



CATARAQUI CANOE CLUB

Newsletter

January 2016 (Winter-Spring)

Commodore's Note / Club News

Happy New Year from members of the Board, and let us hope for a little more snow for Winter activities.

The Board now includes Matthew Shepperd who has taken over the duty as Webmaster and relieved Ed Jezak who has recently doubled, actually trebled, as Treasurer, Webmaster and Vice Commodore; hopefully, Ed's hat rack will now be a little less crowded. Matthew..Welcome!

We are sorry to lose Richard St-Onge, Sam Cheng and Linda Whitfield who have provided the Club with valuable and much appreciated service on the Board.

Linda, who had served on the Board for many years and been responsible for adver-

tising and promotion, has moved to Ottawa; she will be missed. Matthew has agreed to undertake Linda's responsibilities this year.

Richard who joined the Board last year began straight away to organize the volunteers. He did so with skill and enthusiasm, culminating in the volunteers barbecue at the end of the season. Thank you Richard.

The Boathouse Manager's responsibilities require a person who is, among other things, reliable. Sam certainly is reliable and effective. He has provided the Club with valuable service and we will miss his entertaining reports at meetings. Many thanks, Sam!

Steve Manders has completed his two years as Commodore and the Club has been



Saturday, Sept. 26, 2015,
at our boathouse:

End-of-season barbecue for 2014-15 volunteers of the Club, suggested and very successfully organized by Richard St-Onge. Prior to this past year, Carolyn Bonta last organized a volunteer appreciation "Fall BBQ" in September 2006.

Photo: Steve Manders

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fortunate indeed; firstly, he totally reorganized the boathouse, which is now a considerable asset, and then he offered his time and enthusiasm to lead the Club as Commodore. As expected, he has led the Club with the same level of serious dedication. Many thanks Steve who now becomes "Past Commodore".

As for myself and the rest of the Board, we look forward to the coming year and will fulfill our duties to the Club as well as we are able.

Mike Fisher, Commodore

Newsletter Contributions Are Welcome

*Members and friends of the
Cataraqi Canoe Club are
invited to submit short articles,
photographs and pictures
suitable for the Newsletter.
Send submissions to the
Newsletter Editor at the
Club's webmail address
<info@cataraquicanoe.on.ca>*

Past Commodore proposes targeting CCC member recruiting to recent retirees looking for recreation, friend- ship and adventure

There has been much discussion in the Cataraqi Canoe Club about expanding membership. All organizations seek to grow, but the high average age among our members gives some concern. I usually comment that the younger generation just cannot keep up with us old geezers. That may be true, but every organization needs fresh blood and ideas to continue to flourish.

The attendance on some of our trips, such as the Loughborough Lake trip, set a record high of 36 paddlers, and the Gould Lake hike in November on very rough ground attracted 30 participants. The boathouse is full, and finances are not a problem. We are doing something right!

I don't see us as attracting the young working population with much success, though they are always welcome. Where we are very successful is with the group of recently retired, wanting recreation, friendship, and adventure.

Paddling is a relaxing low impact physical activity which is perfect for this group. We seldom do the same trip twice in a single season, we have an amazing variety, almost impossible to match anywhere else. Grandchildren are always welcome. We frequently go for refreshments after a paddle or hike, and the potlucks are always fun. That is where we excel.

The best advertising is word of mouth.

Steven Manders, Past Commodore

An enticing offer from Steve

Everyone knows that I love photography, and the best scenery is along shorelines. I find photography while hiking is difficult. You cannot see the forest for all the trees, and you can't enjoy the scenery if you have to watch every footstep. I'd be happy to take the time to get a special photo of anyone, just ask. I hesitate to invade people's privacy if not invited.

I enjoy a bit of Photoshop to make photos even more interesting. I can even take a picture of yours by e-mail, then level horizons, trim, optimize brightness and contrast, add text and insert or delete something of your choice. Just ask.

