



# Cataraqui Canoe Club

## News

September 2013

### COMMODORE'S NOTE - BOARD NEWS BY MIKE FISHER

I recall watching a video taken in the cockpit of an "airbus A380" as it flew from Frankfurt to San Francisco; It was an inaugural flight on this route for a VERY large aircraft. Once the aircraft had arrived the Captain's technical comment was "Nothing to report here". The response was "That's good news, welcome to San Francisco". Underneath this exchange swarmed the myriad of things that could have gone wrong..... but didn't!

Yes, there were probably some unforeseen issues, but they were dealt with as they arose. Well, my report, my last as Commodore, is unexceptional: We've seen real improvements to the boathouse as a result of Steve Mander's efforts. We now have a camera surveillance system safeguarding the equipment and there will soon be an electric door, which will come as relief to those who have

struggled in the past.

There are, also, schemes being considered to reduce our fixed costs associated with the boathouse. Other aspects of the "day to day" running of the Club occur smoothly and without friction, though, I am aware of the time spent by members of the Board to make this appear so; particularly, in the case of Ed Jezak who volunteered to undertake the role of Treasurer, in addition to being responsible for the website.

Jo-Anne Beckett, our stalwart newsletter editor has moved away from Kingston but has generously offered to produce this newsletter for us. We are much indebted to her for her contribution to the Club. So, again, my sincere thanks to the Board for making my task, as Commodore, so relaxing and enjoyable, and, in short....."Nothing much to report".



PO Box 1882 Kingston ON K7L 5J7

The CCC Boathouse is located on Orchard Street near the Woolen Mill

For an update on current schedule check our website [www.cataraquicanoe.on.ca](http://www.cataraquicanoe.on.ca)

For other information contact a board member by phone or use the club email:

[info@cataraquicanoe.on.ca](mailto:info@cataraquicanoe.on.ca)

<b>Executive and Board of Directors 2012-2013</b>		
Commodore	Mike Fisher	613 547-5386
Vice Commodore	Jim Lorimer	613 373-2847
Past Commodore (non elected position)	Ed Jezak	613 389-4459
Secretary	Gonny Moncur	613 549-5538
Treasurer	Ed Jezak	613 389-4459
Board of Directors	Mary Buchanan	613 536-5486
	Harry Burgstaller	613 549-4832
	Steve Manders	613 542-1054
	Beth Orr	613 389-6362
	Debbie Twiddy	613 374-1704
	Linda Whitfield	613 546-1359

<b>Program Appointments</b>		
Newsletter Editor	Jo-Anne Beckett	519 588-7904
Boathouse Manager	Steve Manders	613 542-1054
Instruction	Mary Buchanan	613 536-5486
Membership Secretary	Debbie Twiddy	613 374-1704
Publicity & Special Events	Linda Whitfield	613 546-1359
Volunteer Coordinator	Jim Lorimer	613 373-2847
Webmaster	Ed Jezak	613 389-4459

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### ***Newsletter Contributions Welcome!***

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*Members of the Cataraqui Canoe Club are invited to submit write-ups of their favourite CCC outings, outdoor adventure, or just about anything that would be of general interest to our members. If you have one or two pictures to accompany the article, even better. Email the articles and pics to the Newsletter Editor at [jebeckett@gmail.com](mailto:jebeckett@gmail.com)*

## **Barron Canyon Camping Trip August 2-4 by Steve Manders**

About 15 people participated in the Barron Canyon trip in the east end of Algonquin P.P. this year. Beth Orr carefully organized it, but was not able to participate due to illness. Quite a few participants were guests of members and lacked paddling skills, but we managed anyway. We arrived in Pembroke about 10 a.m. then the Archray camp site where Tom Thomson's original 1916 log cabin still stands. We loaded the boat and paddled to Stratton Lake camp site, unloaded the boats and paddled to the water slides and High Falls. It is a fascinating and fun place, quite unique. There is a 4 m. drop on the slide, over a



10 m. distance into a deep pool of water, and other diving rocks. Finally, there was High Falls, about 7 m. high, and very scenic. From there we went back to the camp, only a km. or two away.

