

Cataraqui Canoe Club News

May 2011

COMMODORE'S NOTE – BOARD NEWS

By Ed Jezak

We have had a scare recently. The jurisdiction of our type of boating (recreational, human-powered vessels) has shifted from the Coast Guard to Transport Canada. New regulations were instituted. One of them required that for any group of boaters (even a family gathering) in which one person was in a leading position, that person's boat was deemed to be a commercial boat, and as such had to be registered with Transport Canada. This change happened last year, but we found out about it only early this year.

I found out about it first when I went on the *Paddle Canada*

website to see what they were doing and stumbled onto their comments, and interpretation, of the new regulations. A couple of days later I received an e-mail from Gary Birrell pointing to the same information. Well, e-mails started flying among the Board members, and the next Board meeting was consumed by the discussion of that topic. It would be hard to find people who would be willing to lead Club trips, if they had to register their boats to do so.

As you would expect, *Paddle Canada*, *Ontario Recreational Canoeing and Kayaking Association*, and no doubt many other groups complained effectively, for on March 17, 2011, the following was released:

CALGARY — The Honourable Chuck Strahl, Minister of Transport, Infrastructure and Communities, today announced important changes to Transport Canada's small vessel registration requirements.



Upper Salmon River, March 2011 — Photo by Gary Birrell, See Page 4
for the Whole Story

Owners of human-powered vessels, such as canoes, kayaks and small sailing vessels, as well as small vessels with motors less than 7.5 kilowatts (10 horsepower) will not have to register their craft with Transport Canada.

"We do not believe Canadian boaters should face onerous regulations to go canoeing and kayaking, which is why registration re-

quirements for all human-powered vessels, small sailing vessels and small motorized vessels will not be required," said Minister Strahl.

So, the regulations are as they were before. We can relax, yet, the safety issues raised and discussed at the Board meeting, reinforced our concern for safety on the water. Drowning is always a threat, and so is hypothermia when air and water temperatures are low. Take care, be prudent, and of course have fun.

See the CCC Open House advertisement on page 5.

Cataraqi Canoe Club

PO Box 1882

Kingston, Ontario K7L 5J7

Boathouse located on Orchard Street near the Woolen Mill

Call 613 544 8375, or view www.cataraquicanoe.on.ca, for a current listing of up-coming trips and events.
The Board can be reached at cataraqui_canoe_club@hotmail.com.

Executive and Board of Directors 2010 – 2011

Commodore	Ed Jezak	613-389-4459
Vice Commodore	Mike Fisher	613-547-5386
Past Commodore (non-elected position)	Carolyn Bonta	613-531-4578
Secretary	Gonny Moncur	613-549-5538
Treasurer	Harry Burgstaller	613-549-4832
Board of Directors	Mary Buchanan	613-536-5486
	Jim Lorimer	613-373-2847
	Steve Manders	613-542-1054
	Debbie Twiddy	613-374-1704
	Linda Whitfield	613-546-1359

Program Appointments

Newsletter Editor	Sharon Ferguson – 613-384-3044 – editorcccnews@gmail.com
Boathouse Manager	Jim Lorimer – 613-373-2847
Instruction	Mary Buchanan – 613-536-5486
Membership Secretary	Debbie Twiddy – 613-374-1704
Publicity and Special Events	Linda Whitfield – 613-546-1359
Recreational Scheduling	Mike Fisher – 613-547-5386
Volunteer Coordinator	Jim Lorimer – 613-373-2847
Webmaster	Ed Jezak – 613-389-4459

Newsletter Contributions Welcome!

Members of the Cataraqi Canoe Club (CCC) are invited to submit write-ups of their favorite CCC outings, outdoor adventure, or just about anything that would be of general interest to our members. If you have one or two pictures to accompany the article even better. Email the articles and pix to the News Editor at editorcccnews@gmail.com.

Has Your Address Changed?

Has your mailing or e-mail address changed? We want to stay in touch with you and make sure that you receive the newsletter. Please forward changes in mailing/email/phone number to the membership secretary at 613-374-1704, or to the club address above.

