

# Cataraqi Canoe Club

# News

January 2011

## COMMODORE'S NOTE – BOARD NEWS

By Ed Jezak

We anticipate a new year, and a new season. A bit of new snow just fell, with luck it might stay, and build, and we'll ski locally. As I lead three ski trips in January, we need snow.

Following a suggestion from a club member, the Board has decided to use the money donated to the club in memory of Gaetan Lessard, to purchase three paddles. Each will be inscribed: *Donated to the Cataraqi Canoe Club of Kingston in mem-*

*ory of Gaetan Lessard.* We should have them in the boathouse by the time of our Open House in May.

Let me again emphasize that for current information you should consult our website. For example, a few days ago a member offered to lead a trip on the open January weekend, a trip she has done in previous years. All the pertinent information is now on our website. All changes in the schedule are announced only on the website.

Those of you who attended our AGM in October know we did not have a full slate of candidates for the Board.

We did not succeed in getting anyone to stand for the position of Secretary. At our first Board meeting I could not cajole anyone into that position either. With the Board's permission I approached Gonny Moncur, and she accepted, so we have a full Board.

Current members are listed in the newsletter.

Just a reminder, our fiscal and membership year ends at the end of March. You will make life easier for our Membership Secretary and the Treasurer if you renew your membership before then. Those who store boats in our boathouse

should definitely pay the membership and storage fees before the end of March, so the Boathouse Manager does not have to chase after you.

Try to drop in at the boathouse during our *Open House*, Tuesday to Thursday, May 3 - 6, 6 - 8 p.m.



*An August Paddle from Otter Lake to Kingsford Dam — Photo by Steve Manders,*

### CATARAQUI CANOE CLUB OPEN HOUSE

Join Your Fellow Paddlers, On Orchard Street Near The Woolen Mill

*Tuesday to Thursday, May 3 - 6, 6 - 8 p.m.*

**Cataraqi Canoe Club**

PO Box 1882

Kingston, Ontario K7L 5J7

Boathouse located on Orchard Street near the Woolen Mill

Call 613 544 8375, or view [www.cataraquicanoe.on.ca](http://www.cataraquicanoe.on.ca), for a current listing of up-coming trips and events.  
The Board can be reached at [cataraqui\\_canoe\\_club@hotmail.com](mailto:cataraqui_canoe_club@hotmail.com).

**Executive and Board of Directors 2010 – 2011**

<b>Commodore</b>	Ed Jezak	613-389-4459
<b>Vice Commodore</b>	Mike Fisher	613-547-5386
<b>Past Commodore</b> (non-elected position)	Carolyn Bonta	613-531-4578
<b>Secretary</b>	Gonny Moncur	613-549-5538
<b>Treasurer</b>	Harry Burgstaller	613-549-4832
<b>Board of Directors</b>	Mary Buchanan	613-536-5486
	Jim Lorimer	613-373-2847
	Steve Manders	613-542-1054
	Debbie Twiddy	613-374-1704
	Linda Whitfield	613-546-1359

**Program Appointments**

<b>Newsletter Editor</b>	Sharon Ferguson – 613-384-3044 – <a href="mailto:editorcccnews@gmail.com">editorcccnews@gmail.com</a>
<b>Boathouse Manager</b>	Jim Lorimer – 613-373-2847
<b>Instruction</b>	Mary Buchanan – 613-536-5486
<b>Membership Secretary</b>	Debbie Twiddy – 613-374-1704
<b>Publicity and Special Events</b>	Linda Whitfield – 613-546-1359
<b>Recreational Scheduling</b>	Mike Fisher – 613-547-5386
<b>Volunteer Coordinator</b>	Jim Lorimer – 613-373-2847
<b>Webmaster</b>	Ed Jezak – 613-389-4459

**Newsletter Contributions Welcome!**

Members of the Cataraqi Canoe Club (CCC) are invited to submit write-ups of their favorite CCC outings, outdoor adventure, or just about anything that would be of general interest to our members. If you have one or two pictures to accompany the article even better. Email the articles and pix to the News Editor at [editorcccnews@gmail.com](mailto:editorcccnews@gmail.com).

**Has Your Address Changed?**

Has your mailing or e-mail address changed? We want to stay in touch with you and make sure that you receive the newsletter. Please forward changes in mailing/email/phone number to the membership secretary at 613-374-1704, or to the club address above.



*At the Tir Nan Og, in Kingston, August 7, 2010, from the left, Charles, Lynn, Jean-Louis, Daniel, the photo was taken by a helpful waitress.*

*The Canadian Canoe Museum — Peterborough Ontario  
www.canoemuseum.net*



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Kingston 613-376-6220**

## A "GOOD AMBASSADOR" OF THE CANOE CLUB

*By Daniel Forcier*

**S**aturday, August 7, 2010, the first three of our group of six arrived in Kingston from Quebec, eager for our paddle on the Rideau Canal. We got in touch with our Club recommended contact, Charles Hannan. I want to make special mention of him, who assisted our paddling group from start to finish.

