over rock and missed our leader's challenge, that it was indeed the limestone we were to identify.

We hiked through another meadow and off to the east stopped at Collins Creek pooled into a flat marsh area. We saw the water streaming toward a dead end pool where some of the water disappeared into a rock hole in the hillside. Dugald, our knowledgeable guide pointed to the fast moving corner of the pool, where the water entered the underground fissures created in the dissolved limestone bedrock.

We learned the water of Collins Creek did not appear again for another 400 meters. And so the group hiked the Rideau Trail across a couple of farm fields, and out to the roadway. We trekked north then turned west along another road to view the water of Collins Creek splash into our view out of the hillside and once again cross flat meadowland.

Boathouse storage fees are due April 1, 2006.

(SPECIAL THANKS...Continued from page 1)

Land Trust knew it would take a great deal of support from the community and the Land Trust received that support in an overwhelming display of generosity. In particular, the support from the Cataraqi Canoe Club members was greatly appreciated and unexpected. We are pleased that your members will be able to continue their trips to Rock Dunder knowing you helped us make it happen.

The Board of Directors and staff of the Rideau Waterway Land Trust would like to thank everyone for your assistance to this campaign and helping us (literally) go Over the Top for Rock Dunder.

CATARAQUI CANOE CLUB



Buy, sell, or swap used outdoor gear!!!

FOR SALE

- Wet suit (bib with full legs), Size Medium
- Spray skirt for kayak, Neoprene, Size Large

Call Debbie Twiddy: 374-1704

CHECK THE WEBSITE: WWW.CATARAQUICANOE.ON.CA

FOR FURTHER LISTINGS



CANOES, KAYAKS AND GEAR

*Canada's Best Prices and Selection
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GIANT SPRING SALE

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**Free Test Paddling Every Day
Rentals, Courses and Clinics**

1/2 hour north of Kingston on the water at the entrance to Frontenac Provincial Park, and 11 km north of Sydenham at 6674 Bedford Road

613-376-6220 www.frontenac-outfitters.com

CATARAQUI CANOE CLUB COURSES

At the Boathouse — 1 Cataraqi Street

Lead Instructor (ORCA Certified), Barry Irish

Call Barry 389-6334, Email irib@kingston.net

LEARN TO CANOE COURSE

***Tuesday & Thursday Evenings, 6:30-8:30 p.m.
May 9 to 25, 2006***

SKILLED INSTRUCTOR

\$20.00 Members

\$45.00 Nonmembers

CANOE SKILLS IMPROVEMENT COURSE

***Wednesday Evenings, 6:30 to 8:30 p.m.
May 31 to June 14, 2006***

\$15.00 Members

\$30.00 Nonmembers

LEARN TO KAYAK CLINIC

Details at Open House

PADDLING TECHNIQUES

EQUIPMENT CHOICES

WEATHER & SAFETY ASPECTS

\$5.00 Members

\$10.00 Nonmembers

FOR DETAILS – CALL CAROLYN BONTA – 531-4578

OR CALL THE CLUB HOTLINE – 544-8375

OR VISIT THE CLUB WEBSITE – www.cataraquicanoe.on.ca



**Ontario
Recreational
Canoeing
Association**

HISTORY OF WHITEWATER PADDLING ON THE LOWER SALMON RIVER

By Dugald Carmichael

A year ago I joined the Friends of Salmon River, and now I am helping to write a book about the Salmon Watershed, to be published this fall. Wanting to write a few paragraphs about paddling on the Salmon, I phoned Jim Moodie, a high-school friend of mine who lives in Peterborough. Way back in 1972, Jim had introduced me to the beautiful whitewater run between Roblin and Kingsford which is known to paddlers as the Lower Salmon. I was hoping Jim could help me find out when and by whom the Lower Salmon had first been paddled for fun.

One phone call led to others, and soon I was speaking with Jack Brown, a retired KCVI teacher who lives in Mallorytown. To my surprise and delight, Jack told me that he had been introduced to the Lower Salmon by two students of his named Ed and Dave Ferguson. Could this be the same Dave Ferguson with whom I have often paddled on CCC trips? Yes indeed!