CATARAQUI CANOE CLUB PADDLING SESSIONS

At the Boathouse — 1 Cataraqui Street

IT IS a good idea to take a canoeing clinic if you are not an experienced paddler, both for your own safety and to avoid the discouragement of being out of control in a strong wind. After one of these clinics, improve your skills by paddling solo or with more experienced paddlers.

Every year, starting in May, the club runs a series of clinics for canoe and kayak skills, most of them from the club boathouse. The usual clinics offered are listed below. The newest schedule will be announced on the website and will be offered at the Open House for those who wish to sign up at that time. See below.

INTRODUCTION TO CANOEING

CANOE SKILLS IMPROVEMENT

INTRODUCTION TO KAYAKING

INTRODUCTION TO SEA KAYAKING

FOR DETAILS – CALL MARY BUCHANAN – 613 536 5486
OR VISIT THE WEBSITE – www.cataraquicanoe.on.ca

OR DROP IN AT THE OPEN HOUSE, TUESDAY TO
THURSDAY, MAY 3, 4, 5, 2011, 6-8 p.m.

CCC EQUIPMENT RENTAL POLICY

Use at the Boathouse: A member may borrow a canoe or kayak together with paddles, lifejackets, and safety equipment — without cost when the boathouse is open if used only in the vicinity of the boathouse, and if returned by the time the boathouse is closed. Posted Safety Rules and the direction of the Boathouse Officer must be followed. Equipment is restricted if needed for lessons or organized functions.

Club Trips: For a club sponsored trip, a member may rent a club owned canoe for \$12.00 per day, or rent a kayak for \$10.00 per day. There is no charge for paddles, life jackets, kayak skirts, installed flotation, or required safety equipment. Members not renting a boat may rent paddles or lifejackets at a cost of \$1.00 each, per day. A member may rent equipment for the use of a non member coming as a guest. *(Equipment may only be borrowed or rented otherwise with express permission from the Board.)*

Record Book, Payment: A member who rents equipment should complete an entry for all items in the record book at the boathouse. Remember to account for each paddle, lifejacket, and safety kit. All rentals will be payable to the Cataraqui Canoe Club.

Care of Equipment: In renting equipment, the member agrees to exercise due care, and to repair or replace damaged or lost equipment.

CATARAQUI CANOE CLUB PADDLING FROM THE BOATHOUSE

Members are invited to paddle from the boathouse throughout the summer at scheduled times without charge. This is a terrific way to wind down after the workday, hone paddling skills, and try out club owned canoes and kayaks. Please sign the waiver, and detail boat identity in the register. You should be familiar with posted Boathouse Paddling Guidelines.

PADDLING SCHEDULE

May—Wednesday Evenings, 6-8 p.m.

June, July and

August—Tuesday & Thursday Evenings, 6-8 p.m., and Saturday Afternoons, 2-5 p.m.

September—Wednesday Evenings, 6 to dusk

A TYPICAL SPRING WHITEWATER PADDLE

By Ed Jezak

The Upper Salmon River runs just above Tamworth, and Saturday, April 4, with a predicted, partly sunny, 8°C high, the river free of ice and full of water it beckoned us four, well-seasoned paddlers to a good day for a river run.

Two friends and I ran that section only three days earlier, and experienced a bit of a hassle with the put-in. Dugald Carmichael had permission from a local cottager on Sheffield Long Lake to use his property from which to launch, yet when we retrieved our car that was parked on a public road maintained by local cottagers, we found a note telling us to stay out. So, for the Saturday run we decided to use Gull Creek to access Sheffield Long Lake. This was not a club trip. We were almost certain that the creek would be free of ice, but we were not so sure about the lake at the point where the creek empties into it, and there was no way to check it out. We remembered previous years when we had to drag our boats, or try to skid them across the ice, and we hoped that we did not have to do it this time. (Dugald balked even at the prospect of traversing on ice. His formal excuse was that he needed to clean his office that day.)

Arriving in Tamworth about 10:15 a.m., in two cars; each carrying two boats, we proceeded to the take-out. Here we transferred two boats, so that all the boats were on one car (a small Civic). Three people changed into their paddling clothes (two dry suits, one wet suit), I had my dry suit already on. We each left a bag

of dry clothes in the car that was left at the take-out, and headed for the put-in.

