

# Cataraqui Canoe Club

## News

January 2010

### COMMODORE'S NOTE – BOARD NEWS

By Ed Jezak

As I am typing, light snow is falling. There is plenty of snow on the ground for skiing, and if this note is finished early enough, I shall grab my gear and go to Lemoine Point for an hour's ski. It will be an opportunity to test the ski's waxing, in preparation for tomorrow's club trip in the Massasauga area. First the driveway must be cleared, every silver lining has a cloud inside.

We had our Annual General Meeting in October 2009, and voted in a new Board. Those who missed the AGM can read the minutes on our website. The new Board has a few, rather old members. Four of us are former commodores. This is my third term; Carolyn had no choice but to leave the Commodore position, as the Club's Bylaws restrict the position to two consecutive terms. Dennis Burr and Mike Fisher held this position sometime before 1992 (my records only go that far). Harry Burgstaller held the treasurer's position, some time ago. Only Linda Whitfield and Jim Lorimer are new to the Board, and we need the *new blood*.

I currently also maintain our website, see [www.cataraquicanoe.on.ca](http://www.cataraquicanoe.on.ca). Alan Nicholls, who estab-

lished, designed, and maintained it for many years had to relinquish the position due to failing eyesight. Thank you, Alan for your much appreciated service to the club.

Presently, there is a concentration of too many duties in one person, me. If I become incapacitated, it would

create a problem. In any case, there should be at least two people capable of editing the site, in case one goes out of town for a lengthy vacation. The Commodore's job anybody can do, yet web maintenance requires a bit of expertise. As Alan designed it, it is not that hard to maintain, just do what he did;

only one needs to understand a little bit about web design and syntax to avoid making mistakes. So, this is an appeal for help.

We can use a new webmaster, an assistant or an understudy. It would be great to get the three. At the moment Gonny Moncour is assisting me. She often checks that any changes I make for the website have the desired appearance, and are free of obvious errors, only she does not feel competent to look at the source files. To volunteer, please feel free to contact any member of the Board, see page 2 in this newsletter for Board member information.



Charleston Lake Paddle, 2009 – Photo By Steve Manders, 2009

**Cataraqui Canoe Club**

PO Box 1882

Kingston, Ontario K7L 5J7

Boathouse located on Orchard Street near the Woolen Mill

Call 613 544 8375, or view [www.cataraquicanoe.on.ca](http://www.cataraquicanoe.on.ca), for a current listing of up-coming trips and events.The Board can be reached at [cataraqui\\_canoe\\_club@hotmail.com](mailto:cataraqui_canoe_club@hotmail.com).**Executive and Board of Directors 2009 – 2010**

<b>Commodore</b>	Ed Jezak	613-389-4459
<b>Vice Commodore</b>	Mike Fisher	613-547-5386
<b>Secretary</b>	Sue Lynch	613-631-4177
<b>Treasurer</b>	Harry Burgstaller	613-549-4382
<b>Past Commodore</b>	Carolyn Bonta	613-531-4578
<b>Board of Directors</b>	Dennis Burr	613-547-5738
	Phil Jacobi	613-389-1340
	Jim Lorimer	613-373-2847
	Debbie Twiddy	613-374-1704
	Linda Whitfield	613-546-1359

**Program Appointments**

<b>Newsletter Editor</b>	Sharon Ferguson – 613-384-3044 – <a href="mailto:editorcccnews@gmail.com">editorcccnews@gmail.com</a>
<b>Recreational Scheduling</b>	Mike Fisher – 613-547-5386
<b>Boathouse Manager</b>	Phil Jacobi – 613-389-1340
<b>Instruction</b>	Dennis Burr – 613-547-5738
<b>Hiking</b>	Gary Birrell – 613-389-5254, and Beth Orr – 613-389-6362
<b>Skiing</b>	Ed Jezak – 613-389-4459
<b>Whitewater Program</b>	Dugald Carmichael – 613-542-8628, and Mark Hughes – 613-372-5989
<b>Membership Secretary</b>	Debbie Twiddy – 613-374-1704
<b>Volunteer Coordinator</b>	Carolyn Bonta – 613-531-4578
<b>Publicity and Special Events</b>	Linda Whitfield – 613-546-1359
<b>Webmaster</b>	Ed Jezak – 613-389-4459

**Newsletter Contributions Welcome!**

Members of the Cataraqui Canoe Club (CCC) are invited to submit write-ups of their favorite CCC outings, outdoor adventure, or just about anything that would be of general interest to our members. If you have one or two pictures to accompany the article even better. Email the articles and pix to the News Editor at [editorcccnews@gmail.com](mailto:editorcccnews@gmail.com).

