



Cataraqui Canoe Club

News

September 2010

COMMODORE'S NOTE – BOARD NEWS

By Ed Jezak

Summer shadows disappear, fall leaves are changing, a good time for paddling, yet a bit cool for swimming.

We had a few problems with Paddling from the Boathouse this summer. On three occasions no volunteer appeared to open the boathouse, as scheduled. In the first case, two members familiar with the procedure, opened the boathouse one-half hour late, and shared the supervision duties. On the remaining two dates we were

not so lucky. On one of those I was the scheduled volunteer. My somewhat weak explanation; the week before I was preoccupied with preparations for the Palmer Rapids trip on the weekend, the scheduled date was July 1, and the printed calendar page, with my commitments, on my desk was still for June. All I can do is apologize to those of you who were inconvenienced. We try hard, but sometimes things still go badly.

Eastern Ontario White Water Rivers, by Albert Angenent is now available to members, and others. You can purchase either the printed version or a PDF file on

a CD for \$25.00. Contact any Board member if you want a copy. You may also purchase the book, at Trailhead, in Kingston. Local libraries will also have copies. The CD's will be available by the time you read this — I promised to produce them, only I have yet to learn how to print the covers.

The club received \$200 of donations, in memory of

Gaetan Lesard. The Board is trying to determine a suitable memorial for the money. We welcome suggestions.

Please note, that in a case of discrepancy in information between the newsletter and our website, **the website governs**. Once the *Cataraqui Canoe Club News* is printed, no

changes can be made. The copy on the website cannot be edited. We correct or update the website, as soon as a change in a scheduled event is required, or if other information changes. Some notices of special interest to members appear occasionally, and only on the website.

Our Annual General Meeting is Tuesday, October 12, 7:00 p.m., at Ongwanada Auditorium, on Portsmouth Avenue. Please be sure to be there. We need a quorum to make it official. Come enjoy your fellow paddlers and make your views known. See you there.



Janice prepares a spring barbeque — Photo by Steve Manders, 2010

Cataraqi Canoe Club**PO Box 1882****Kingston, Ontario K7L 5J7****Boathouse located on Orchard Street near the Woolen Mill****Call 613 544 8375, or view www.cataraquicanoe.on.ca, for a current listing of up-coming trips and events.****The Board can be reached at cataraqui_canoe_club@hotmail.com.****Executive and Board of Directors 2009 – 2010**

Commodore	Ed Jezak	613-389-4459
Vice Commodore	Mike Fisher	613-547-5386
Secretary	Sue Lynch	613-634-4177
Treasurer	Harry Burgstaller	613-549-4832
Past Commodore	Carolyn Bonta	613-531-4578
Board of Directors	Dennis Burr	613-547-5738
	Phil Jacobi	613-389-1340
	Jim Lorimer	613-373-2847
	Debbie Twiddy	613-374-1704
	Linda Whitfield	613-546-1359

Program Appointments

Newsletter Editor	Sharon Ferguson – 613-384-3044 – editorcccnews@gmail.com
Recreational Scheduling	Mike Fisher – 613-547-5386
Boathouse Manager	Phil Jacobi – 613-389-1340
Instruction	Dennis Burr – 613-547-5738
Hiking	Gary Birrell – 613-389-5254, and Beth Orr – 613-389-6362
Skiing	Ed Jezak – 613-389-4459
Whitewater Program	Dugald Carmichael – 613-542-8628, and Mark Hughes – 613-372-5989
Membership Secretary	Debbie Twiddy – 613-374-1704
Volunteer Coordinator	Jim Lorimer – 613-373-2847
Publicity and Special Events	Linda Whitfield – 613-546-1359
Webmaster	Ed Jezak – 613-389-4459

Newsletter Contributions Welcome!

Members of the Cataraqi Canoe Club (CCC) are invited to submit write-ups of their favorite CCC outings, outdoor adventure, or just about anything that would be of general interest to our members. If you have one or two pictures to accompany the article even better. Email the articles and pix to the News Editor at editorcccnews@gmail.com.