Steve Manders

Reports on scheduled club events

An Untypical Hike

It was a cool and cloudy November day, with a forecast of 30% probability of showers in the afternoon. As it turned out, not a drop fell on us. The hike was advertised as between twelve and eighteen kilometres in length. At nine o'clock ten of us assembled at Tim Hortons. Three others were expected. We waited ten minutes, then left.

When we arrived at the designated start, three more people were waiting for us; one more caught up to us shortly afterwards. We all knew each other, having paddled and hiked together many times. As somebody commented, "the usual crowd." That is a bit of a sad aspect of a lot of our scheduled events: not many new members participate.

We started at a brisk pace. The first three kilometres or so were over a dirt road, the next kilometre over a road allowance, so the going was easy. Here we had a choice. Do a shorter loop of about nine kilometres, over easy terrain; or a slightly longer one of about eleven kilometres, over a rougher trail.

The second, however, led to a scenic lookout. Everybody preferred heading for the lookout. Two of our group wanted to get back to town early, so they would leave us earlier and return on their own.

It was a typical November day, grey clouds overhead, the occasional bit of sunshine, and the possibility of light rain. The leaves were down, so one could see a fair distance. I scanned the woods every so often, hoping to spot a deer, but no luck. Against that background a deer that is standing still is hard to spot. There might have been deer close to the trail, but smart enough not to move.

We trekked for about an hour over a trail that was demanding in parts; no place for running shoes.

Almost at noon, the trail came close to a lake, and we decided to stop there for lunch.



Near our lunch spot

Photo: Ed Ježak

The view was nice, the weather clear and not too cold, and the company excellent. So far a typical CCC hike. After lunch two people left us, and the rest of us started for the lookout.



Our lunch spot

Photo: Ed Ježak

We arrived after about an hour and a half of fairly serious, but scenic, hiking. It was a bit windy at the top, but the view was great. One could see for kilometres around. We lingered for a quarter of an hour, and then started back. One hiker developed back problems, from "sitting without a backrest," but she managed to carry on.

As usual, we were spread out, but we had agreed to stop to reassemble near the place where we ate lunch. In a few minutes we were all there but one. We knew that he had decided to take a shortcut "bushwhacking" along a ridge. Nothing unusual.



Lookout point above the lunch spot

Photo: Ed Ježak

He liked doing things like that, and he was experienced at it. The distance was shorter, but none of us knew the terrain; we knew that it could be thickly overgrown, hence slow to traverse. We briefly did consider the possibility that he was ahead of us, but thought that unlikely. Three of us stayed back to wait. The rest we sent on.

Rather than all three of us waiting, one of us stayed, one went back along the trail and I headed up to the ridge that he might be traversing, shouting “ahoy” every so often. Both of us returned after about fifteen minutes.

No sign of our friend. What to do now? I had my cell phone with me and the cell numbers of two hikers whom we had sent ahead. I tried to check with either if they ran into our friend, but I got only the answering service for each. None of us expressed any apprehension, but I was beginning to worry.

Two of us decided we had to go back along the trail to the place where we thought our friend had left the trail. If something had happened and he was alone, he would need help. The one left behind was to wait, but if our missing friend showed up, the two were to head back to the car. Nobody waiting for us would be a signal to us that all was well.

The two of us set off at a fast pace, shouting occasionally. In a little more than half an hour we reached our destination. There was no obvious route that he might have taken. With leaves covering the ground, there was no identifiable trail. We scouted around a bit and made a few noises, but to no effect. So we hurried back, hoping for the best.

Nobody was waiting for us. There was even a note attached to the knapsack we had left behind. The note was ambiguous, but we interpreted it to mean that our friend was OK.

I do not know about my companion, but I was tired. My right leg was complaining. Along the way we found arrows shaped by sticks pointing along the trail. This was surely our “lost” friend’s doing. We were moving as fast as I could.