It was close to 11:00 before we were on the creek; Gary Birrell in solo canoe, Gwenne Morris in a kayak, Dale Myrfield in solo canoe (not a member of CCC, but a former one), and I in a solo canoe. The creek was free of ice and easy going; only one beaver dam

to pull over, and a few bushes to force our way through. (Last fall four of us cleared the creek of major obstructions, in anticipation of using it again for access to the lake.) When we got to the lake, all we could see was ice beyond the little bit of open water at the mouth of the creek.

We had a bit of a discussion. Should we turn back and try the

old put-in, or go on the ice? The ice seemed solid enough, so we decided to chance it. The problem was not with potential danger; falling in while wearing a dry suit and a PFD is not a big deal, but if the ice is not thick enough or too soft to walk on, but too thick to break with the canoe, then the skidding in the boat is hard and tedious work.

We had a bit of difficulty getting on the ice, as we tried to force our boats onto the ice and away from the edge. Dale managed on his own, and with a throw line dragged Gwenne on and she helped Gary and me. We set out in a line, with reasonable distance between. I was in the lead. The unstated drill was that if I fell through, the others would not follow. We had easy going for a bit less than a kilometre, before I reached some soft ice, and my right foot broke through. At this stage I brought my boat along-side and moved slowly



Sheffield Long Lake — Photo Gary Birrell

SPRING WHITEWATER ...*(Continued from page 4)*

forward while holding onto it. The ice seemed okay, yet I broke through, and this time went in, but did not get my face wet. Getting out was a not that easy. The ice kept breaking under me as I tried to drag up onto it. Eventually I would have managed on my own, but Gwenne came to my rescue. You can see her pulling me out in the photo, see page 1. I was none the worse for my swim, only my hands were cold. I was not wearing gloves, two pair lay in my dry bag, except the day was warm and the sun was shining.

We skirted the weak ice, found more of the solid stuff closer to shore and proceeded on. Soon we looked into the distance and saw the open water. Cautiously we got to within ten metres of the ice edge, and got in our boats to skid the rest of the way. It felt good to be paddling.

The river run was uneventful. Since water levels were high, a lot of the places we usually played were either too hard to get to, or washed out. Of the three challenging sections, three of us ran the Stern Banger, but nobody attempted the upper gorge, or the falls. Gary and I swam at different places; the other two stayed dry. We got off the water about 3 p.m.

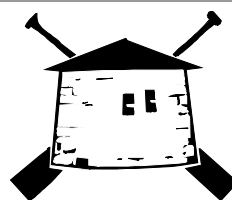
As usual we stopped at the bakery in Tamworth for beer, tea and coffee. The other three were planning to run the Lower Salmon River next day, one with the club scheduled trip and the other two with another group; I had to go to church (to pray for them).

Parrothead, following us, wrote:

Re: Upper Salmon River Report

Sun., Apr 03, 2011, 7:06 pm

*There were 10 of us following the Kingston crowd, 3 canoes and 7 kayaks. The first 800 meters of ice went fine, but in the last 200 meters there were 7 of us, who went through as it began breaking up around us. Several of us took about 30 minutes to crawl to the open water. I would not **recommend** this to a large group of inexperienced or ill equipped paddlers...*



CATARAQUI CANOE CLUB ANNUAL OPEN HOUSE

**Club Boathouse, 1 Cataraqui Street
Tuesday-Thursday, May 3, 4, 5,
6-8 p.m.**

We welcome the public and club members to this annual event, to meet others, to enjoy refreshments, to see demos by local outfitters, to sign up for canoe and kayak sessions, paddling instruction and techniques and to plan great paddling trips.

Call Linda for Information, 613 546 1359



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Official Spring/Summer Schedule for 2011, of the Cataraqui Canoe Club

Change in activity may be necessary due to weather or water conditions. Check with the trip leader. Changes with enough lead time will be posted on the website version of the schedule: <http://www.cataraquicanoe.on.ca/events.html>.

IS THIS ACTIVITY RIGHT FOR ME? Is it within my limits of fitness and skill? Do I have the right clothing, footwear and equipment? What water, food and protectants should be included in my pack? What are the potential risks, and do I accept them? Is there a health problem that could affect my participation? Am I aware of strategies to minimise impact on the environment?