**Has Your Address Changed?**

Has your mailing or e-mail address changed? We want to stay in touch with you and make sure that you receive the newsletter. Please forward changes in mailing/email/phone number to the membership secretary at 613-374-1704, or to the club address above.

## CHARLESTON LAKE

By Steve Manders

Everyone in our September, Cataraqui Canoe Club outing was promised spectacular views of cliffs, sheltered waters, and a maze of picturesque islands. It was delivered in spades. The skies cleared just as we arrived at the launch point at the Ministry of Natural Resources (MNR) dock in Charleston. Located at the north end of Charleston Lake, the charming little village of Charleston is worth seeing for it's own sake.

We had 12 boats and 15 paddlers. The sky remained sunny all day and the winds were light. The water was exceedingly clear and the trees were approaching peak fall colours. We paddled from the village of Charleston along the cliffs on the north west side, south past Tallow bay to enter Donaldson Bay on the extreme west end. It is bordered by more high cliffs along it's length. The 1/2 mile portage to Red Horse Lake was pointed out. This is part of the canoe route from the boat launching ramp at Charleston Lake to the Visitor Center at Frontenac Park. We lunched on a small island at the north end of Donaldson Bay, then paddled

back past Tallow Bay and north through a maze of islands. We covered a total of 17 kilometres.



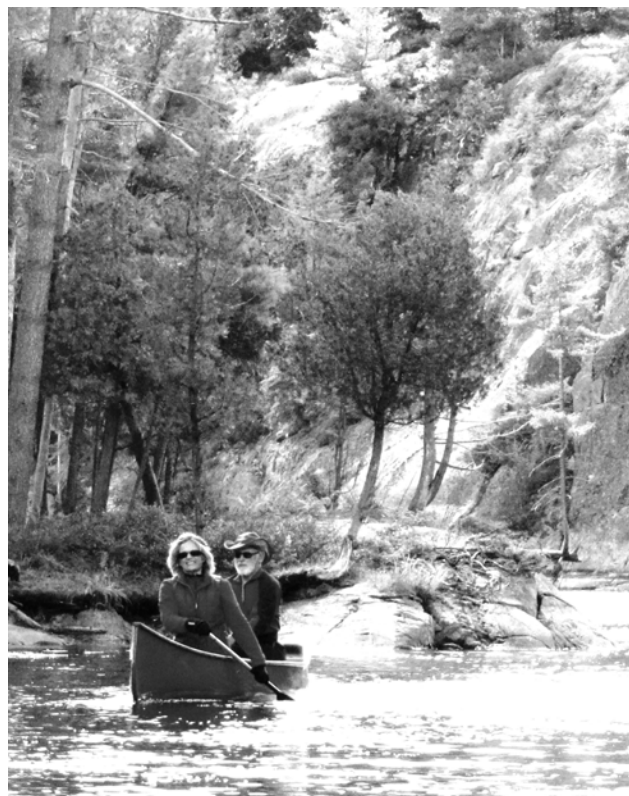
*Launching the Boats in Charleston Village— Photos on this page, by Steve Manders , 2009*

On the drive home, we stopped at Lyndhurst for ice cream and hot chocolate by one of the oldest and most beautiful bridges in Ontario.

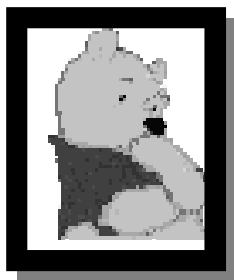
Everyone present agreed that it was one of the best canoe trips of the year and should be repeated again.

To follow the route we took to Charleston, drive north on Highway 15, then at 5 kilometres past Seeleys

Bay, take the Lyndhurst Road northeast through Lyndhurst, turn right on the Lower Oak Leaf Road and drive to the end. The road will "T", keep bearing right to the public dock in the village. You won't see a road sign pointing to Charleston.