On August 3 we set out with 3 people per canoe and as little gear as possible for the long and very rough 5.5 km. of portaging around rapids and water falls. Once we reached the canyon, we had 100 m. high cliffs on each side of the river, and some parts over hung the water. The scene was spectacular. No one was fishing, but large bass were aggressively hungry for any food scraps thrown into the river.

On the final day, we packed camp and faced a number of brief but very strong squalls, otherwise the weather was perfect for paddling. On the way out of the park, we took a short hike to the top of the Barron Canyon, peered over the edge, and took lots of pictures. The portages were very rough but no one tripped, the bugs were not too bad, and the water was pleasant for swimming. Everyone brought far too much food, and no bears were seen.

## **St.Lawrence River from Gananoque to Rockport,** **by Steve Manders**

Steve Manders led a new club trip along the north shore of the St.Lawrence River from Gananoque to Rockport on August 10, one way, which required a car shuttle. This was the third part of a 3 day trip from Kingston to Rockport, done in stages. The various locations used along the river were chosen for washroom availability, and ease of launching the boats. The distance from Gananoque to Rockport was 21 km. but we had the wind and current helping us along which was part of the plan. There were 8 kayaks and 2 canoes along. Refreshments were enjoyed on the patio of one of the restaurants in Rockport at the end of the trip.

We had lunch and a swim just past Landon Bay, then a brief pit stop at the Ivy Lea Provincial Park. We enjoyed viewing the many multi-million dollar houses along the way, and many just as expensive boats. The weather was near perfect for such a trip. An added bonus was the Poker Run with the million dollar boats roaring up the river as we quietly paddled down stream. The tour boats and many private boats were all out in force to watch this event.

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The big open waters make the weather and winds a serious issue to pay attention to. This is always done at the trip leader's discretion. Our first leg from our Boat House to Grass Creek was cancelled due to weather. The trip from Grass Creek to Gananoque went very well. There is a good boat launching ramp and picnic spot by the east Howe Island ferry, on the island. It served our lunch purposes well. We enjoyed watching a family of swans from there. The signets were less than a week old. We all learned a great deal about this magnificent body of water near us that we have over looked for so long.

Part of the objective of this new trip was to familiarize us with the boat launching facilities along the river, so that members could more easily make private trips. There is a large marine chart in the back of our boat house, it will help you plan your own trip there.





## ***Official Schedule for the 2013 Fall Season***

Change in activity may be necessary due to weather or water conditions. Check with the trip coordinator. Changes with enough lead time will be posted on the website version of the schedule: <http://www.cataraquicanoe.on.ca/events.html>

**IS THIS ACTIVITY RIGHT FOR ME?** Is it within my limits of fitness and skill? Do I have the right clothing, footwear and equipment? What water, food and protectants should be included in my pack? What are the potential risks, and do I accept them? Is there a health problem that could affect my participation? Am I aware of strategies to minimize impact on the environment?

Your trip coordinator can help with these and other questions when you call, and describe the plan for the activity. Also, at the designated meeting place you will be required to read an outline of the activity and the anticipated risks, before signing a waiver. Good preparation and safety awareness on the part of each participant make a trip less risky and more enjoyable for all.

### **Saturday October 5 Rock Dunder Fundraisers on Take A Hike Day**

Rock Dunder, the Rideau Waterway Land Trust property on Whitefish Lake is a great 4-season destination for Canoe Club activities. As a Land Trust property, it receives no direct government funding to help with operating costs. Since this property is open to the public, they are reaching out to the community to support and maintain the access road, parking, signage, and trails. In partnership with the Morton Community Hall, they are hosting two events on Take a Hike Day to raise funds and to build community awareness.

The morning event is a Walk-A-Thon where individuals or teams line up sponsors (or sponsor themselves) for a walk to the summit of Rock Dunder and back again. Distance is 5 km; moderate to difficult terrain and you are rewarded with a spectacular view. A hearty 8 a.m. breakfast at the Morton Community Hall sets off the event.

