

Cataraqui Canoe Club

News

May 2008

COMMO- DORE'S NOTE – NEWS FROM THE BOARD

By Carolyn Bonta

After a couple of unpredictable, mild winters, we finally made it through a season where we didn't have to cancel any skiing or snow-shoeing trips! On top of that, our late fall and winter trips were very well attended. It's nice to see so many of you out and enjoying what each season has to offer.

It came to our attention last spring that the Club's trip waiver doesn't release the CCC of damage to Club boats while in members' care. This concern is now addressed in the Waiver of Liability Agreement on the reverse of the Activity Plan. The updated trip waiver form is available online at www.cataraquicanoe.on.ca/waiver.pdf – trip leaders, please use this new form.

A sure indication that spring is here is when the ice between rapids melts and our favourite waterways become navigable again. With whitewater canoeing becoming increasingly popular with beginners, the



The Great Blue Heron on a Lyndhurst Lake to Singleton Lake paddle – Photo Beverley Labrecque

Board thought it was time to invest in another boat for the Club. This spring, we will baptise our newest boat: a fully-outfitted Evergreen Starburst tandem whitewater canoe. The Club now offers members four whitewater canoes to rent for Club trips.

Every few years, we replace the locks on the boathouse. This year, we may install a combination key/punch code lock. The usual cast of characters would receive new keys upon payment of their boat storage

COMMODORE'S NOTE...(Continued on page 7)

CATARAQUI CANOE CLUB OPEN HOUSE

**At the Club Boathouse, 1 Cataraqui Street
Tuesday to Thursday, May 6-8, 2008, 6-8 pm**

We welcome the public and club members to this annual event, to meet others, to enjoy refreshments, to see demos by local outfitters, to sign up for canoe and kayak sessions, paddling instruction and techniques, and to plan great paddling trips.

Call Maureen 613-374-3449 for information.

Cataraqui Canoe Club

PO Box 1882

Kingston, Ontario K7L 5J7

Boathouse located on Orchard Street near the Woolen Mill

Call 613 544 8375, or view www.cataraquicanoe.on.ca for a current listing of up-coming trips and events.**Executive and Board of Directors 2007 – 2008**The Board can be reached at cataraqui_canoe_club@hotmail.com

Commodore	Carolyn Bonta	613-531-4578
Vice Commodore	Vacant	
Secretary	Rick Zamora	613-547-4186
Treasurer	John Telgmann	613-531-5156
Past Commodore	Ed Jezak	613-389-4459
Board of Directors	Maureen Beamish	613-374-3449
	Dugald Carmichael	613-542-8628
	Peter Hodgson	613-544-7944
	Phil Jacobi	613-389-1340
	Debbie Radloff-Gabriel	613-544-1222
	Jennifer Spencer	613-545-9109

Program Appointments

Newsletter Editor	Sharon Ferguson – 613-384-3044 – editorccc@yahoo.ca
Scheduling	Dugald Carmichael – 613-542-8628
Boathouse Manager/Assistant	Phil Jacobi – 613-389-1340/ Mark Hughes – 613-372-5989
Instruction	Peter Hodgson – 613-544-7944
Hiking	Gary Birrell – 613-389-5154/ Beth Orr – 613-389-6362
Skiing	Ed Jezak – 613-389-4459
Whitewater Canoeing/Kayaking	Dugald Carmichael – 613-542-8628/ Mark Hughes – 613-372-5989
Membership Secretary	Jennifer Spencer – 613-545-9109
Publicity	Margaret Wild – 613-542-9626
Coordinator of Volunteers	Debbie Radloff-Gabriel – 613-544-1222
Special Events	Maureen Beamish – 613-374-3449
Telephone Listings	Judy Skeggs – 613-374-3420
Webmaster/Assistant Webmaster	Alan Nicholls – 613-547-3781/ Ray Wilson – 613-382-7189 cccwebmaster@ca.inter.net

Newsletter Contributions Welcome!

Members of the Cataraqui Canoe Club (CCC) are invited to submit write-ups of their favorite CCC outings, outdoor adventures, or just about anything that would be of general interest to our members. If you have one or two pictures to accompany the article even better. Email the articles and pics to the News Editor at editorccc@yahoo.ca.