## POOH'S ADVICE FOR PORTAGES



"I think," said Christopher Robin, "that we ought to eat all our provisions now, so we won't have as much to carry." A. A. Milne

## TRAILHEAD KINGSTON

**272 Princess Street Kingston ON K7L 1W5 613 546 4757**

**Downtown Location**  
**Paddling Cycling Trail Navigating**

### Trailhead Features

*10% Discount To Cataraqi Canoe Club Members On All  
Regular Priced Items (Boats Not Included)  
For The Month of October We Are Offering Members 20% Off  
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**Kingston 613-376-6220**

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## INTERESTED IN A ONE WEEK CAMPOUT IN KILLARNEY PROVINCIAL PARK? *By Steve Manders*

**W**ould you enjoy a week long campout in Killarney Provincial Park, where the Group of Seven did a lot of their paintings? This is an exceedingly popular location with limited spaces available and needs to be booked as early as possible.

I can reserve a camp site on a given lake on a certain day, but not a specific site. They are limited to 9 people per site, but that is also variable, and depends on the number of tents too. Camp sites cannot be reserved more than 5 months in advance, and will go almost immediately. I am planning for the first full week after Labour Day. Crowds are down, bugs are gone, weather is generally good and the days are still long. What I need is an expression of interest in this trip so that I can make plans — which must be finalized by April 1, 2010. Many club members have already done this trip. You will need a light canoe which is easy to portage. We will not be running white water. Canoes can be rented on site too. There is a full day of driving each way to the park. If enough people want to go, we may be able to reserve two sites on each lake, or on adjacent lakes.

**Contact Steve at 613-542-1054, or e-mail at  
*manderssteve@yahoo.com***



**Great Gear, Expert Advice, Discounts For Hiking,  
Camping, Skiing, Paddling**

### West End Kingston

**795 Gardiners Road**  
**Tel: 613-384-2002**

**The Peak Experience features a special discount for Cataraqi Canoe Club members**

*www.thepeakexperience.ca*

***Official Winter Schedule for 2010, of the Cataraqui Canoe Club***

Change in activity may be necessary due to weather or water conditions. Check with the trip leader. Changes with enough lead time will be posted on the website version of the schedule: <http://www.cataraquicanoe.on.ca/events.html>.

**IS THIS ACTIVITY RIGHT FOR ME?** Is it within my limits of fitness and skill? Do I have the right clothing, footwear and equipment? What water, food and protectants should be included in my pack? What are the potential risks, and do I accept them? Is there a health problem that could affect my participation? Am I aware of strategies to minimise impact on the environment?

Your leader can help with these and other questions when you call, and at the same time describe the plan for the activity. Also, at the designated meeting place you will be required to read an outline of the activity and the anticipated risks, before signing a waiver. Good preparation and safety awareness on the part of each participant makes a trip less risky and more enjoyable for all.

There is a \$5 fee for non-members on paddling trips and overnight trips. Guests are welcome at no charge on non-paddling day trips.

**Sat Jan 30 GOULD LAKE SNOWSHOE**

Enjoy the pleasant surroundings of this local area – on and off trail. Snowshoes may be rented from Trailhead (see the ad in this newsletter). Contact Jim at 613-373-2847.

**Sat Feb 6 FRONTENAC SWAMP HOP (snowshoe, ski or hike).**

Once again, Eric Usherwood and Janice Ley will break trail for us on snowy granite ridges and frozen ponds in beautiful Frontenac Park, starting and ending at the Trail Centre. Selection of equipment for hop-

ping will depend on conditions. Call Janice 613 542 9958.

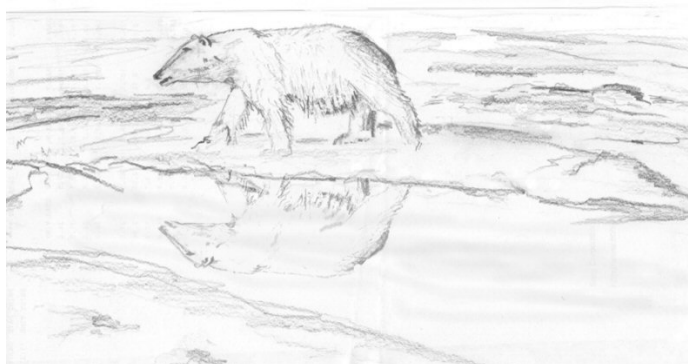
**Sat Feb 13 8-10pm WINTER POOL SESSION** Come and enjoy tuning up our whitewater skills in kayaks or canoes in the comfort of a warm swimming pool with no danger from rocks or strainers. No certified teaching, yet friendly and helpful advice will be available from experienced spring paddlers. For details call Mark Hughes 613 372 5989.