The afternoon events start off at noon with a soup and sandwich lunch at the Morton Hall

(cost \$10 per person), a slide-show of the area's natural heritage by biologist Simon Lunn, followed by a guided Fall walk on the Rock Dunder trails.

More information and registration for both events is online at [www.takeahikeday.ca](http://www.takeahikeday.ca)

Jim McLaughlin is coordinating a Club hike. Contact him at 613 382 8682.

Janice Ley has entered a team in our name, *Cataraqui Canoe Club Rock Dunder Team*. To join the team, or to sponsor a member of the team, go to the site, then choose [Walkathon](#) and [register](#), and follow instructions.



## Sunday October 6:

### Cedar Lake Hike, Frontenac Park

Mary Jean McIntyre is working on completing the Frontenac Challenge and is inviting you to join her for a hike on the Cedar Lake Loop. The distance is 15km and the level of difficulty is moderate. This could be fall at its best!

Call Mary Jean at [613 583 1667](tel:6135831667) or [maryjean.mcintyre@gmail.com](mailto:maryjean.mcintyre@gmail.com)



## Saturday October 12:

### Desert Lake to Mitchell Creek & Kingsford Dam

Steve will lead a paddle exploring beautiful lakes; in particular the east end of Birch Lake with some very interesting rock formations, including

a sea cave with a beaver lodge in it. Fall colours could be spectacular. Rain date on Sunday. Call Steve Manders at 613 542 1054.

## Saturday October 19:

### Sydenham Lake Paddle

Dave and Jennifer have offered to lead a paddle on Sydenham Lake, followed by a pot luck at their home. The Potluck restricted to the first 18 registered. No car shuttles or portages, an easy paddle if no winds. Be a part of down home self made entertainment. Bring your musical instrument, a favorite reading, or poem, or a sample of home spun philosophy, or just a food offering (to be discussed). Help them recreate entertainment from another time and another place....Before TV ...and before radio..... Call Dave or Jennifer at 613 376-6883.

## Thursday October 24: 7-9 pm.

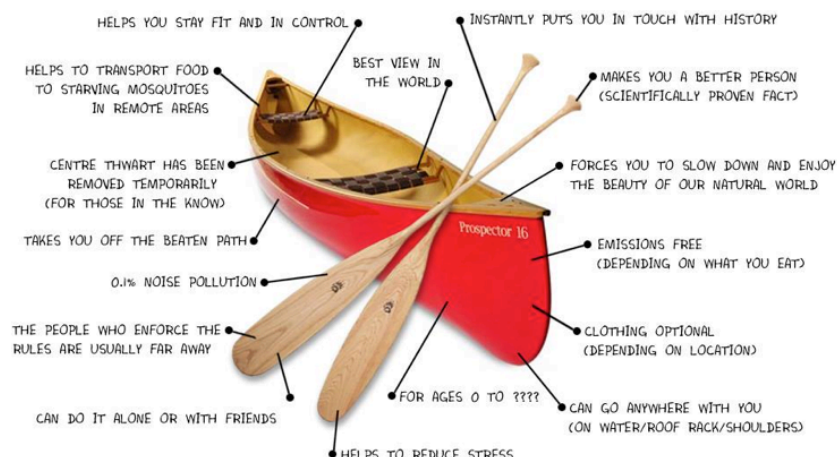
### Annual General Meeting.

### Ongwanada Auditorium, Portsmouth Ave.

Max Finkelstein, canoeist, author and river conservationist will regale us with some of his experiences. It promises to be an entertaining evening. But first we must conduct our business meeting. Come to help us meet quorum, find out what has been happening, and meet old and new friends.

## THE PROFITS OF PADDLING

by BADGER® Paddles... for those who dig the water.



**Saturday October 26:**

**Gould Lake Paddle or Hike.**

Explore Gould Lake with Steve, depending on conditions could be a hike or a paddle.

Call Steve Manders at 613 542 1054.