Two more phone calls brought to light a wonderful story. In 1966, just after Ed Ferguson got his driver's licence, he and kid brother Dave paddled the Lower Salmon in a big heavy fibreglass canoe (which later took a beating on the Moira, the Mississippi, the Marble-Rock sluice gates on the Gananoque, etc). They were just out looking for excitement, with nobody to show them the way. Ed vividly remembers the apprehension of putting in again below Forest Mills with no idea what perils might be waiting in the unscoutable rapids flowing out of sight downstream.

So it looks as if a couple of adventurous teenage Fergusons started all the fun that snowballed to Jack Brown in 1968, Jim Walmsley, Jim Moodie, me in 1972, and dozens of Queen's geology students after that. Among many KCVI students introduced to whitewater by Jack Brown was Peter Milliken, Speaker of the House.

Besides Ed and Dave, the only other independent paddler of the Lower Salmon I have discovered is C.E.S. "Ned" Franks, well known to paddlers as author of *The Canoe and White Water* (1977).

Dr. Franks told me his first whitewater was on the Napanee in 1967. He liked it so much that he scouted

the Lower Salmon by maps and by road, and he paddled it with friends in the spring of 1968, not knowing if anybody else had ever done it. He went on to paddle many of Canada's wilderness rivers. Just last April a group of CCCers met him at the Roblin putin on the Lower Salmon.

And just this April 1st, 40 years after his pioneering paddle, once again Dave enjoyed the Lower Salmon, with Sharon in the bow of the club's big red Dumoine-16!



*Dave and Sharon on the Salmon River, April 2006 –
Photo by Dugald Carmichael*



272 Princess Street, Kingston, ON K7L 1B5-613-548-4767

Trailhead Features

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www.trailhead.ca

kingston@trailhead.ca

CATARAQUI CANOE CLUB

www.cataraquicanoe.on.ca

DID YOU FORGET?

Our records show that some of our members have not yet renewed their membership (expiry date is March 31). As we hope you want to continue your membership for the coming year, we are sending you the new edition of the newsletter. You can see that a full schedule of events has been planned for the summer. To keep your membership alive please fill out the enclosed membership form (see the back page) and return it with your cheque. Thanks.

CCC EQUIPMENT RENTAL POLICY

Use at the Boathouse: A member may borrow a canoe or kayak, together with paddles, lifejackets, and safety equipment, without cost when the boathouse is open if used only in the vicinity of the boathouse, and returned by the time the boathouse is closed. Posted Safety Rules and the direction of the Boathouse Officer must be followed. The use of equipment is restricted if it is needed for lessons or specially organized functions.

Club Trips: For a club sponsored trip, a member may rent a club-owned canoe for \$12.00 per day, or rent a kayak for \$10.00 per day. There is no charge for paddles, life jackets, kayak skirts, installed flotation, or required safety equipment. Members not renting a boat may rent paddles or lifejackets at a cost of \$1.00 each, per day. A member may rent equipment for the use of a non-member coming as a guest. *(Equipment may only be borrowed or rented in other circumstances with express permission from the Board.)*

Record Book, Payment: A member, who is renting equipment should complete an entry for all items in the record book maintained at the boathouse. Remember to account for each paddle, lifejacket, and safety kit. All rentals will be payable to the Cataraqui Canoe Club.

Care of Equipment: In renting equipment, the member agrees to exercise due care, and to repair or replace damaged or lost equipment.

**CATARAQUI CANOE CLUB
PADDLING FROM THE BOATHOUSE**

Members are invited to paddle from the boathouse throughout the summer at scheduled times. There is no charge. This is a terrific way to wind down after the workday, hone paddling skills, and try out club owned canoes and kayaks. Please remember to sign the waiver, and detail boat identity in the register. You are also asked to be familiar with posted: Paddling from the Boathouse Guidelines.