A slight worry was the possibility that we might finish in the dark. It was a little after three, so we had a good chance of finishing in daylight. In any case, once we got close to the road allowance, we thought that we could manage with a clear night and a decent moon. We hoped one of those waiting for us would drive to the end of the dirt road we had hiked and save us the last twenty minutes of walking.

Just before dusk we made it to the road, but no car! That was a big disappointment!

About a hundred metres in, however, we suddenly glimpsed the outline of a car; relief. As I was getting into the car, my legs were cramping up. Luckily, the cramps stopped when I could stretch my legs.

Our “lost” friend was apologetic; promised to buy us a beer. How I wished he had had one right there to offer me!

Have we learned anything? Some readers, no doubt, will see here a lack of safety precautions; a need for rules to be followed by hike coordinators. Yet, nothing so very unusual happened. Two of us got

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a tad more exercise than we wanted, and three were a bit worried. Two obvious rules were not followed completely.

One person alone should not bush-whack. Two actually started on our hike, but one found the going tough and rejoined the main trail. Had there been two of them, I would not have gone searching for them. There wouldn't have been any worry for them getting lost, but a solo walker, hurt, might need help.

If someone leaves a group, then we should have a precise idea about where we should meet. Here, it was not discussed, but the meeting place was obvious. The bushwhacker would meet us at the place where we had lunch, and that is where we waited. It was a bit of bad luck that he got there much sooner than the main group. (It really was a shortcut!). He tried to tell us that he was there, but we misunderstood the sign. He left a large arrow in the trail. We

knew it was his doing, but at lunchtime he mentioned some arrow that he left for the returning hikers, and although it did not make much sense to have it there, I thought he might have done it as a joke.

We do not typically "lose" hikers; hence the untypical nature of this hike. I did not take a poll, but nobody complained, and a few said that (as usual) "it was a great hike". A bit of adventure made it more memorable though.

Ed Ježak

RE M I N D E R

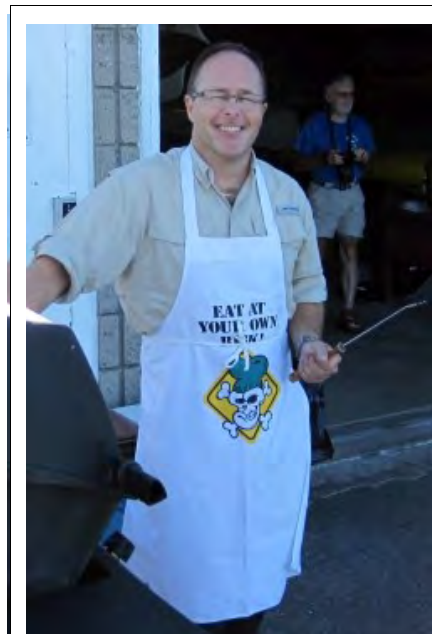
Your **membership** expires at the end of March. Please use the enclosed form for renewal.

Boat storage contracts expire at the same time. Their timely renewal is strongly recommended, as the Boathouse Manager has a waiting list of members interested in storing a boat at the boathouse. Please download the required form from our website.

CANOE FOR SALE

You could be the new owner of this sturdy green 16 ft flatwater fibreglass touring canoe! It is for sale as is, including paddles, for **\$100 o.b.o.** and can be seen in the boat-house in storage location C30 (bottom).

This boat belonged to a recently deceased club member. If interested, please contact the Boathouse Manager (Steve Manders) at 613-542-1054 or manderssteve@yahoo.com



Richard St-Onge at the barbecue serving Club volunteers on Volunteer Appreciation Day this Fall, September 26, 2015

Photo: Steve Manders



15-Nov-15
Gould Lake Fall
Hike, over ex-
ceedingly rough
ground

Dukke may be surprised to find herself in this picture, but Photo-shop, in skilled hands, is pure magic.