Your leader can help with these and other questions when you call, and at the same time describe the plan for the activity. Also, at the designated meeting place you will be required to read an outline of the activity and the anticipated risks, before signing a waiver. Good preparation and safety awareness on the part of each participant makes a trip less risky and more enjoyable for all.

There is a \$5 fee for non members on paddling trips and overnight trips. Guests are welcome at no charge on non paddling day trips.

SAT, MAY 21 LYNDHURST TO OUTLET PADDLE About a 22 km paddle; on Lyndhurst Lake, Lyndhurst Creek, and Red Horse Lake. Portage into Donaldson Bay of Charleston Lake, and then to the docks at the southern end of the lake. Contact Ed Jezak 613 389 4459.

SAT, MAY 28 KNOWLTON LAKE TO DESERT LAKE PADDLE This will involve, in Dugald's words, "a scramble", so be prepared... Contact Dugald at 613 542 8628.

SAT, SUN, JUNE 4/5 HART LAKE PADDLE This could be a one day or weekend trip, depending on the weather. Participants should be devo-

tees to the "languid and indolent" lifestyle. We hope for warm water for swimming and quiet nights for sleeping. Call Mike Fisher at 613 547 5386.

SAT, JUNE 11 UPPER, UPPER SALMON RIVER PADDLE Ed will lead a trip from Arden to Horseshoe Lake, a scenic leisurely trip; a bit of fast moving water, and one portage over an old railroad bed. Call Ed Jezak at 613 389 4459.

WED, JUNE 15 (FULL) MOONLIGHT PADDLE ON LOUGHBOROUGH LAKE Join Steve for a novel, mid-week paddle under the full moon, no howling please. Call Steve Manders at 613 542 1054.

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UBMIT YOUR ARTICLE TO THE CATARAQUI CANOE CLUB NEWSLETTER, PICTURES ARE WELCOMED IN HIGH RESOLUTION

Email the Editor at the following address;
editorcccnews@gmail.com

SAT, JUNE 18 MORTON TO LYNDHURST Paddle with Bob along this stretch of river through Beverly Lake. Call Bob Tolley at 613 542 9626.



Tea Ready — Art by Debbie Twiddy

(Continued from page 6)

SUN, JUNE 19 FRONTENAC PARK CANOE CLINIC Come to beautiful Frontenac Park, learn new paddling strokes or refresh your existing skills. This clinic, runs from 10 a.m. to 3:30 p.m., covering equipment selection, safety manoeuvres, and trip planning. Cost is \$20 per person plus a park entry fee. Register through Frontenac Park; phone 613 376 3489. Members can rent a club canoe for the usual \$12. For more info, or to arrange a boat rental call Carolyn Bonta, at 613 531 4578.

SAT, JUNE 25 NAVY ISLANDS KAYAK PADDLE New members, Suzanne and John invite us to kayak the Saint Lawrence Seaway Navy Islands from their home on Chisamore

Point. They'll BBQ hamburgers afterwards, \$2 each, and we potluck the rest. Margaret and Robert (613 542 9626) lead the paddle; experienced canoeists also welcome. To join in, call John or Suzanne 613 382 5232.

SAT, SUN, JULY 2/3 PALMER'S RAPIDS WEEKEND An annual event not to be missed. The perfect spot to practice your skills, or to learn new ones. Mix with paddlers of all skill levels... watch, learn and, above all, have fun. Call Ed Jezak at 613 389 4459.

JULY 6 TO JULY 12 BAZIN AND LIEVRE RIVERS A combination of two Quebec white-water rivers. The Bazin River, is located north of Mont Laurier in Quebec and drains into the Upper Gatineau River. It can only be reached by logging roads. After running two days of white-water on the Bazin the group will shuttle to the nearby

Lievre River (which we have run in previous years), for an additional 3 days of white-water paddling. The rivers are most suitable for solo canoes, or tandem canoes with spray skirts. Call Peter Kopp at 613 526 9216.