He is a good ambassador of your club in Kingston. He gave us information for a tour of Kingston, a car shuttle plan, and much other helpful information.

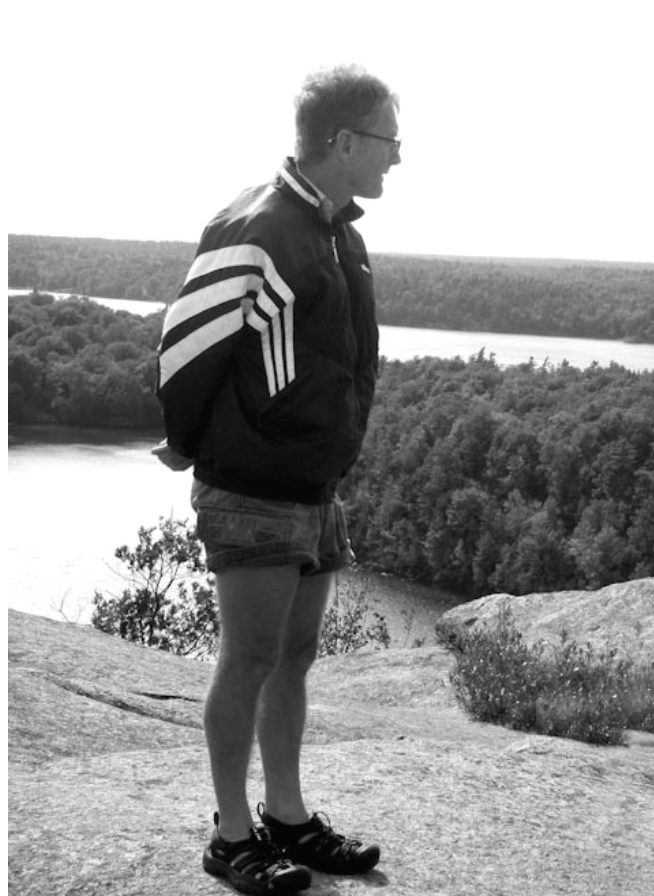
Charles plans were the key to a good trip. It was a privilege to

canoe with him from the boathouse, downtown, back to the boathouse, then again downtown for a beer and palaver. He impressed every one of us. He is now part of our history, here at home in Trois-Rivière and Quebec City.

We stopped the trip in Merrickville after 6 days, due to an illness in our group, so Charles drove to Edmonds Lock, picked up our three shuttle drivers, and drove them back to Rideau Acres to retrieve their cars. It was a wonderful trip. Our plan is to do it again.

*The Group at Edmonds Lock, Lynn took the photo.*





## **SEELEY'S BAY ADVENTURE STORIES**

**Sunday, February 20, 2:00 p.m. - Coppermine!** Join Angulalik Pederson, a young man from Kugluktuk, Nunavut, who realizes his dream to be the first person from his community to arrive in his home town on the Arctic Ocean via canoe. It's a story of adventure, murder, hope and redemption set in one of the most spectacular tundra river valleys in the world. See grizzly bears, Inuit games, caribou, and arctic char that are jumping into the boats!

**Thursday, March 24, 7:00 p.m. - The Voyageur Highway by Bark Canoe.** Join Bill Buxton, principal researcher for Microsoft Inc, as he retraces a very difficult journey taken by his Anglican minister father back in 1939 from Stanley Mission to Cumberland House via the day school in the Cree Community of Pelican Narrows, Saskatchewan. It's a story about what it's like to build and paddle a real birch bark canoe on the routes of the explorers and voyageurs.

Plans are also underway to have 2-3 'historical gossip' sessions as part of the Story Fest in March and April. Details concerning these later events will be announced in the New Year.

For further information:

**Seeley's Bay and Area Residents' Association**

Liz Huff 613-387-3936 [liz.huff@sympatico.ca](mailto:liz.huff@sympatico.ca)

Dale Moore 613- 387-9902 [dale819@kingston.net](mailto:dale819@kingston.net)



*Bedford Mills to Morton Paddle and Hike, Pictures on left and above, taken from the top of Rock Dundar, and on the right at the bottom of Rock Dundar. — Photos Dennis Burr*

## LATE SUMMER PADDLE ON THE RIDEAU

*By Dennis Burr*

**F**ifteen of us gathered, 7 kayaks and 4 canoes, for a paddle on the Rideau Lakes, ready to enjoy the tail end of the season. Warm sunshine, mixed with occasional cloud, and a tail wind at our backs accompanied us for most of the 18 km paddle.