Has Your Address Changed?

Has your mailing or e-mail address changed? We want to stay in touch and make sure that you receive the newsletter. Please forward changes in mailing/email/phone number to the membership secretary at 613-545-9109; or to the club address above.

CCC EQUIPMENT RENTAL POLICY

Use at the Boathouse: A member may borrow a canoe or kayak together with paddles, lifejackets, and safety equipment — without cost when the boathouse is open if used only in the vicinity of the boathouse, and if returned by the time the boathouse is closed. Posted Safety Rules and the direction of the Boathouse Officer must be followed. Equipment use is restricted if needed for lessons or organized functions.

Club Trips: For a club sponsored trip, a member may rent a club-owned canoe for \$12.00 per day, or rent a kayak for \$10.00 per day. There is no charge for paddles, life jackets, kayak skirts, installed flotation, or required safety equipment. Members not renting a boat may rent paddles or lifejackets at a cost of \$1.00 each, per day. A member may rent equipment for the use of a non-member coming as a guest. *(Equipment may only be borrowed or rented otherwise with express permission from the Board.)*

Record Book, Payment: A member who rents equipment should complete an entry for all items in the record book at the boathouse. Remember to account for each paddle, lifejacket, and safety kit. All rentals will be payable to the Cataraqui Canoe Club.

Care of Equipment: In renting equipment, the member agrees to exercise due care, and to repair or re-

**CATARAQUI CANOE CLUB
PADDLING FROM THE BOATHOUSE**

Members are invited to paddle from the boathouse throughout the summer at scheduled times without charge. This is a terrific way to wind down after the workday, hone paddling skills, and try out club owned canoes and kayaks. Please sign the waiver, and detail boat identity in the register. You should be familiar with posted Boathouse Paddling Guidelines.

PADDLING SCHEDULE

MAY 14 – MAY 28 Paddle WEDNESDAY, 6-8 p.m.

JUNE 3 – AUGUST 27 Paddle SATURDAY, 2-5 p.m. We encourage members, and families with those too young for day tripping, to enjoy these afternoons.

JUNE 5 – AUG. 38 Paddle TUESDAY & THURSDAY, 6-8 p.m.

SEPT 3 – SEPT 24 Paddle WEDNESDAY 6 p.m. to dusk, depending on demand.

**CATARAQUI CANOE CLUB PADDLING
SESSIONS**

At the Boathouse — 1 Cataraqui Street

Lead Instructor (ORCKA Certified), Barry Irish

INTRODUCTION TO CANOEING

*Tuesday & Thursday Evenings, 6:30-8:30 p.m.
May 13 to 29, 2008*

\$20.00 Members

\$45.00 Nonmembers

CANOE SKILLS IMPROVEMENT

*Wednesday Evenings, 6:30 to 8:30 p.m.
June 4, 11, & 25, 2008*

\$15.00 Members

\$30.00 Nonmembers

KAYAK SKILLS IMPROVEMENT

Details at Open House

PADDLING TECHNIQUES

EQUIPMENT CHOICES

WEATHER & SAFETY ASPECTS

\$5.00 Members

\$10.00 Nonmembers

**FOR DETAILS – CALL PETER HODGSON – 613-544-7944
OR VISIT THE WEBSITE – www.cataraquicanoe.on.ca**

**OR DROP IN AT THE OPEN HOUSE, TUESDAY,
WEDNESDAY, THURSDAY, MAY 6-8, 2008**



**Ontario
Recreational
Canoeing
Association**

THE CATARAQUI CANOE CLUB – 1886-2008

By Margaret Wild from Research by Fred Johnson

Canoe Club members may be aware that early Canadian exploration was only possible on inland waterways paddled by canoe, and may not realise that the Cataraqui Canoe Club's roots go back to the 1880's.

Many early Canadians joined the American Canoe Association that was first established in 1880. Later, in 1886, in the city of Kingston, an 'association of gentlemen canoeists' emerged and called themselves the CATARAQUI CANOE CLUB.