PADDLING SCHEDULE

MAY 10 – MAY 31 Paddle WEDNESDAY from 6-8 p.m.

JUNE 3 – AUGUST 26 Paddle SATURDAY from 2-5 p.m. We encourage members, especially those with families too young for day tripping, to enjoy summer Saturday afternoons on the river.

JUNE 1 – AUG. 31 Paddle TUESDAY & THURSDAY from 6-8 p.m.

SEPT 6 – SEPT 27 Paddle WEDNESDAY from 6 p.m. to dusk, depending on demand.

VOLUNTEERS KEEP THE CLUB AFLOAT

By Carolyn Bonta

The Cataraqui Canoe Club is a large club, and we're more than just paddling. Every weekend throughout the year, we offer at least one outing or activity, from trips to potlucks to slide shows to clinics and more. We are very lucky to be able to offer such a well-rounded schedule, and we owe it all to Club volunteers.

Our current volunteer roster is an enthusiastic bunch, but we are always looking for new faces with fresh ideas and experiences. Additional volunteers are always needed to alleviate the responsibilities of our regular volunteers by giving them a much-deserved break. Seasoned Club veterans would also be happy to team up with a new volunteer to plan an activity or co-lead a trip until the new volunteer feels comfortable on their own.

**PALMER RAPIDS WHITEWATER
FESTIVAL**

Friday-Sunday, May 19-21, 2006

A great opportunity to get some whitewater instruction

FESTIVAL REGISTRATION INCLUDES

- 2 nights camping at Paddler Co-op Boathouse
- Saturday night dinner and Sunday morning pancake breakfast
- Up to 4 whitewater canoe or kayak instructional clinics for beginner to advanced paddlers
- Vendor exhibits and canoe/kayak test paddling
- The best whitewater films from the Reel Paddling Film Fest
- Live band on Saturday night and more...

\$60.00 if you register by May 5, 2006

\$75.00 if you register after May 5, 2006

For more info visit www.rapidmedia.com, click on Palmerfest link

Note: Paddling equipment is not included in the registration fee. Rentals available from Paddler Co-op, at 613-758-2772.

Shuttles to the Upper and Lower Madawaska and the Opeongo will be available for an additional fee.

FOR DETAILS – CALL CATHY AT: 546-1017

The Club is involved in a range of activities to suit all interests. Do you have a favourite place to paddle, hike or ski? Why not lead a trip and share it with fellow members! Are you a strong paddler who enjoys teaching? Come help out with our courses and clinics! Do you like being front and centre at special events? We need you at the spring Leisure Show or at the K-Town Tri! Are you more comfortable behind the scenes? We are always looking for company for newsletter mail-outs or, consider joining the CCC Board! Do you have a special skill or certification that you would like to share with fellow members? Let us know what you have to offer!

To find out how you can lend your skills to the Cataraqui Canoe Club, please contact Carolyn Bonta at (613) 531-4578. And to all of our current volunteers: a great big THANK YOU!!



Great Gear

Expert Advice

Two Kingston Store Locations

- ♦ ***West End Kingston — 795 Gardiners Road***
- ♦ ***Downtown Kingston — 166 Wellington Street***

Free. Every Tuesday, starting May 30, 6:30 pm, we at the Peak do “demo” nights of our rental fleet at Rotary Park.

The Peak Experience features a special discount for Cataraqui Canoe Club members.

www.thepeakexperience.ca

Official Spring and Summer Schedule--2006, of the Cataraqui Canoe Club

Change in activity may be necessary due to weather or water conditions. Check with the trip leader.

IS THIS ACTIVITY RIGHT FOR ME? Is it within my limits of fitness and skill? Do I have the right clothing, footwear and equipment? What water, food and protectants should be included in my pack? What are the potential risks, and do I accept them? Is there a health problem that could affect my participation? Am I aware of strategies to minimise impact on the environment?