SAT, JULY 9 ROCKPORT TO IVY LEA PADDLE Jim invites us to paddle up the St. Lawrence River from Rockport to Smugglers Cove and Ivy Lea. After lunch on Ash Island we shall paddle back to Rockport via Fiddler's Elbow and the Lost Channel. Spectacular granite scenery, and magnificent mansions. Call Jim Lorimer at 613 373 2847.



Moose — Art by Debbie Twiddy

SAT, JULY 16 RIDEAU LAKES PADDLE We start from the east, and return in the afternoon to

avoid the westerly headwind, which can be pretty challenging. We start in Clear Lake, off Chaffey's Lock Road, travel through the "elbow" into Newboro Lake and around the north side of Scott Island. We stop for a cooling swim at Bedore's Island. Next we paddle into Mosquito and Benson Lakes, then barbeque lunch at our farmhouse on Benson Lake. Our return is through Indian Lake, across the "isthmus" and back into Clear Lake, the trip is without portages. The Google measuring tool undoubtedly under-estimates distances by water, so the total travel distance is probably about 18 km. Call Janice Ley at 613 542 9958.

SUN, JULY 17 THOUSAND ISLANDS PADDLE A beautiful day on the water. Contact Don Workman at 613 384 4346 for details.

SUN, JULY 24 FRONTENAC CHALLENGE PADDLE A demanding paddle following an in-

(Continued from page 7)

ner circuit of seven lakes in Frontenac Park. Be prepared for six portages, and a very energetic day on the water. Call Bob Clooney at 613 384 4482.

Trip leaders use the waiver found at:
www.cataraquicanoe.on.ca/waiver.pdf

JULY 24 TO 28 DUMOINE RIVER It runs into the Ottawa River west of Deep River. A perennial 4-day favourite for us since 2003; the Dumoine offers 75 km of white-water, canoeing from Lac Benoit to Pine Valley Resort, and use of the Trailhead shuttle service with Wally Schabe. Call Peter Kopp at 613 526 9216.

When participating in the Cataraqui Canoe Club Outings, wear appropriate apparel and footwear for the conditions of the day.

SUN, JULY 31 KINGSTON TRIATHALON The club provides several kayakers as safety patrol for the swimmers. Members with their own boats, who are willing to assist, contact Runner's Choice directly 613 542 2410. Those wishing to use club boats, please contact Ed Jezak at 613 389 4459.

SUN, AUG 7 LYNTHURST TO KILLINGBECK LAKE PADDLE A vigorous 21 km on five scenic lakes, three connected by Lyndhurst Creek. Two portages, 480 and 360 metres, with a car shuttle of 11 km. Call Bob at 613 384 4482.

SAT, AUG 13 LOUGHBOROUGH LAKE FROM BATTERSEA Join Steve for a memorable summer paddle. Call Steve Manders at 613 542 1054.



SAT, AUG 20 EEL LAKE AND CANOE LAKE PADDLE An easy paddle from James Wilson Road; we explore Eel Lake, and Canoe Lake's impressive crags. Canoe Lake is a deep reservoir emptying into Desert Lake. Potluck at Nancy's cottage afterwards. Call early as potluck space is limited. Call Dukke at 613 384 6054.

SUN, AUG 28 SCHEDULING AND POTLUCK Beth kindly offered to host this event. Bring your ideas for late summer paddles and fall hikes. Call Beth Orr 613 389 6362.

SAT, SEP 10 FRONTENAC CHALLENGE SLIDE LAKE LOOP HIKE Be prepared for rugged hiking and rough terrain. A demanding but rewarding day in Frontenac Park, accessed by boat. Contact Margaret Wild at 613 542 9626.

SAT, SEP 17 BREWER'S LAKE TO MORTON PADDLE Join Dennis on this early fall trip. The scenery should be poignant; summer loosening its hold on nature and fall hinting at the vibrant colours to come. Call Dennis Burr at 613 547 5738.

Membership and Boathouse Storage
Fees — due April 1, 2011

SUN, SEPT 18 DESERT LAKE TO KINGSFORD DAM A scenic and rewarding paddle on the borders of Frontenac Park. Call Don Workman at 613 384 4346.

SEP 24, SAT CHARLESTON LAKE PADDLE Always a popular destination, Charleston Lake with its many islands and quiet settings. Call Steve Manders at 613 542 1054.