By 1893, the club was strong enough to host the ACA's annual camp held at Brophy's Point, Wolfe Island. In 1896, Kingston's sailors formed a yacht club, and invited the CCC to join them in erecting a handsome new building. The canoeing fraternity thus became part of the Kingston Yacht Club. At the time of the formation of the Canadian Canoe Association, Kingston was then represented by a young lawyer, John Mowat (Mayor of Kingston, 1906-1907).

Active sports subsided during the war years, of 1914-1918. By 1936, the Cataraqui Canoe Club reappeared, represented by Gordon McMann and another prominent young lawyer named Henry Cartwright, on a leased Cataraqui River site owned and occupied by the HMS Cataraqui at the east side of the inner harbour. In 1938, the Canadian Championship Regatta was held in the inner harbour.

Affected by World War II, the club sold unused canoes to Gananoque. In the 1960's the Cataraqui Canoe Club again had a fleet with accommodation on the river. The Club moved, in 1974, to Lake Ontario Park and the CCC involved themselves in the 1976 Olympic Regatta. Eventually, the lake setting proved unsuitable, and the club's present building was erected on the Cataraqui River in 1980, as a joint project with the Kingston Rowing Club.

Increased river traffic, competition, (and weeds) inhibited racing on the river. In the late 1990's, race paddling enthusiasts from the Sydenham area requested a trial of the racing program on Sydenham Lake. This proved so successful that all racing boats (together with \$5,000 seed money), were deeded to a newly formed 'Sydenham Lake Club' in the millennium year.

The Cataraqui Canoe Club of Kingston now spans three centuries and recreational paddling continues to flourish. A fleet of club owned canoes and kayaks are in high demand to paddle from the boathouse (see page 3), and are available for use on numerous scheduled trips. Members can 'learn to canoe and kayak' with paddling sessions offered at beginner and intermediate levels (see page 3 of this issue for current, scheduled activities). Once local rivers and lakes are frozen, CCC members hike, skate, ski and party until spring thaw renews dreams of whitewater and paddling!



*A juvenile loon on Loughborough Lake without its final coat.
– Photo Beverley Labrecque*



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Kingston Location

West End Kingston — 795 Gardiners Road

The Peak Experience features a special discount for Cataraqui Canoe Club members

www.thepeakexperience.ca



The beach was tiny, sandy, shallow, clean, and the water was warm. A fantastic little beach on Loughborough Lake. – Photo from Beverley Labrecque



Lower Rock Lake's water is clean and clear. – Photo Beverley Labrecque

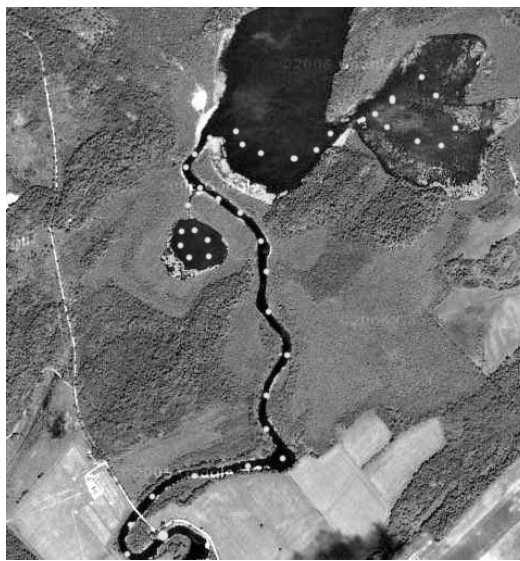
SHORT PADDLE TRIPS ON LAKES & RIVERS WITHIN JUST 30KM NORTH OF KINGSTON

By Beverley Labrecque



A summer paddle started out from Lyndhurst, where we paddled across the small lake, and then down the river to Singleton Lake

Take #15 to just before the Morton bridge and turn right on Briar Hill Road, left on Fortune Line Road, and left on Old Briar Hill Rd. At the sharp curve there is a putin spot at Morton Creek to paddle to Lower Beverly Lake and the little lake on the left and right