**When participating in the Cataraqui Canoe Club Outings, wear appropriate apparel and footwear for the conditions of the day.**

**Sun Feb 14 SKI GATINEAU PARK** Beautiful winter scenes northwest of the capital area, welcome beginners and experienced skiers alike. White Tail Deer and the loud ringing calls of the Pileated Woodpecker abound. Contact Ed at 613 389 4459.

**Sat Feb 20/Sun Feb 21 SILENT LAKE CROSS COUNTRY SKI OR SNOWSHOE**

Meet together in the early morning to cross country ski or snowshoe in Silent Lake Provincial Park. Stay overnight in the Best Western Sword Inn, in Bancroft, which features a pool, and a hot tub. (There is a reduced rate for six or more rooms). Sunday the group will then travel to ski at the Kawartha Nordic Ski Club, before returning home. In the event that there is insufficient snow, a local activity will be offered for the Sunday. Call Margaret or Robert 613 542 9626.



Arctic Bear — Art by Debbie Twiddy

*(Continued from page 5)*

**Sat Feb 27 TORONTO OUTDOOR ADVENTURE SHOW** Jim is proposing a trip to the Toronto Outdoor Adventure Show. Scope the latest canoe/kayak equipment, watch canoe/kayak demos in the interactive heated pool, size up the camping showcase, get travel adventure ideas, and more. Those interested should contact Jim at 613-373-2847.

**Sun Feb 28 CROSS COUNTRY SKI** Conditions permitting, the club plans an intermediate XC-ski near the Salmon River north of Tamworth. Enjoy scenic terrain, partly on ungroomed trails and partly bushwhacking. Call Dugald 613 542 8628.

**Sun Mar 7  
OPINICON SKI**

Come explore scenic trails and frozen ponds. Some bushwhacking may be necessary. Call Dukke at 613 384 6054.

**CONTRIBUTE YOUR PHOTOS WITH A SHORT DESCRIPTION, OR AN ARTICLE AND PICS, TO THE CCC NEWSLETTER**

Email the Editor  
[editorcccnews@gmail.com](mailto:editorcccnews@gmail.com)

**Sat Mar 13/Sun Mar 14 CROSS COUNTRY SKI** Steve leads a cross country ski trip on Loughborough Lake, starting at Battersea and looping around the main part of the lake through the many islands there. We look forward to solid ice conditions. He will keep the trip to about 10 km and skip the north end of the lake, to keep it

manageable for most members. This is a very scenic and easy trip, without hills, or rocks to navigate. You'll lunch on one of the picnic islands or go to the restaurant in Battersea for a coffee or beer after the trip. Members, who have tried this trip, may want to return another day and go all the way to the north end and return, a good 22 km trip. Contact Steve 613 542 1054.



Deer — Art by Debbie Twiddy

**Sun Mar 21 CHARLESTON LAKE SKI** Charleston Lake Provincial Park offers a picturesque 12 km loop -trail with mostly easy slopes. One steep slope will be scouted, with the option to portage our skis. Call Beth Orr 613 389 6362.

**Sat Mar 27  
SCHEDULE  
PLANNING  
MEETING AND**

**POTLUCK DINNER** Our social host is Barry — it's a pot luck (byob). Contact Barry at 613 389-6334, or 613 539 4864.

The Meeting is preceded by a hike at Parrots Bay Conservation Area for those who wish to generate a hearty appetite. Contact Susan at 613 542 6146.

**Sat Apr 3/Sun Apr 4 EASTER WEEKEND** No planned activity.

**Sat Apr 10 MYSTERY HIKE OR PADDLE** Depending on the weather conditions the club will hike or paddle. Contact Don at 613 384 4346.

**Trip Leaders use the waiver found at:**  
[www.cataraquicanoe.on.ca/waiver.pdf](http://www.cataraquicanoe.on.ca/waiver.pdf)

*(Continued from page 6)*

**Sat Apr 17 MASSASSAUGA CREEK PADDLE AND HIKE** Once again Janice Ley and Eric Usherwood will lead this enjoyable 12 km paddle up and down a gently flowing creek. Optional adventures will be one or more short hikes to special places of interest. Entertainment may include a chance to watch Eric cross the creek using his cable-mounted breeches buoy. Call Janice at 613 542 9958.