A meeting with Sasquatch was in fact not expected either, but Steve aims to entertain and please.

20-Sep-15
Campground #8 on
Big Clear Lake,
Frontenac Park

The gang's all up after a restful night and enjoying a hearty late breakfast and a bit of a chinwag.

You're bound to note how everyone tries to ignore the dead chap hanging from the pine-tree!



WINTER-SPRING SCHEDULE OF EVENTS

Saturday, Feb. 6th **Frontenac Swamp Hop**

Frozen fens! Snowy slopes! Magical marshes! Once again Eric and Janice will show us the way, starting and ending at FPP Trail Centre. Depending on conditions, we may be hopping in hiking-boots or on skis or snowshoes. Call Janice 613 542-9958.

Saturday, Feb. 13th **Triangle Ski Club**

Terrific trails (30 km, more than half of them groomed) and a snug chalet await us just 40 minutes' drive from our rendezvous! But will there be enough snow? Call Ed 613 389-4459.

Saturday, Feb. 20th **Lemoine's Point Ski or Hike**

Come and enjoy an easy 5-km ski or hike on pleasant trails close to home and free of charge. Deer and barred owls may be seen, but they won't perch on our fingertips like the chickadees! Call Susan 613 542-6146 (not later than 8pm).

Sunday, Feb. 28th **Gould Lake Ski or Hike**

This will be a leisurely ski or hike in our beautiful backyard Conservation Area, starting and ending along the Wagon Trail. Call Robert 613 542-9626.

Saturday, March 5th **Little Cat Ski or Hike**

Not at all feline, but always felicitous and fun! Let's hope Little Cat will be snowy, but if not we shall tramp the tracks (hike the trails) like Puss in Boots. Entry fee is \$5.50 per adult to a maximum of \$14 per vehicle. Call Dave 613 376-6883.

Saturday, March 12th **Opinicon Ski, Snowshoe or Hike**

Forty minutes' drive from our rendezvous, the ungroomed trails of Skycroft give us access to scenic terrain free of charge. Call Dugald 613 542-8628. For a map, e-mail dcarmichael1@cogeco.ca.

Saturday-Sunday, March 19th-20th **Combermere Cross-Country Ski Weekend**

Provided there is still enough snow up north, we shall drive to Silent Lake Provincial Park (~2.4 hours) and ski on scenic groomed trails, then drive to Combermere (~1 hour) where we have reserved a cabin with a pool and a hot tub! On Sunday we shall explore new trails at the Opeongo Hills Nordic Ski Club (<http://opeongonordic.com>). Call Beth 613 389-6362 or e-mail chickonwater@gmail.com.

WINTER-SPRING SCHEDULE OF EVENTS cont'd

Saturday, April 2nd

Lower Salmon River Paddle

Twelve kilometres, mostly fastwater and Class-1-2 whitewater in a scenic cedar-fringed glen, usually with several good surfing-waves. Two short portages around weirs. Afternoon highlights will be Buttermilk Falls and the Weeping Wall. Call Ed 613 389-4459.

Saturday, April 9th

Parrott's Bay Hike

Come and enjoy an easy hike on newly resurfaced trails at Parrott's Bay Conservation Area. This should ease our spring fever in good time for the schedule-making party tonight! Call Susan 613 542-6146 (not later than 8pm).

Saturday, April 9th

SCHEDULE-MAKING POTLUCK

Always a fun party, at which we share stories and make plans for summer paddling etc. New members are especially welcome. Karen has kindly consented to be our congenial hostess, provided that some of us bring a folding chair or two. Please call Karen 613 547-2691 in good time.

Saturday, April 16th

Massassauga Paddle and Hike

Come and brave the bulrushes of Massassauga Creek! This scenic 12-km paddle is a CCC celebration of spring. If

the beavers have been busy, there may be one or two leftovers. After lunch, a 2.5-km bushwhacking hike to the outlet of Buck Lake is optional. Call Janice 613 542-9958.