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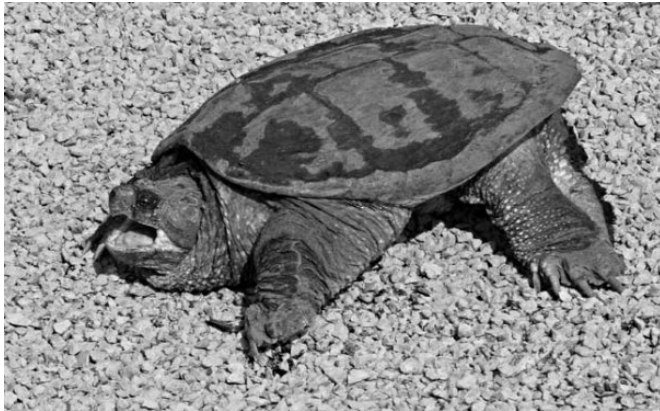


A paddle at Bedford Mills & Loon Lake.

THE RIDEAU, LOCAL LAKES AND STREAMS

By Beverly Labrecque

Our trips included these wonderful sightings and photo ops!



We had to stop for a huge snapping turtle who seemed a bit snappy as it was crossing the road near the shore of Loughborough Lake.



This Great Blue is enjoying her log.



Travelled down Morton Creek toward Morton. To put in we took #15 to just before the Morton bridge, turned right on Briar Hill Rd, left on Fortune Line Rd, and left on Old Briar Hill Rd. At the sharp curve there is a putin spot. We saw a number of Great Blue Herons and Kingfishers.



A mother with her goslings.



Found an Eyelash Lily in the lily pond.



On a very windy day we ended up in a cove next to the boathouse at the foot of Cataraqui Street and saw these little ducklings with their mother, and other ducklings resting on lily pads.

COMMODORE'S NOTE...(Continued from page 1)



*Early Morning light at
Bedford Mills. – Photo by
Beverley Labrecque*

dues; casual volunteers (instructors, Boathouse Duty staff, trip leaders) could be provided with a temporary punch code number that would be changed regularly.

Those who have not yet renewed their memberships may notice another change: we updated our membership forms this year to better track boat storage fees, and to further encourage volunteerism with the Club. Storage space at the boathouse is in demand, so either pay your dues or lose your spot! Also, please consider donating some of your time to the Club – volunteers are our most valuable asset, and we could never have too many of you.

Our annual Open House is fast approaching – May 6 to 8, from 6-8 pm – so mark it on your calendar and be sure to stop by and meet other members, check out our fleet of Club boats, sign up for courses, volunteer for Boathouse Duty, and learn more about what the Cataraqui Canoe Club has to offer. See you there!

Membership Fees and Boathouse Storage Fees are due April 1, 2008.

TRAILHEAD KINGSTON

272 Princess Street Kingston ON K7L 1B5 613 546 4757

Downtown Location

Paddling Cycling Trail Navigating

Trailhead Features

10% Discount to Cataraqui Canoe Club Members

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Tents, Gear, Clothing, Footwear**

*email: Info@trailheadkingston.ca
www.trailheadkingston.ca*



The stream area out of Lyndhurst Lake is quite rural as opposed to wild which is where we normally paddle. It is an old settlement with farms along the river. Notice the cows on the right.

– Photo by Beverley Labrecque

CATARAQUI TRAIL BIKE & HIKE Help Raise Funds for the Cataraqui Trail Saturday, September 27, 2008

**TO CHAFFEYS LOCK COMMUNITY HALL & RETURN
FREE LUNCH AND GREAT PRIZES
For Participants Donating \$25 or More**

CYCLE 60 km – Sydenham (beer store) Start 9:30 a.m.

CYCLE 37 km – Perth Road (near Leland Rd) Start 10:30 a.m.

CYCLE 33 km – Kin Park, Harlem Rd, Portland Start 9:30 a.m.

FAMILY CYCLE 17 km – Hwy #15 (E. Dwyer Rd) Start 11:00 a.m.

HIKE 17 km, (or 8 km) – Hwy #15 (E. Dwyer Rd) Start 10:30 a.m.

Register at the Start

Or Call 613-546-4228, ext. 304, or visit www.rideau-info.com/cattrail/

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YOUR PADDLING DREAMS COME TRUE

Official Spring and Summer Schedule--2008, of the Cataraqui Canoe Club

Change in activity may be necessary due to weather or water conditions. Check with the trip leader.