Your leader can help with these and other questions when you call, and at the same time describe the plan for the activity. Also, at the designated meeting place you will be required to read an outline of the activity and the anticipated risks, before signing a waiver. Good preparation and safety awareness on the part of each participant will make the trip less risky and more enjoyable for all.

There is a \$5 fee for non-members on paddling trips and overnight trips. Guests are welcome at no charge on non-paddling day trips.

MAY 14, Sun. MOTHER'S DAY FAMILY PADDLE. On the Napanee River north of Petworth, Debbie Twiddy will lead an easy and enjoyable paddle and will show us where to find delicious fiddleheads and wild leeks! Especially welcome are adventurous mothers with children. Call Debbie 374 1704.

Spring Water Levels Are Unpredictable... All Whitewater Events Are Subject To Change Or Cancellation.

MAY 20, Sat. UPPER SALMON WHITEWATER PADDLE. Between Sheffield Long and Beaver Lakes is a wild and wonderful 6 km of river. Short stretches of Class-3 whitewater can be portaged 350 m, but

Class-2 whitewater skills are needed. If the Salmon is too "bony" (low), this trip may be switched to the Lower Madawaska. Call Dugald Carmichael 542 8628.

MAY 27, Sat. TRAIL RUN. Come and enjoy a 5 to 10 km run at Little Cat Conservation Area. Distance and pace will be flexible; speed walkers and snail joggers are welcome. If conditions are wet or muddy, we shall move to the backroads or another location. Call Peter Kopp 546 9216.

GOT A GREAT PHOTO FROM A CATARAQUI CANOE TRIP!

Email the photo with a short description to the Newsletter Editor!

ccc.editor@sympatico.ca

MAY 28, Sun. ROCK DUNDER PADDLE AND POTLUCK AT SHANGRI-LA. Come and paddle a scenic stretch of the Rideau Canal, climb Rock Dunder for a stunning view, and return to Shangri-La by a different route for a potluck dinner. 8 km paddling and 1 km trail-walking (steep in places). Call Maureen Beamish 374 3449.



JUNE 3-4, Sat-Sun. HART LAKE CANOE-CAMPING. 40 km driving, 6 km paddling and 200 m

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portaging brings us to a secluded (and rustic) campsite on an undeveloped lake. A great way to relax, with options to explore Loughborough Creek and/or Crow Lake. Call Dukke van der Werf 384 6054.

JUNE 4, Sun. PADDLING CLINIC AT FRONTE-NAC PARK. Here is a good chance for rookies to learn from experienced paddlers, with all equipment provided by the club. Cost is \$15 plus parking fee. To register, call FPP headquarters 376 3489.

See your various resource people or trip leaders if you require clarification about trip needs, gear, and for any other questions or information you may need.

JUNE 11, Sun. PADDLE FROM THE BOAT-HOUSE. Carolyn Bonta will lead a leisurely paddle either upriver to Kingston Mills or downriver to Kingston Harbour, Fort Henry, Deadman's Bay and Cedar Island. Either trip will be about 12 km, with the choice depending on wind and weather. Call Carolyn 531 4578.



JUNE 17 Sat. MORTON TO LYNDHURST PADDLE. A scenic 18 km paddle on Morton Creek, Lower Beverley Lake and Lyndhurst Creek, with a

lunchtime visit to Delta. No portages, and the car shuttle is only 6 km. Call John Telgmann 531 5156.

JUNE 19-23, Mon.-Fri. RIDEAU CANAL PADDLE. Charlie Hannan is eager to continue (and maybe complete) his end-to-end paddle of this engineering marvel of the 1830's. Paddlers are invited to join him for all or any of five stages (18, 19, 22, 28 and 17 km) between Beveridge Locks and Dow's Lake, with overnight camping at Edmonds Lock, Merrickville Locks, Rideau River Provincial Park, and Long Island Lock. Call Charlie 536 1610 for details.

RENEW YOUR MEMBERSHIP TODAY!