Sunday, April 24th

Verona To Colebrook Paddle

When raised by the spring runoff, Hardwood Creek and Napanee River provide a secluded 18-km paddle with a 19-km shuttle. Mostly flatwater and gentle current, but includes about 300 m of swifts with bouncy waves at Petworth. Option to paddle 13 km to a takeout 1 km north of Petworth. Call Bob 613 384-4482.

Saturday, April 30th

Napanee River Paddle

The 8-km stretch of the Napanee between Yarker and Camden East is an excellent introduction to whitewater for beginners. Near the put-in and the take-out are two Class-1 rapids, each about 500 m long, and beside our lunch-stop is a good surfing-wave. If you are reasonably good at paddling flatwater and feel ready for a taste of whitewater, and if the forecast weather is warm enough, perhaps you could tandem with one of the club's whitewater veterans in one of the club's fully outfitted whitewater canoes. Call Ed 613 389-4459.

WINTER-SPRING SCHEDULE OF EVENTS cont'd

**Tuesday, Wednesday and Thursday,
May 3rd, 4th and 5th from 6 to 8 pm**

CCC OPEN HOUSE

We welcome the public to visit our clubhouse, view our fleet of watercraft, and mingle with our members to find out what we do. This is also an opportunity for members to meet and greet each other, to sign up for various clinics, to enjoy refreshments and demos by local outfitters, and especially to renew their memberships!

We may also auction off surplus Club equipment during the Open House.

Sunday, May 8th

Mother's Day Family Paddle

The Napanee River upstream from Petworth provides a sheltered and relaxing paddle, with spring flowers in bloom and perhaps wild leeks and fiddleheads.

Moms with kids are specially welcome.

Call Deb 613 374-1704.

Saturday, May 14th

Desert Lake Paddle

Come and enjoy a paddle on picturesque Desert Lake! Six km long and up to 68 m deep, it is studded with a dozen crown-land islands. And ~10 km of its privately-owned shoreline is undeveloped and unposted. Call Don 613 374-1101.

Saturday, May 21st

Crooked Creek Paddle

This is a 9-km paddle with a shuttle of 11 km. It includes a 600-m hike to a panoramic overlook 40 metres above the creek, and there may be two or three beaver dams to negotiate. Putting in from Knowlton Lake Road, we shall paddle about 3 km up Knowlton Lake and 2 km down Crooked Creek to where the hike begins. Then a 4-km paddle via Holleford Lake brings us to the takeout beside Desert Lake Road. Afterwards, Maureen has kindly offered to provide good cheer and munchies at her waterfront estate nearby. Call Dugald 613 542-8628.

Saturday, May 28th

Loughborough Lake Paddle

Putting in at Battersea, we paddle northerly among numerous islands in this beautiful lake. Many of the islands are Crown land. To the east, a long stretch of scenic waterfront land belongs to Ontario Heritage Trust. After lunch on an island 8 km from Battersea, some paddlers may continue another 1.7km to the outlet dam before turning back, while others return directly to Battersea. Call Steve 613 542-1054.



29-Aug-15

As in past years, our favourite trip destination, Loughborough Lake, attracted on that summer weekend again a large crowd of CCC paddlers.

Midday rest and lunch on a Crown-owned island in this beautiful lake so close to Kingston.

05-Sep-15

The Kingston "Rainbow Paddlers", more prosaically known as the Cataraqui Canoe Club of Kingston, are livening up the shores of Eagle Lake on a sunny Labour Day weekend.