IS THIS ACTIVITY RIGHT FOR ME? Is it within my limits of fitness and skill? Do I have the right clothing, footwear and equipment? What water, food and protectants should be included in my pack? What are the potential risks, and do I accept them? Is there a health problem that could affect my participation? Am I aware of strategies to minimise impact on the environment?

Your leader can help with these and other questions when you call, and at the same time describe the plan for the activity. Also, at the designated meeting place you will be required to read an outline of the activity and the anticipated risks, before signing a waiver. Good preparation and safety awareness on the part of each participant will make the trip less risky and more enjoyable for all.

There is a \$5 fee for non-members on paddling trips and overnight trips. Guests are welcome at no charge on non-paddling day trips.

MAY 10, Sat. LITTLE CAT ORIENTEERING. Come and enjoy another fun day of map-reading and bush-navigating in Little Cataraqui Conservation Area. Orienteering stations will be set out in advance, and special orienteering maps will be provided. Novices are welcome. For details call Peter Kopp 546 9216.

MAY 11, Sun. MOTHER'S DAY FAMILY PADDLE. Once again Debbie Twiddy will lead this popular paddle, perhaps on the Napanee River or perhaps to somewhere new. In any event, wild leeks and/or fiddleheads are likely to be found! Call Debbie 374 1704.

MAY 17, Sat. MOIRA RIVER WHITEWATER. The Moira offers two whitewater runs, each about 4 kilometers long, with rapids ranging up to Class 3. This is a trip for intermediate paddlers with wetsuits or drysuits. Call Dugald Carmichael 542 8628.

GOT A GREAT PHOTO FROM A CATARAQUI CANOE TRIP?

Email the photo with a short description to the Newsletter Editor! Article submissions also welcome.

editorccc@yahoo.ca

MAY 25, Sun. ROCK DUNDER PADDLE AND POTLUCK. Come and paddle a scenic stretch of the Rideau Canal, climb Rock Dunder for a stunning view, and return by a different route for a potluck dinner. 8 km paddling and 1 km trail-walking (steep in places). Call Maureen Beamish 374 3449.



MAY 30-June 1, Fri-Sun. HART LAKE CANOE-CAMPING. 40 km driving, 6 km paddling and 200 m portaging brings us to a beautiful campsite on an undeveloped lake. A marvelous place to relax, with Loughborough Creek and/or

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Crow Lake waiting to be explored. Call Nancy Young 549 8856.

JUNE 8, Sun. DEPOT LAKES PADDLE.

Come and enjoy a "perfect summer paddle" (see Jo Matyas' article and pix in the January-2007 newsletter)! This 8 km trip includes three short portages and about 200 meters of fastwater. The car shuttle is 9 km. Call Beth Orr 389 6362.

See your various resource people or trip leaders if you require clarification about trip needs, gear, and for any other questions or information you may need.

JUNE 14, Sat. MELLON LAKE PADDLE. A short paddle down Mellon Creek brings us to a deep secluded lake, which is 4 km long and has only 15 cottages. Most of the shoreline is crown land (part of a provincial conservation reserve). Granite ridges near the lake are home to Ontario's only lizard, the five-lined skink. No portages, no shuttle. Options to swim and/or scramble up to a scenic overlook. Call Phil Jacobi 389 1340.



JUNE 22, Sun. UPPER SALMON RIVER PADDLE. From Highway #7 to Horseshoe Lake is a beautiful 12 km stretch of Salmon River, with 60 m of rock-fringed fastwater and a 40 m portage across the Trans-Canada Trail. The car shuttle is 10 km. Call Bob Clooney 384 4482.

JUNE 28 - 30, Sat Mon. BEGINNERS'

WHITEWATER PADDLING. Palmer Rapids on the Madawaska River has probably initiated (and baptized) more paddlers than any other stretch of whitewater in Canada. For a modest fee, we camp right beside the rapids. Call Ed Jezak 389 4459 re canoeing or Mark Hughes 372 5989 re kayaking.

JULY 5, Sat. ROCKPORT TO IVY LEA

PADDLE. Jim Lorimer invites us to paddle up the St. Lawrence River from Rockport to Smugglers Cove and Ivy Lea. After lunch on Ash Island, we shall paddle back to Rockport via Fiddler's Elbow and Lost Channel. Spectacular granite scenery and magnificent mansions! Call Jim 373 2847.