We gathered at Brewers Mills Locks to organize the car shuttle, and were surprised with two door prizes, jars of Susan and Dennis' delicious cranberry jelly.

In Seeley's Bay we lunched leisurely, a persistent wind practically blew us there. A few novice kayakers especially appreciated the wind direction and the tips on stroke improvement.

A short climb up Rock Dundar brought us to the beautiful lookout where we took in the view and enjoyed the invigorating breeze. Some of us tasted the Winter-green along the way, swung on the rope at the bottom of Rock Dundar, and one brave soul, who swam before the climb, was well blown dry.

The final leg of the trip brought us all too quickly to Morton and the end of our day.

Many thanks to the experienced paddlers who patiently assisted those of us still learning. It was a great day on the water.



## TRAILHEAD + KINGSTON +

272 Princess Street Kingston ON K7L 1W5 613 546 4757

**Downtown Location**

**Paddling Cycling Trail Navigating**

### Trailhead Features

**Kayaks, Canoes,  
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*trailheadkingston.ca  
info@trailheadkingston.ca*

***Official Winter/ Spring Schedule for 2011 of the Cataraqui Canoe Club***

Change in activity may be necessary due to weather or water conditions. Check with the trip leader. Changes with enough lead time will be posted on the website version of the schedule: <http://www.cataraquicanoe.on.ca/events.html>.

**IS THIS ACTIVITY RIGHT FOR ME?** Is it within my limits of fitness and skill? Do I have the right clothing, footwear and equipment? What water, food and protectants should be included in my pack? What are the potential risks, and do I accept them? Is there a health problem that could affect my participation? Am I aware of strategies to minimise impact on the environment?

Your leader can help with these and other questions when you call, and at the same time describe the plan for the activity. Also, at the designated meeting place you will be required to read an outline of the activity and the anticipated risks, before signing a waiver. Good preparation and safety awareness on the part of each participant makes a trip less risky and more enjoyable for all.

There is a \$5 fee for non-members on paddling trips and overnight trips. Guests are welcome at no charge on non-paddling day trips.

limited. Contact Beth Orr 613 389 6362.

**Sun Feb 13, OPINICON SKI** Come and explore scenic trails and frozen ponds. Be prepared for a little bushwhacking. Contact Dugald Carmichael 613 542 8628.

**Sat Feb 19, FRONTENAC SWAMP HOP (snowshoe, ski or hike)** Once again Eric Usherwood and Janice Ley will break trail for us on snowy granite ridges and frozen ponds in beautiful Frontenac Park, starting and ending at the park office. Selection of equipment for hopping will depend on conditions. Call Janice Ley 613 542 9958.

**Sun Feb 27, Charleston LAKE CROSS COUNTRY SKI** Charleston Lake Provincial Park offers a picturesque 12 km loop trail with mostly easy slopes. One steep slope will be scouted with the option to portage our skis. Call Beth Orr 613 389 6362.

**Sat Mar 5, BON ECHO CROSS COUNTRY SKI** Jim is hoping for snow in beautiful Bon Echo Park, if not, then a hike. Call Jim Lorimer 613 373 2847.

**Sat, Sun Feb 5-6, ALGONQUIN PARK, SILENT LAKE** We'll leave Kingston, the Saturday morning and ski Silent Lake for the day. At nightfall we'll meet together at a cabin for dinner, enjoy a hot tub and the evening festivities. Next day, Sunday, we ski the Leaf Lake trails in Algonquin Park, with the option of

returning to Kingston, or staying again at the cabin for dinner, hot tub and festivities. We'll leave Monday then and stop at Bon Echo for a ski on the way home. You must call early as space is



*Arctic Bear — Art By Debbie Twiddy*

**Sat, Sun Mar 12-13, ALGONQUIN PARK CROSS COUNTRY SKI** We'll experience magnificent trails for all levels of difficulty, groomed and tracked, with the added bonus of heated cabins along the way. Be sure to call early to reserve your accommodation. Call Steve Manders 613 542 1054.

**Sun Mar 20, GOULD LAKE CROSS COUNTRY SKI OR HIKE** At this time of the year, weather-wise, "We are as playthings to the Gods."

*(Continued from page 6)*

Let's hope for a last ski, otherwise our option will be a hike. Contact Mike Fisher 613 547 7386.

**Sat Mar 26, NAPANEE RIVER PADDLE** Beginning at Yarker, a gentle introduction to beginners whitewater. Be-ware, the water is cold. Ask the leader about suitable clothing and equipment. Call Ed Jezak 613 389 4459.

**Sat Apr 2, SCHEDULE PLANNING MEETING AND POT LUCK DINNER** Our generous host is Steve, and it's pot luck (byob). Call Steve Manders 613 542 1054.