Has Your Address Changed?

Has your mailing or e-mail address changed? We want to stay in touch with you and make sure that you receive the newsletter. Please forward changes in mailing/email/phone number to the membership secretary at 613-374-1704, or to the club address above.



*Fellow paddlers enjoy a shady tree at Janice's barbeque
— Photo by Steve Manders, 2010*

SEA KAYAK STROKE IMPROVEMENT COURSE

By Steve Manders

Saturday, July 17, a total of 19 boats set out from our Bedford Mills launch site and paddled, as promised through Loon Lake, Bedore's Creek, Steven's Creek, Mosquito Lake and Benson Lake.

At Mosquito Lake we stopped for a fine swim, without mosquitos. After a time, we launched our boats, and paddled into Benson Lake, to dock for a barbeque at Janice Ley's farm property.

We enjoyed a strong tail wind, which sped our paddle through Loon Lake, and light winds refreshed our swim and the barbeque. We faced very strong head winds on the way back, yet avoided the violent thunderstorm that swept the area shortly after we got home.

Thanks again, to our hostess and trip leader, Janice, for a great day out.

CATARAQUI CANOE CLUB PADDLING FROM THE BOATHOUSE

Members are invited to paddle from the boathouse throughout the summer at scheduled times, without charge. This is a terrific way to wind down after the workday, hone paddling skills, and try out club owned canoes and kayaks. Please sign the waiver, and detail boat identity in the register. You should be familiar with posted, *Boathouse Paddling Guidelines*.

PADDLING SCHEDULE

Saturday Afternoons, September 4 to September 25, 2 - 5 p.m.

Wednesday Evenings, September 1 to September 29, 6 p.m. to dusk.



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IN MEMORIAM—ALBERT ANGENENT

It is with regret that we mark the passing of a fellow paddler, Albert Angenent, who died in June 2010 after a courageous 10-year battle with cancer.

He was a generous supporter of the canoe club in many capacities, serving as commodore, educator, guide, canoe-builder-repairer, and writer.

He has given the publishing rights to his book, *Eastern Ontario White Water Rivers* to the Cataraqui Canoe Club. We have just completed a print run and plan to donate several copies of the book to the local branches of the public library, in his memory. Other copies of the book are available for sale to interested purchasers.

His love of white water, and the local rivers will live on after him, as will our memories of a creative and spirited man.

EASTERN ONTARIO WHITE WATER RIVERS

Book by Albert Angenent

The canoe club is happy to offer Albert Angenent's book, *Eastern Ontario White Water Rivers*, to all interested buyers.

Albert Angenent canoed the many rivers described in the book and took meticulous notes for more than twenty years. A skilled paddler and fine craftsman, he built his own canoes and the finely-tuned paddles that propelled them.

As a member of the Cataraqui Canoe Club of Kingston, Albert served in the past as trip-leader, instructor, guide, board member, and Commodore. Members, who paddled with Albert may recognize themselves in the illustrations that embellish the pages of this book.

Albert generously and exclusively gave the publishing rights for his book, *Eastern Ontario White Water Rivers*, to the Cataraqui Canoe Club of Kingston.

We are happy to announce the book is available to purchase in hard-copy, or in PDF format. The price is \$25.00.

You may speak with any board member, as listed on page 2 in this newsletter, if you are interested in purchasing the book. It is also for sale at Trailhead, in downtown Kingston.

*Calm waters and a beautiful day heading out to Benson Lake —
Photo Steve Manders*



MADAWASKA RIVER MEMORIES

By Steve Manders

John and Dugald played the whitewater, low for the time of year.



Dugald Carmichael, geologist, and John Telgeman view pillow lava, formed underwater by a volcano, as still occurs in Hawaii today. The rock is 1.2 billion years old.



Beth paddled her new banana kayak, going over the boat's first falls on the lower Madawaska River.



We enjoyed a great time on the Lower Madawaska River, Sunday, May 30 this year, in 4 boats, with 5 paddlers, it was really an excellent day to be on the water.