RENEW YOUR MEMBERSHIP TODAY!

Memberships expire March 31. Renew your membership with the form included on the back page of this newsletter or download it from the website.

www.catarauquicanooclub.on.ca

JULY 6-10, Sun-Thurs. DUMOINE WHITEWATER CANOE-CAMPING. Once again Peter Kopp will lead a fabulous trip down this "icon of whitewater rivers" (Hap Wilson 1993). Call Peter 546 9216.

JULY 12, Sat. THOUSAND ISLANDS SEAKAYAKING. Are you an experienced kayaker with proper safety equipment and a practical knowledge of rescue techniques? Join in the fun then of exploring some of the 1725 islands in the St. Lawrence River. Call Don 384 4346.

JULY 20 Sun. LYNTHURST TO KILLINGBECK LAKE PADDLE. A vigorous 21 km paddle on five scenic lakes, three of which are connected by Lyndhurst Creek. Two portages 480

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and 360 meters, with a car shuttle of 11 km. Call Bob Clooney 384 4482.

JULY 26, Sat. RIDEAU LAKES PADDLE.

Janice Ley invites us to paddle ~12 scenic kilometres through Loon, Pollywog, Mosquito and Benson Lakes, stopping on an island for lunch and a swim. No portaging; 3 km car shuttle. Call Janice 542 9958.

WEATHER OR WATER CONDITIONS MAY NECESSITATE ACTIVITY CHANGES. CHECK WITH THE TRIP LEADER.

AUG 2, Sat. MORTON TO LYNDHURST PADDLE.

A scenic 18 km paddle on Morton Creek, Lower Beverley Lake and Lyndhurst Creek, with a lunchtime visit to Delta. No portages and the shuttle is only 6 km. Available in Lyndhurst will be yummy burgers and ice cream! Call Ed Jezak 389 4459.



AUG 3, Sun. K-TOWN TRIATHLON. Capable paddlers (preferably kayakers) will be needed to monitor the swimmers, starting in front of City Hall at 0700 and finishing about 1000. To volunteer, call Runners' Choice 542 2410 or e mail mike@ktowntri.com. If you want to use one of the CCC's kayaks call Ed Jezak 389 4459.

AUG 6-10, Wed-Sun. BATISCAN WHITE-WATER CANOE-CAMPING. A first for CCC! This is a trip for experienced whitewater paddlers on a challenging river in Quebec, with access only by railway. For details call Peter Kopp 546 9216.

When participating in the Cataraqui Canoe Club hikes, wear appropriate apparel and footwear for the conditions of the day.

AUG 10, Sun. CHARLESTON LAKE PADDLE AND HIKE. Come and enjoy the fun Beth Orr has been planning in one of her favorite places. Call Beth 389 6362.

Trip leaders use the waiver found at:

www.cataraquicanoe.on.ca/waiver.pdf

AUG 15, Fri. SOUTH LAKE EVENING PADDLE. Again Ray Wilson invites us to paddle west on beautiful South Lake, enjoy the sunset, and find our way back by the light of a full moon. Call Ray 382 7189.

AUG 16, Sat. SCHEDULE MAKING POTLUCK PARTY. Beth and Dave Orr have kindly consented to be our hosts. For directions etc please call 389 6362. If you might like to lead an event this fall or winter but can't make it to the party, please call Dug Carmichael 542 8628.

AUG 17, Sun. DESERONTO TO PICTON PADDLE. Long Reach provides 22 kilometres of picturesque paddling on the Bay of Quinte. We shall be retracing part of a long canoe-trip made by Samuel de Champlain in September of 1615. Was Sam a paddler or was he merely a passenger?

(Continued on page 11)

(Continued from page 10)

To this intriguing question his journals provide no answer! The shuttle is 26 km. Call Jim Lorimer 373 2847.

AUG 30 - SEPT 1, Sat-Mon. THOUSAND ISLANDS KAYAK-CAMPING. Kayaking in style, perhaps near Grenadier Island or perhaps somewhere new, with overnight camping. Paddlers are welcome to arrive on Saturday or join us for a day trip. Call Margaret Wild 542 9626.