Memberships expire March 31. Renew your membership with the form included in this newsletter or download it from the website.

www.cataraquicanoeclub.on.ca

JUNE 24, Sat. KILLINGBECK LAKE TO BLACK RAPIDS PADDLE. Ray Wilson is planning a new variation on one of his favorite themes. Where else can paddlers enjoy 15 scenic kilometers with a car shuttle less than 3 km? Two portages 360 and 480 m. Call Ray 382 7189.

JULY 1-2, Sat.-Sun. BEGINNERS' WHITEWATER CLINIC. Palmer Rapids has probably initiated (and baptized) more kayakers and canoeists than any other stretch of whitewater in Canada. For a modest fee, we camp right beside the rapids. Call Mark Hughes re kayaking 372 5989 or Ed Jezak re canoeing 389 4459.

**For Trip Schedule Updates...
Visit www.cataraquicanoe.on.ca or call the
hotline at 544-8375**

JULY 9, Sun. SHEFFIELD LONG LAKE TO HORSESHOE LAKE PADDLE. A 12 km paddle up the Salmon River, with red granite scenery and two good swimming holes. Some gentle current to negotiate, and one easy liftover near the outlet of Crotch

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Lake. The car shuttle is 14 km. Call Carolyn Bonta 531 4578.

JULY 11-14, Tues-Fri. DUMOINE RIVER WHITEWATER CANOE-CAMPING. A spectacular trip in the Laurentians for whitewater enthusiasts. Contact Peter Kopp 546 9216.

JULY 16, Sun. THIRD DEPOT LAKE TO FIRST DEPOT LAKE PADDLE. An enjoyable 8 km trip pioneered by Alan Nicholls. Includes 300 m portaging and 200 m fastwater in a rocky channel decorated with colorful plastic scrapings from previous trips. Not recommended for cedar or birch-bark canoes. Call Beth Orr 389 6362.

WEATHER OR WATER CONDITIONS MAY NECESSITATE ACTIVITY CHANGES. CHECK WITH THE TRIP LEADER.

JULY 23, Sun. LYNTHURST TO KILLINGBECK LAKE PADDLE. A vigorous 21 km paddle on five beautiful lakes, three of which are connected by Lyndhurst Creek. Two portages 480 and 360 m, with a car shuttle of 11 km. Call Bob Clooney 384 4482.



JULY 29, Sat. MELLON LAKE PADDLE. A 66 km drive and a 1 km paddle down Mellon Creek bring us to a deep secluded lake, which is 4 km long and has

only 15 cottages. About 9 km of its shoreline is crown land (part of a provincial conservation reserve). The surrounding granite ridges support rare species of cacti, warblers, and skink (a small lizard). Considering who is leading, there will probably be some optional scrambling up to scenic overlooks. Call Dugald Carmichael 542 8628.

Ample notice is required if you are looking for, or wish to be a paddling partner, and, or you would like to rent a boat. We suggest you call the trip leader at least a week in ad-

AUG 5, Sat. RIDEAU LAKES PADDLE. From Bedford Mills we paddle 12 picturesque kilometres through Loon, Pollywog, Mosquito and Benson Lakes, stopping on an island for lunch and a swim. No portaging; 3 km car shuttle. Call Janice Ley 542 9958.

EVERY ONE MUST BELIEVE IN SOMETHING

I BELIEVE I'LL GO CANOEING

— HENRY DAVID THOREAU —

AUG 8, Tues. SOUTH LAKE EVENING PADDLE. Weather permitting, Ray Wilson invites us to watch the sunset by canoe on South Lake (7 km N of Gananoque) and paddle back by the light of the full moon. Call Ray 382 7189.

When participating in the Cataraqui Canoe Club hikes, wear appropriate apparel and footwear for the conditions of the day.

AUG 12, Sat. CHARLESTON LAKE PADDLE, HIKE AND SWIM. After a 6 km paddle from Outlet

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to Huckleberry Hollow, we park the canoes, hike 2 km to the summit of Blue Mountain for lunch, and cool off with a refreshing swim on our way back. Call Ray Wilson 382 7189.