**Sun Apr 3, LOWER SALMON WHITEWATER TRIP** Again, almost as a ritual, we take advantage of this excellent local river. An early spring event for whitewater enthusiasts, we start at Roblin and paddle to Kingsford. Experience and suitable equipment is essential as the water will be cold and levels high a cedar-fringed limestone glen, with two short portages around weirs. Scenic highlights are Buttermilk Falls and Weeping Wall. Learn, or practice whitewater skills such as back-paddling, ferrying, eddying and surfing. Contact Mark Wideman 613 767 6513.

**Trip leaders use the waiver found at our website:**  
[www.cataraquicanoe.on.ca/waiver.pdf](http://www.cataraquicanoe.on.ca/waiver.pdf)

**Sat Apr 16, MASSASSAUGA CREEK PADDLE AND HIKE** 12 km paddle up and down a gently flowing creek. Optional adventures will be one or more short hikes to special places of interest. Call Janice Ley 613 542 9958.

**Sat Apr 23, ROCK DUNDAR HIKE** One of the

little known gems of South Eastern Ontario. The trail is about 6 km in two loops, with beautiful panoramic views. We'll experience mostly moderate tests of our skills, with challenging sections on the shoreward side. Estimated hike time 2-3 hrs. Call Dennis Burr 613 547 5738.



*Moose — Art By Debbie Twiddy*

**Sun May 1 NAPANEE RIVER PADDLE, VERONA TO COLEBROOK** A leisurely paddle with the current down the Napanee River. Call Bob Clooney 613 384 4482.

**Tues Wed Thurs May 3-5, CATARAQUI CANOE CLUB OPEN HOUSE** Meet others,

see demos, sign up for paddling sessions, and plan great paddling trips.

**When Participating In The Cataraqui Canoe Club Hikes, Wear Appropriate Apparel and Footwear For The Conditions Of The Day. Check With Your Trip Leader For Details.**

**Sun May 8, MOTHERS' DAY PADDLE**

Again, a regular treat, Debbie is adept at finding "off the beaten track"; river stretches, providing knowledgeable commentary along the way. Call Debbie Twiddy 613 374 1704.

**Sat May 14, UPPER SALMON WHITEWATER PADDLE** A local jewel; not to be missed

by experienced whitewater paddlers. We emphasize, experience and suitable equipment is essential. Contact Ed Jezak 613 389 4459.

**Sun May 15, CLARE RIVER PADDLE** We paddle a 7 km stretch of the Clare River. The put-in is North of Arden at Gull Creek. Expect 2 or 3 short portages, and perhaps a lift-over. Contact Dugald Carmichael 613 542 8628.

**CATARAQUI CANOE CLUB MEMBERSHIP FORM**

PLEASE FEEL FREE TO USE THIS FORM, PHOTOCOPY, OR SUBMIT A FACSIMILE

Membership Secretary, Cataraqui Canoe Club of Kingston  
P.O. Box 1882, Kingston, Ontario K7K 5J7

Persons are included in a club membership, ending March 31, 2012. Include only active participants.  
Date of birth required for those under 18, and requested for others.

Family Name \_\_\_\_\_ First Name(s) \_\_\_\_\_ Date of Birth \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please tick appropriate boxes:

New Membership [ ] or Membership Renewal [ ]

Single membership \$35 [ ] or Family membership \$60 [ ] Boat Storage Fee Included \$ \_\_\_\_\_

Newsletters and other messages should be sent to:

Name \_\_\_\_\_ Address \_\_\_\_\_

City \_\_\_\_\_ Prov. \_\_\_\_\_ Postal code \_\_\_\_\_

Phone (home) \_\_\_\_\_ Phone (work) (other) \_\_\_\_\_

E-mail address \_\_\_\_\_ I prefer to receive newsletters electronically [ ]

**Volunteer of Services to the Club**

I would like to volunteer and help the club with its activities [ ]

[ ] Leading trips/ instruction

[ ] Boat house duty

[ ] Behind the scenes, general assistance (mailings, etc.)

[ ] Other (i.e., community and club special events, open house, leisure shows...)

**Agreement**

Because of the risks of personal injury while taking part in canoeing and other activities of the club: I/we hereby release the Cataraqui Canoe Club of Kingston from all liability from these activities and undertake to co-operate with the club in carrying out appropriate safety precautions and to abide with the club's boathouse and safety rules.

**This application is for club membership fees to March 31, 2012.**

A check to cover the fee(s) is attached.

**Signature of applicant** \_\_\_\_\_

**Date** \_\_\_\_\_

**Second signature** \_\_\_\_\_

**Date** \_\_\_\_\_

(Signature of parent or guardian required if applicant is under 18)