SEPT 6, Sat. BREWERS MILLS TO MORTON PADDLE. This scenic 17 km paddle includes an optional swim and a short trail-hike to a spectacular viewpoint atop Rock Dunder, 80 m above Morton Bay. The car shuttle is 20 km. Call John Telgmann 531 5156.

SEPT 14, Sun. SHEFFIELD LONG LAKE TO HORSESHOE LAKE PADDLE. An easy 12 km paddle up the beautiful Salmon River, "Jewel of Eastern Ontario". Skinks may be scurrying and stinkpots may be swimming! Some gentle current to negotiate, and a liftover at the outlet of Crotch Lake. The car shuttle is 14 km. Call Carolyn Bonta 531 4578.

THE SONG MY PADDLE SINGS

BY PAULINE JOHNSON

West wind, blow from your prairie nest,
Blow from the mountains, blow from the west.

The sail is idle, the sailor too;
O! wind of the west, we wait for you.
Blow, blow!

I have wooed you so,
But never a favour you bestow.
You rock your cradle the hills between,
But scorn to notice my white lateen.

I stow the sail, unship the mast:
I wooed you long but my wooing's past;
My paddle will lull you into rest.
O! drowsy wind of the drowsy west,

Sleep, sleep,
By your mountain steep,
Or down where the prairie grasses sweep!
Now fold in slumber your laggard wings,
For soft is the song my paddle sings.

August is laughing across the sky,
Laughing while paddle, canoe and I,
Drift, drift,
Where the hills uplift
On either side of the current swift.

The river rolls in its rocky bed;
My paddle is plying its way ahead;
Dip, dip,
While the waters flip
In foam as over their breast we slip.

And oh, the river runs swifter now;
The eddies circle about my bow.
Swirl, swirl!
How the ripples curl
In many a dangerous pool awirl!

And forward far the rapids roar,
Fretting their margin for evermore.
Dash, dash,
With a mighty crash,
They seethe, and boil, and bound, and splash.

Be strong, O paddle! be brave, canoe!
The reckless waves you must plunge into.
Reel, reel.

On your trembling keel,
But never a fear my craft will feel.

We've raced the rapid, we're far ahead!
The river slips through its silent bed.
Sway, sway,
As the bubbles spray
And fall in tinkling tunes away.

And up on the hills against the sky,
A fir tree rocking its lullaby,
Swings, swings,
Its emerald wings,
Swelling the song that my paddle sings.

CATARAQUI CANOE CLUB MEMBERSHIP FORM

Please mail this completed form with your check to:
Membership Secretary, Cataraqui Canoe Club of Kingston
P.O. Box 1882, Kingston, Ontario K7K 5J7

Persons to be included in a one year club membership. Include only active participants. Date of birth required for those under 18, and requested for others.

Family Name	First Name(s)	Date of Birth
_____	_____	_____
_____	_____	_____
_____	_____	_____

Please tick appropriate boxes:

New Membership ☐ or Membership Renewal ☐

Single membership \$35 ☐ or Family membership \$60 ☐ Boat Storage Fee Included \$ _____

Newsletters and other messages should be sent to:

Name _____ Address _____

City _____ Prov. _____ Postal code _____

Phone (home) _____ Phone (work) (other) _____

E-mail address _____ I prefer to receive newsletters electronically ☐

Volunteer of Services to the Club

I would like to volunteer and help the club with its activities ☐

☐ Leading trips/ instruction

☐ Boat house duty

☐ Behind the scenes, general assistance (mailings, etc.)

☐ Other (community and club special events, open house, leisure shows)

Agreement

Because of the risks of personal injury while taking part in canoeing and other activities of the club: I/we hereby release the Cataraqui Canoe Club of Kingston from all liability from these activities and undertake to co-operate with the club in carrying out appropriate safety precautions and to abide with the club's boathouse and safety rules.

This application is for club membership fees to March 31 next year.

A check to cover the fee(s) is attached.

Signature of applicant _____

Date _____

Second signature _____

Date _____

(Signature of parent or guardian required if applicant is under 18)