**Saturday November 2:**

**Canoe Lake to Kingsford Dam Paddle & Potluck**

A 16km paddle west of Frontenac Park followed by a potluck for up to 18 paddlers at Nancy's cottage on Eels Lake. The shuttle is only 5 km. Call Ed Jezak at 613 389 4459.

**November 9 or 10:** Nothing scheduled at time of printing of this Newsletter. Check Club website closer to this date.

**Saturday November 16:**

**Perth Road to Big Clear Lake Road Hike**

This scenic 14-km hike includes a stunning vista from Mink Lake Overlook, the highest crag in Frontenac Park (195.5m). The car shuttle is 7.5 km. Call Ed at 613 389-4459.

**Sunday November 24:**

**Ghost town Hike**

Come and hike a scenic stretch of Rideau Trail north easterly from

Narrows Lock, explore the Ghost Town (Beware the rusty nail!), and return partly by Big Rideau Plateau Trail. About 14 km. Phone Robert at 613 542 9626.

**Saturday November 30:**

A scenic off-trail hike in the granite barrens north or west of Mellon Lake. Phone Dugald at 613 542-8628.

**December 7 or 8:**

Nothing scheduled at time of printing of this Newsletter. Check Club website closer to this date.

**Saturday December 14:**

**Hike Parrot's Bay**

Whet your appetite before the Potluck party with a hike at Parrots bay with Susan Feltham.

Call her at 613 542-6146.

Please no calls after 8 pm.

**Saturday December 14:**

**Schedule Making & Potluck Christmas Party**

Debbie Radloff-Gabriel has agreed to be our host for the annual Christmas Potluck dinner and Scheduling party. Please come and join in the seasonal revelry.

Call Deb at 613 544-1222, or

[radloff\\_gabrield@providencecare.ca](mailto:radloff_gabrield@providencecare.ca).

If you cannot attend but have some ideas for winter activities call Beth Orr at

613 389 6362 or [chickonwater@gmail.com](mailto:chickonwater@gmail.com).

**Saturday December 21 to Thursday**

**December 26:**

**LAURENTIAN CHRISTMAS**

The handsome Auberge du Vieux Foyer in Val David offers "casual upscale" accommodation, cuisine, massage, skiing, skating, snowshoeing,...

Margaret and Robert would welcome your company. For details call 613 542-9626. (tentative dates)



**Sunday January 5, 2014:**

**Cross Country skiing at Murphy's Point**

Snow may be iffy near Kingston, but is likely deeper in Murphy's Point Provincial Park. 20 km of groomed trails and two heated chalets. Call Mary Jean McIntyre at [613 583 1667](tel:6135831667) or [maryjean.mcintyre@gmail.com](mailto:maryjean.mcintyre@gmail.com).

**Saturday January 11:**

**Gatineau Park Nordic ski**

The park has well-groomed trails with all levels of difficulty. You can do the classic stride, or skate. We shall leave Kingston at 8 a.m. and be on the trails about 11. We have lunch in one of the warming huts, and should be finished by 4 p.m. You can linger in Ottawa to shop and dine, or head straight home. Contact Ed Jezak at 613 389-4459.

**Saturday January 18:**

**Massassauga Back country trip**

Depending on weather and snow/ice conditions, Janice and Eric will lead us on a back country trek from their Massassauga property. Rugged terrain and great scenery. Call Janice to check on what to bring -- skis, snowshoes, or boots (with poles and ice grips), at 613 542-9958.

**Saturday January 25:**

Ski, snowshoe or hike, probably near Opinicon. Mostly on ungroomed trails, but may include some bushwhacking if conditions are suitable. Phone Dugald at 613 542-8628.

**There is a Pleasure in the Pathless Woods**

*There is a pleasure in the pathless woods,  
There is a rapture on the lonely shore,  
There is society, where none intrudes,  
By the deep sea and music in its roar:  
I love not man the less but nature more,  
From these our interviews, in which I steal  
From all I may be, or have been before,  
To mingle with the Universe, and feel  
What I can ne'er express, yet cannot all conceal.*

**Byron**

Submitted by Susan Feltham