A HEADS-UP OF UPCOMING PRESENTATIONS by STEVE MANDERS

Finally, we wanted to let you know that Steven Manders will be giving a series of presentations on the early transportation of the Kingston area at Later Life Learning this April. It is based on years of personal research with boots on the ground, paddles in the water, photographs, interviews, stacks of old maps, satellite photos and more. The first one on Friday April 1 is on the K&P Railway focusing primarily on its first few decades, the impact of the iron mines and its final demise. The second presentation on April 8 will be about the Bay of Quinte Railway which was very similar in many ways. The last presentation on April 15 will cover a number of smaller subjects including the Thousand Island Railway, the horse drawn street cars of Kingston, historic native canoe routes and the early logging routes in our area. All of the above is local history and a photo tour of our area as well. For more information, go to www.laterlifelearning.ca.

Club name, address and contact details	
Club's registered name	Cataraqui Canoe Club of Kingston Inc.
Postal address	PO Box 1882, Stn "Main", Kingston ON K7L 5J7
Physical location	The boathouse is located in Emma Martin Park at the Inner Harbour opposite (north of) the Woolen Mill
For updates of the current events schedule	Please see the Club's website: < www.cataraquicanoe.on.ca >
For all other questions	Please phone a board member or write to the Club's email address below: < info@cataraquicanoe.on.ca >

Board of Directors and Executive 2015 - 2016		
Commodore	(E) Michael Fisher	343 364-1402
Vice Commodore	(E) Ed Jezak	613 389-4459
Past Commodore	Steve Manders	613 542-1054
Secretary	(E) Gonny Moncur	613 549-5538
Treasurer	(E) Ed Jezak	613 389-4459
Directors	Mary Buchanan Harry Burgstaller Matt Shepherd Debbie Twiddy	613 536-5486 613 549-4832 613 531-7370 613 374-1704

Program Appointments 2015 – 2016	
Newsletter Editors	Harry Burgstaller Michael Fisher
Boathouse Manager	Steve Manders
By-laws Review	Harry Burgstaller
Instruction	Mary Buchanan
Membership Secretary	Debbie Twiddy
Publicity and Special Events	Matt Shepherd
Volunteer Coordinator	--- position vacant ---
Webmaster	Matt Shepherd

Cataraqui Canoe Club – Membership Application

Please mail this completed form with your cheque to:
Membership Secretary, Cataraqui Canoe Club of Kingston,
Box 1882 Main Stn Kingston ON K7L 5J7

Persons to be included in club membership. Include only active participants.
(Date of birth required for those under 18, optional for others):

Family name	First name(s)	Date of birth
_____	_____	_____
_____	_____	_____
_____	_____	_____

Please tick appropriate boxes:

New membership	<input type="checkbox"/>	Single membership \$35	<input type="checkbox"/>
Renewal of membership	<input type="checkbox"/>	Family membership \$60	<input type="checkbox"/>

Boat Storage included \$ _____
*Storage must be arranged with and approved by the Boat house Manager; a completed boat storage application is required annually.

Name _____ Address _____
City _____ Prov. _____ Postal code _____
Phone (home) _____ Phone (work)/(other) _____
E-mail address(es) _____

I prefer to receive a printed copy of the newsletter sent by regular mail: ☐ (Newsletters can be freely downloaded from the Club's website in pdf-format. We don't normally e-mail newsletters.)

Volunteering of services to the Club:

I would like to volunteer and help the Club with its activities: ☐
☐ arranging trips / instruction
☐ boat house duty
☐ club management (board of directors or program appointments)
☐ behind the scenes, general assistance (mailings, etc.)
☐ other (Community and Club special events, Open House, Leisure Shows).

Limitation of Liability Agreement:

Because taking part in canoeing and other activities of the Club involves risks of personal injury, I/we undertake to co-operate with the Club in carrying out appropriate safety precautions and abide with the Club's safety rules. **I/we hereby release the Cataraqui Canoe Club of Kingston from all liabilities for personal injury or losses to property that I/we may suffer in the course of Club-sanctioned activities.**

This application is for club membership to last until March 31st next year.

A cheque to cover the fee is attached.

Signature of applicant _____ Date _____

Second signature _____ Date _____
(Signature of parent or guardian required if applicant is under 18)