Twenty four boats were on the river that day. It was mostly sunny and warm, with light winds and low water, just enough water to float the whole length, and have fun. We thought, that if it didn't rain in the next few weeks, we might try to ride our mountain bikes down the river.

Beth launched her new rodeo boat with great success. John just seem to attract all the camera time. He even tried to recover an aluminum canoe, which it turned out, sunk and got stuck earlier that day. We liked our paddle party, no one dumped, yet, some had a good swim anyway.

Under the tutelage of our fellow paddler and geologist, Dug, just south of Cloyne we examined pillow lava formed under water, 1.2 billion years ago .

TRAILHEAD KINGSTON

272 Princess Street Kingston ON K7L 1W5 613 546 4757

Downtown Location

Paddling Cycling Trail Navigating

Trailhead Features

Kayaks, Canoes,
Tents, Gear, Clothing, Footwear

trailheadkingston.ca
info@trailheadkingston.ca

The Canadian Canoe Museum —Peterborough , Ontario
www.canoemuseum.net



Official Fall/Winter Schedule for 2010/ 2011 of the Cataraqui Canoe Club

Change in activity may be necessary due to weather or water conditions. Check with the trip leader. Changes with enough lead time will be posted on the website version of the schedule: <http://www.cataraquicanoe.on.ca/events.html>.

IS THIS ACTIVITY RIGHT FOR ME? Is it within my limits of fitness and skill? Do I have the right clothing, footwear and equipment? What water, food and protectants should be included in my pack? What are the potential risks, and do I accept them? Is there a health problem that could affect my participation? Am I aware of strategies to minimise impact on the environment?

Your leader can help with these and other questions when you call, and at the same time describe the plan for the activity. Also, at the designated meeting place you will be required to read an outline of the activity and the anticipated risks, before signing a waiver. Good preparation and safety awareness on the part of each participant makes a trip less risky and more enjoyable for all.

There is a \$5 fee for non-members on paddling trips and overnight trips. Guests are welcome at no charge on non-paddling day trips.

SAT OCT 2 CHARLESTON LAKE AND BLUE MOUNTAIN Share with your fellow paddlers, all the spectacular scenery along the pathway, and enjoy radiant fall colors. Then leave your canoe and hike to the top of Blue Mountain



for what must be one of the best viewpoints in our region. Call Ed at 613 389 4459.

SAT OCT 9 FRONTENAC CHALLENGE Be prepared for an arduous paddle around the inner circuit of lakes in Frontenac Park, which includes several portages. This is a trip for fit, determined paddlers. Call Mike 613 547 5386.

GOT A GREAT PHOTO FROM A CATARAQUI CANOE CLUB TRIP?

Email your high resolution photos along with a description, or an article, to the Editor.

editorcccnews@gmail.com

TUES OCT 12, 7 P.M. ANNUAL GENERAL MEETING, ONGWANADA AUDITORIUM, PORTSMOUTH This is a good chance to meet other paddlers, tell stories of our paddling adventures, and learn more about the business of the club. We start the evening with reviewing the business of the club, and it is your opportunity to elect the next CCC Executive. See you at the AGM.

Ample notice is required if you are looking for, or wish to be a paddling partner, and, or, you would like to rent a boat. We suggest you call the trip leader at least a week in advance.

SAT OCT 16 (RAIN DATE SUN OCT 17) FRONTENAC CHALLENGE Slide Lake Loop accessed by boat. With 21 km of rugged terrain, Slide Lake is the longest hike in the 'Challenge'. We meet early morning for breakfast, then drive to put in on Devil Lake. After a 4 km paddle

(Continued from page 6)

to the trail, and a hike of 6-8 hours, we launch boats to paddle back. Call Margaret Wilding at 613 542 9626 margaretwild@sympatico.ca.

SAT/SUN OCT 30/31 CAMPING IN FRONTENAC

PARK Enjoy the quietude and stillness of late Fall surrounded by the fading radiance of nature's colors. Call Jill 613 536 7108.