You may be a paddler if;

**You can't drive over a bridge without looking
for water under it.**

AUG 13, Sun. SCHEDULE-MAKING POTLUCK PARTY/BARBECUE on Collins Lake, hosted by Sheila and Ron Harding. For directions etc please call 353 2828. If you might like to lead an event this fall or winter but can't make it to the party, please call Dugald Carmichael 542 8628.

AUG 18-20, Fri.-Sun. QUINTE'S ISLE KAYAK-CAMPING. Sea-kayaking fun and relaxation around Quinte's Isle, with camping at Sandbanks. Explorations may include False Duck Island and Timber Island Nature Reserve. Arrive on Saturday or join us for a day trip. Call Margaret Wild 542 9626.

AUG 26, Sat. GANANOQUE PLAYHOUSE PADDLE. Once again Mary Jean McIntyre invites us to paddle among the Admiralty Islands, dock at the Gananoque Playhouse for a 1430 matinee performance (The Beggars' Opera), and then paddle back to our vehicles (2 km). Call Mary Jean 389 2942.

SEPT 3, Sun. BREWERS MILLS TO MORTON PADDLE. This scenic 17 km paddle includes an optional swim and a short trailwalk to a spectacular viewpoint atop Rock Dunder, 80 m above Morton Bay. Let's hope for our usual tailwind! Call Margaret Wild 542 9626.

SEPT 9-10, Sat-Sun. PUZZLE LAKE CANOE-CAMPING. Come explore several pristine lakes nestled between red granite ridges, with only 300 m of portaging and perhaps a few leftovers. This is the best season for spotting rare veggies such as toothcup and bear oak in this undeveloped provincial park. Carolyn Bonta is our expert guide. Call Carolyn 531 4578.

SEPT 16, Sat. FRONTENAC PADDLE-CHALLENGE. Can you paddle 12 km and portage 3,680 m in one day? Rejuvenating exercise and gorgeous scenery on six lakes in Frontenac Provincial Park. Call Ed Jezak 389 4459.

SEPT 22-24, Fri-Sun. SCHOONER LAKES CANOE-CAMPING. Come and enjoy a blissful paddle-camping weekend. Glorious lakes on crown land in the Madawaska Highlands, with plenty of creeks and crags to be explored! Participants can arrive either Friday or Saturday. Contact Mark Hughes 372 5989.



SONG: MY PADDLE SINGS

BY E. PAULINE JOHNSON

**August is laughing across the sky
Laughing while paddle, canoe and I,
Drift, drift,
Where the hills uplift
On either side of the current swift.**

**Be strong, O paddle!
Be brave, canoe!
The reckless waves
you must plunge into.
Reel, reel.
On your trembling keel,
But never a fear my
craft will feel.**

CATARAQUI CANOE CLUB MEMBERSHIP FORM

*Please mail this completed form with your check to:
Membership Secretary, Cataraqui Canoe Club of Kingston
P.O. Box 1882, Kingston, Ontario K7K 5J7*

Persons to be included in club membership. (Include only active participants. Date of birth required for those under 18):

Family Name	Fist Name(s)	Date of Birth
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Please tick appropriate boxes:

New Membership ☐ or Renewal of membership ☐

Single membership \$35 ☐ or Family membership \$60 ☐

Newsletters and other messages should be sent to:

Name _____ Address _____

City _____ Prov. _____ Postal code _____

Phone (home) _____ Phone (work)/(other) _____

E-mail address _____

Agreement:

Because of the risks of personal injury while taking part in canoeing and other activities of the club: I/we hereby release the Cataraqui Canoe Club of Kingston from all liability from these activities. We undertake to co-operate with the club in carrying out appropriate safety precautions and to abide with the club's safety rules.

This application is for club membership to March 31, 2005 next year. A check to cover the fee is attached.

Signature of applicant _____ ***Date*** _____

Second signature _____ ***Date*** _____

(Signature of parent or guardian required if applicant is under 18)