Mink — Photo Submitted by Debbie Twiddy

to be decided), on a quiet river backwater or swamp for a maximum of 3-4 hours. If the fiddleheads or wild leeks are up and abundant, we may

stop to pick a few. Be prepared to get your feet wet or muddy, and there is the possibility of lift-overs. Bring insect repellent if conditions warrant it. The water temperature may still be cold. Call well in advance,

Deborah Twiddy 613 374 1704.

**Sun Apr 25 NAPANEE RIVER PADDLE** Beginning at Yarker the participants will enjoy a gentle introduction to whitewater for beginners. Contact Bob Clooney 613 384 4482.

**Sat May 15 JONES CREEK EXPLORATION PADDLE** For the beginner, with the longing to "be lost". Contact Ray Wilson 613 382 7189.

**FOR TRIP SCHEDULE UPDATES**

**VISIT [www.cataraquicanoe.on.ca](http://www.cataraquicanoe.on.ca),**

**Or Call 613 544 8375**

**Sun May 2 PADDLE FROM VERONA TO COLEBROOK WITH BOB** Paddle with the current from Verona to Colebrook down the Napanee River. Contact Bob Clooney at 613 384 4482.

**Sun May 9 MOTHER'S DAY PADDLE** Bring your mother, your daughter or son. You can even bring your kid-sister if she'll get into a canoe with you! We will canoe a local waterway (location yet

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## **MARSHLANDS**

**BY PAULINE JOHNSON**

A thin wet sky, that yellows at the rim,  
And meets with sun-lost lip the marsh's brim.

The pools low lying, dank with moss and mould,  
Glint through their mildews like large cups of gold.

Among the wild rice in the still lagoon,  
In monotone the lizard shrills his tune.

The wild goose, homing, seeks a sheltering,  
Where rushes grow, and oozing lichens cling.

Late cranes with heavy wing, and lazy flight,  
Sail up the silence with the nearing night.

And like a spirit, swathed in some soft veil,  
Steals twilight and its shadows o'er the swale.

**Membership and Boathouse Storage Fees**

**— due April 1, 2010.**

**See Page 8, for Renewal Form**

**CATARAQUI CANOE CLUB MEMBERSHIP FORM**

Please mail this completed form with your check to:  
Membership Secretary, Cataraqui Canoe Club of Kingston  
P.O. Box 1882, Kingston, Ontario K7K 5J7

Persons to be included in a club membership, ending March 31, 2011. Include only active participants. Date of birth required for those under 18, and requested for others.

Family Name	First Name(s)	Date of Birth
_____	_____	_____
_____	_____	_____
_____	_____	_____

Please tick appropriate boxes:

New Membership ☐ or Membership Renewal ☐

Single membership \$35 ☐ or Family membership \$60 ☐ Boat Storage Fee Included \$ \_\_\_\_\_

**Newsletters and other messages should be sent to:**

Name \_\_\_\_\_ Address \_\_\_\_\_

City \_\_\_\_\_ Prov. \_\_\_\_\_ Postal code \_\_\_\_\_

Phone (home) \_\_\_\_\_ Phone (work) (other) \_\_\_\_\_

E-mail address \_\_\_\_\_ I prefer to receive newsletters electronically ☐

**Volunteer of Services to the Club**

I would like to volunteer and help the club with its activities ☐

☐ Leading trips/ instruction

☐ Boat house duty

☐ Behind the scenes, general assistance (mailings, etc.)

☐ Other (i.e., community and club special events, open house, leisure shows...)

**Agreement**

Because of the risks of personal injury while taking part in canoeing and other activities of the club: I/we hereby release the Cataraqui Canoe Club of Kingston from all liability from these activities and undertake to co-operate with the club in carrying out appropriate safety precautions and to abide with the club's boathouse and safety rules.

**This application is for club membership fees to March 31, 2011.**

A check to cover the fee(s) is attached.

**Signature of applicant** \_\_\_\_\_

**Date** \_\_\_\_\_

**Second signature** \_\_\_\_\_

**Date** \_\_\_\_\_

(Signature of parent or guardian required if applicant is under 18)