SAT NOV 6 PADDLE AND POTLUCK AT NANCY'S COTTAGE, EEL'S LAKE

We will time a 10 - 12 km paddle in the area (Desert Lake/ Kingsford Lake) to arrive at Nancy's cottage late in the afternoon for a potluck. The number of participants is limited. For details on the paddle, please call Dukke at 613 384 6054. Contact Nancy at 613 549 8856 for any other inquiries about the potluck.

When Participating In The Cataraqui Canoe Club Hikes, Wear Appropriate Apparel and Footwear For The Conditions Of The Day. Check With Your Trip Leader For Details.

SAT NOV 13 RIDEAU TRAIL, GHOST TOWN HIKE Come hike the Rideau Trail from

Narrows Lock to the Ghost Town and/or Horseshoe Bay. Enjoy rugged scenery, views of Big Rideau Lake, and the beaver ponds, returning by a side trail. Bring lunch. Call Robert Tolley 613 542 9626, rtolley@theiet.org.



Sheffield Hiker — Art By Debbie Twiddy

SUN NOV 21 HIKE 10—12 KM IN THE OPINICON ROAD AREA

On beautiful trails, or through the bush, we will come across beaver ponds, lakes, mica mines, rock cliffs and beautiful vistas. For details call Dukke at 613 384 6054.

SAT NOV 27 (RAIN DATE SUN NOV 28) GANANOQUE RIVER PADDLE Dress

warmly, this could be the last paddle of the year. Call Jim 613 373 2847.

Trip Leaders use the waiver found at our website:
www.cataraquicanoe.on.ca/waiver.pdf

SAT NOV 28 SHEFFIELD CONSERVATION AREA AND MENZEL PARK HIKE No doubt Carolyn will share her rich experience of the outdoors with everyone, and direct your attention to aspects of the areas, which, otherwise, would pass you by. Call Carolyn to register for the hike, 613 531 4578.

(Continued from page 7)

SUN DEC 5 SCHEDULE PARTY Call Jan for details 613 384 5715 Jsmith94@cogeco.ca, and join Susan for a “pre Party” Hike along the K & P starting at Sydenham Road. Call Susan 613 542 6146.

Sat Dec 11 JONES CREEK AT MALLORY-TOWN Join Linda and explore this new area, only dress warmly, we’re into potentially cold weather at this time of the year! Call Linda 613 546 1359.

SUN DEC 18 BUFFLEHEAD LOOP, FRONTENAC PARK A picturesque hike through varied terrain. Call Mike 613 547 5386.

SUN JAN 2 SKATING AT LITTLE CAT Hike or Snow Shoe as conditions dictate. Call Susan 613 542 6146.

SAT JAN 15 CLEAR LAKE ROAD, CROSS COUNTRY SKI This road leads into the north-east entry to Frontenac Park. It has little traffic and offers pleasant, easy skiing for everyone. Call Ed for details 613 389 4459.

SUN JAN 22 SKI MURPHY’S POINT Call (to be announced).

SAT JAN 29 GATINEAU PARK SKIING A repeat of a very successful trip. Some choose to take the whole weekend and book accommodation. Call Ed 613 389 4459.

A late August paddle through the heart of the 1000 Islands, Rockport to Ivy Lea — Photo from Steve Manders



CATARAQUI TRAIL BIKE & HIKE

Saturday, September 25, 2010

TO CHAFFEYS LOCK COMMUNITY HALL
AND RETURN

Free Lunch & Great Prizes (for participants donating \$25 or more to this fundraiser)

Proceeds used for Trail improvements and maintenance.

Choose from 37, 33, or 12 km CYCLE routes,
or a 5 km HIKE

For information call **613-546-4228 ext. 304**

or download a **2010 Bike & Hike** brochure and pledge form

www.cataraquiregion.on.ca/lands/cattrail

CATARAQUI CANOE CLUB ANNUAL GENERAL MEETING

**Ongwanada Auditorium,
Portsmouth Avenue,
Tuesday, October 12, 2010,
7:00 – 9:00 p.m.**

**Come Meet With Your Fellow
Paddlers
Vote For Your Executive**

See details in this schedule – Tues Oct 12